

POLITEKNIK KESEHATAN TANJUNGPINANG
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS
Laporan Akhir Profesi Ners,

Putri Ayu Sucita

**Asuhan Keperawatan Perioperatif Pada Pasien Diabetes Melitus Dengan
Tindakan Debridemen Di Ruang Instalasi Bedah Sentral Rsud Jend.Ahmad
Yani Metro Tahun 2019**

X + 60 halaman, 2 gambar, 14 tabel dan lampiran

ABSTRAK

Asuhan keperawatan laporan kasus ini dilakukan pada pasien dengan diagnosa medis Diabetes Melitus. Diabetes Melitus adalah penyakit kronis yang disebabkan oleh tingginya kadar gula dalam darah, yang disertai dengan adanya kelainan metabolik. Diperkirakan jumlah kasus baru menyebutkan bahwa dari catatan negara di seluruh dunia, jumlah penderita diabetes di perkirakan naik dari 415 juta orang di tahun 2015 menjadi 642 juta orang pada tahun 2040. Tujuan laporan ini, penulis menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien diabetes melitus dengan tindakan debridemen. Metode asuhan keperawatan menggunakan pendekatan proses keperawatan, sampel pada pasien Ny.A dengan diagnosa medis diabetes melitus.

Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut: pre operasi; ansietas, intra operasi; resiko perdarahan dan post operasi; kerusakan integritas kulit. Rencana keperawatan yang ditetapkan berdasarkan diagnosa keperawatan yang dirumuskan. Implementasi tindakan dikerjakan sesuai intervensi keperawatan yang ditetapkan pada Ny.A secara mandiri maupun kolaborasi dalam tim operasi sehingga tujuan rencana tindakan tercapai. Evaluasi dari setiap diagnosa keperawatan didapatkan sebagai berikut, tahap pre operasi masalah ansietas teratasi sebagian. Tahap intra operasi masalah risiko perdarahan tidak terjadi. Tahap post operasi masalah integritas kulit sebagian teratasi. Saran, Diharapkan dapat melakukan prosedur asuhan keperawatan sesuai dengan standar yang berlaku sesuai dengan tahapan pengkajian, perumusan diagnosa keperawatan, pembuatan intervensi keperawatan, pelaksanaan implementasi dan evaluasi baik saat pre operasi, intra operasi, maupun post operasi.

Kata Kunci:, Debridemen, , Asuhan Keperawatan Perioperatif
Referensi :39 (2003-2019)

POLYTECHNIC OF HEALTH TANJUNGKARANG
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**Perioperative nursing care in patients with diabetes mellitus Debridement in
Central Surgical Installation Room, Rsud Jend.Ahmad Yani Metro in 2019**

X + 60 pages, 2 pictures, 14 tables and attachments

ABSTRACT

Nursing care for this case report is performed on patients with a medical diagnosis of Diabetes Mellitus. Diabetes mellitus is a chronic disease caused by high blood sugar levels, which are accompanied by metabolic abnormalities. It is estimated that the number of new cases says that from records of countries around the world, the number of diabetics is estimated to increase from 415 million in 2015 to 642 million in 2040. The purpose of this report, the authors describe the implementation of perioperative nursing care in patients with diabetes mellitus with debridement. Nursing care method uses a nursing process approach, the sample is in Ny.A patients with a medical diagnosis of diabetes mellitus.

Based on the results of the study several nursing diagnoses were formulated as follows: preoperatively; anxiety, intraoperative; risk of bleeding and post surgery; damage to skin integrity. The nursing plan is determined based on the nursing diagnoses that are formulated. The implementation of the action was carried out according to the nursing intervention determined by Ny.A independently and in collaboration with the operations team so that the objectives of the action plan were achieved. Evaluation of each nursing diagnosis is obtained as follows, the preoperative stage of the anxiety problem is partially resolved. Intraoperative stage the risk of bleeding problems does not occur. The postoperative stage of the problem of skin integrity is partly resolved. Suggestions, It is expected to be able to carry out nursing care procedures in accordance with applicable standards in accordance with the stages of assessment, formulation of nursing diagnoses, making nursing interventions, implementing implementation and evaluation both pre-operative, intra-operative, and postoperative.

Keywords: Debridement, Diabetes Mellitus, Perioperative Nursing Care
Reference: 39 (2003-2019)