

**POLITEKNIK KESEHATAN TANJUNGPURUN  
JURUSAN KESEHATAN LINGKUNGAN  
Tugas Akhir, 2022**

Okta Septiana

Gambaran Perilaku Hidup Bersih dan Sehat (PHBS) pada siswa madrasah ibtidaiyah masyariqul anwar 7 Labuhan Ratu Kota Bandar Lampung Tahun 2022

xiii + 62 halaman + 11 tabel + 2 gambar + 4 lampiran

**RINGKASAN**

Perilaku Hidup Bersih dan Sehat (PHBS) merupakan sekumpulan perilaku yang dipraktikkan atas dasar kesadaran individu untuk mencegah permasalahan kesehatan. Tujuan penelitian ini untuk mengetahui Gambaran Perilaku Hidup Bersih dan Sehat (PHBS) siswa/siswi MIMA 7 Labuhan Ratu, Kecamatan Labuhan Ratu, Kota Bandar Lampung Tahun 2021.

Jenis penelitian ini adalah deskriptif kuantitatif. Populasi dalam penelitian ini adalah tenaga pendidik sebanyak 10 guru dan siswa kelas 3, 4 dan 5 yang berjumlah 132 orang yang terdaftar di Madrasah Ibtidaiyah Masyariqul Anwar 7 Labuhan Ratu Kota Bandar Lampung Tahun 2022 . Jumlah sampel dalam penelitian ini hanya 57 responden. Teknik pengambilan sampel ini yaitu *proportional random sampling*.

Hasil penelitian ini menunjukkan PHBS siswa, yaitu 32% kurang baik dan 68% baik. Gambaran Pengetahuan siswa, yaitu 21% kurang baik dan 79% baik, serta pengetahuan guru 100% baik. Gambaran Sikap siswa, yaitu 25% kurang baik dan 75% baik., serta sikap guru 100% baik. Gambaran fasilitas sarana sanitasi yaitu, fasilitas cuci tangan pakai sabun (CTPS) memenuhi syarat 35% dan tidak memenuhi syarat 65%. Kantin sekolah memenuhi syarat 27% dan tidak memenuhi syarat 73%. fasilitas kamar mandi/jamban memenuhi syarat sebanyak 48% dan tidak memenuhi syarat 42%. fasilitas tempat sampah memenuhi syarat 45% dan tidak memenuhi syarat 55%. Bebas jentik nyamuk memenuhi syarat sebanyak 47% dan tidak memenuhi syarat 53%.

Kata kunci : perilaku, pengetahuan, sikap, PHBS.

Daftar bacaan : 2008-2021

**TANJUNGPURBA HEALTH POLYTECHNIC  
DEPARTMENT OF ENVIRONMENTAL HEALTH  
Final Project, 2022**

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Description of Clean and Healthy Living Behavior (PHBS) in Madrasah Ibtidaiyah Masyariqul Anwar 7 Labuhan Ratu students, Bandar Lampung City in 2022

xiii + 62 pages + 11 tables + 2 pictures + 4 attachments

**ABSTRACT**

Clean and Healthy Behavior (PHBS) is a set of behaviors that are practiced on the basis of individual awareness to prevent health problems. The purpose of this study was to determine the Description of Clean and Healthy Living Behavior (PHBS) of students at MIMA 7 Labuhan Ratu, Labuhan Ratu District, Bandar Lampung City in 2021.

This type of research is descriptive quantitative. The population in this study were 10 teachers and students in grades 3, 4 and 5, totaling 132 people who were registered at Madrasah Ibtidaiyah Masyariqul Anwar 7 Labuhan Ratu, Bandar Lampung City in 2022. The number of samples in this study was only 57 respondents. This sampling technique is proportional random sampling.

The results of this study indicate that the PHBS of students, which is 32% less good and 68% good. Description of student knowledge, which is 21% less good and 79% good, and teacher knowledge is 100% good. Overview of student attitudes, namely 25% less good and 75% good., and the attitude of the teacher is 100% good. The description of the sanitation facilities is that the hand washing with soap (CTPS) facilities meet the requirements of 35% and do not meet the requirements of 65%. The school canteen meets the requirements of 27% and does not meet the requirements of 73%. bathroom/latrine facilities meet the requirements as much as 48% and 42% do not meet the requirements. trash can facilities meet the 45% requirements and do not meet the 55% requirements. Free of mosquito larvae met the requirements as much as 47% and 53% did not meet the requirements.

Keywords: behavior, knowledge, attitude, PHBS.

Reading List:2008-2021