

POLITEKNIK KESEHATAN TANJUNGPUR
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir,

Akbar Surahman

Asuhan Keperawatan dengan Gangguan Aman Nyaman pada Kasus Combustio Terhadap Tn. S di Ruang Bedah RSUD. H.M Mayjend. Ryacudu Kotabumi Lampung Utara, Tanggal 21-24 November 2022.

RINGKASAN

Kenyamanan adalah suatu keadaan telah terpenuhinya kebutuhan dasar manusia yang bersifat individual dan holistik. Dengan terpenuhinya kenyamanan dapat menyebabkan perasaan sejahtera pada diri individu tersebut. Kebutuhan rasa nyaman adalah kebutuhan untuk melindungi diri dari bahaya fisik. Gangguan kebutuhan rasa nyaman merupakan perasaan kurang senang, lega, dan sempurna dalam dimensi fisik, psikospiritual, lingkungan, dan sosial.

Tujuan penulis Memberikan gambaran tentang Asuhan Keperawatan Dengan Gangguan Rasa Nyamanan Pada Kasus Combustio Terhadap Tn. S Di Ruang Bedah RSUD. Ryacudu Kotabumi Lampung Utara.

Pengkajian yang didapatkan terhadap Tn. S terdapat luka bakar di paha bagian kiri mengeluh nyeri dengan luas luka bakar 9%, tekanan darah 140/83 mmHg, nadi 64 x/ menit, pernafasan 20 x/ menit, suhu 36,5°C, aktivitas dibantu oleh keluarganya sehingga diagnosa yang muncul yaitu nyeri akut, gangguan integritas kulit/ jaringan, dan gangguan mobilitas fisik. Target luaran keperawatan yaitu tingkat nyeri menurun, integritas kulit/ jaringan meningkat, dan mobilitas fisik meningkat. Intervensi keperawatannya meliputi manajemen nyeri, perawatan luka, dukungan ambulasi. Evaluasi masalah nyeri teratasi sebagian, gangguan integritas kulit/jaringan belum teratasi, dan gangguan mobilitas fisik teratasi sebagian.

Simpulan dari laporan ini ialah didapatkan secara nyata tentang asuhan keperawatan pada kasus *combustio* terhadap Tn. S dengan gangguan rasa nyaman. Saran penulis kedepannya agar dapat meningkatkan lagi pengetahuan dan teori keperawatan sebelum praktik lapangan, bagi lahan praktik lebih meningkatkan dan mempertahankan teknik steril dalam perawatan luka.

Kata kunci : *combustio*, gangguan kenyamanan

Sumber bacaan : 17 (2013-2022)

TANJUNGPUR HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final report,

Akbar Surahman

Nursing Care With Disturbance Safe Comfort In The Case Of Combustio Against Mr. S in the surgery Ward, HM Ryacudu General Hospital, Kotabumi, North Lampung, 21 st until 24th of November 2022

ABSTRACT

Comfort is a condition where basic human needs that are individual and holistic have been fulfilled. With the fulfillment of comfort can cause a feeling of well-being in the individual. The need for comfort is the need to protect oneself from physical harm. Disorders of the need for comfort are feelings of discomfort, relief, and perfection in the physical, psycho-spiritual, environmental, and social dimensions.

The author's goal is to provide an overview of Nursing Care with Impaired Feelings of Comfort in the Combustio Case Against Mr. S In the Hospital Surgery Room. Ryacudu Kotabumi, North Lampung.

The study obtained on Mr. S has a burn on the left thigh complaining of pain with a burn area of 9%, blood pressure 140/83 mmHg, pulse 64 x/minute, respiration 20 x/minute, temperature 36.5°C, activities assisted by his family so that the diagnosis that appears namely acute pain, impaired skin/tissue integrity, and impaired physical mobility. The output targets of war are decreased pain levels, increased skin/tissue integrity, and increased physical mobility. Interventions include pain management, wound care, ambulation support. Evaluation of the pain problem is partially resolved, impaired skin/tissue integrity has not been resolved, and impaired physical mobility is partially resolved. The conclusion of this report is that there is real nursing care in the combustio case of Mr. S with impaired sense of comfort. The author's suggestion in the future is to be able to increase nursing knowledge and theory before field practice, for practice areas to further improve and maintain sterile techniques in wound care.

*Keywords: combustion, comfort Disturbance
Reading sources : 17 (2013-2022)*