

**POLITEKNIK KESEHATAN TANJUNGKARANG
JURUSAN KEPERAWATAN
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**Asuhan Keperawatan Perioperatif Pada Pasien Fraktur Femur Dengan
Tindakan Open Reduction Interna Fixation (ORIF) Di Ruang Operasi RSUD
Jend. Ahmad Yani Metro Tahun 2020
xv + 95 halaman, 13 tabel dan 2 gambar**

ABSTRAK

Kecelakaan lalu lintas merupakan penyebab kematian nomor delapan dan penyebab kematian teratas pada penduduk usia 15 sampai 29 tahun di dunia dan jika tidak ditangani dengan serius maka akan menjadi peningkatan jumlah kematian akibat kecelakaan lalu lintas. Salah satu akibat dari kecelakaan lalu lintas yang paling sering adalah fraktur femur. Setiap tahun terdapat 1,24 juta jiwa yang meninggal disebabkan oleh kecelakaan lalu lintas, sedangkan 20 sampai 50 juta jiwa lainnya mengalami disabilitas.

Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut: pre operasi: ansietas intra operasi: resiko perdarahan dan resiko hipotermi perioperatif, dan post operasi: nyeri akut dan resiko hipotermi perioperatif. Rencana keperawatan yang ditetapkan berdasarkan diagnosa keperawatan yang dirumuskan. Implementasi tindakan dikerjakan sesuai intervensi keperawatan yang ditetapkan pada Tn. R secara mandiri maupun kolaboratif dalam tim operasi sehingga tujuan rencana tindakan tercapai. Evaluasi dari setiap diagnosa keperawatan didapatkan sebagai berikut, tahap pre operasi masalah ansietas dihentikan karena pasien akan dibawa ke ruang operasi. Tahap intra operasi masalah risiko perdarahan dilakukan transfusi darah di ruang rawat dan masalah resiko hipotermi perioperatif akan dilakukan menajemen hipotermi. Tahap post operasi masalah masalah nyeri akut dilanjutkan intervensi di ruang rawat dan masalah hipotermi dilakukan di ruang rawat dengan melakukan manejemen hipotermi. Diharapkan perawat untuk lebih teliti dalam melakukan pengkajian, merumuskan masalah, serta menentukan intervensi pada pasien kasus perioperatif, terutama yang akan dilakukan tindakan pembedahan khususnya Open Reduction Interna Fixation (ORIF).

Kata Kunci :Open Reduction Interna Fixation (ORIF), Fraktur Femur, Asuhan Keperawatan Perioperatif

Referensi : 24 (2002-2019)

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Nursing care of Perioperative In Patients with Fractures of the Femur With the Open Reduction Internal Fixation (ORIF) In the Operating Room of RSUD Jend. Ahmad Yani Metro 2020

xv + 95 pages, 13 tables and 2 pictures

ABSTRACT

Traffic accidents are cause of death number eight and the cause of death of the top in the population aged 15 to 29 years in the world and if not dealt with seriously then it will be an increase in the number of deaths due to traffic accidents. One result of the traffic accident the most frequent is a fracture of the femur. Every year there are 1.24 million souls who died caused by traffic accidents, while 20 to 50 million more suffered disabilities.

Based on the results of the assessment formulated some of the nursing diagnosis as follows: pre-surgery: anxiety intra surgery: the risk of bleeding and the risk of hypothermia perioperative, and post-surgery: acute pain and the risk of hypothermia perioperative. Plan of nursing established based on the nursing diagnoses are formulated. The implementation of the action done according to the nursing interventions that are defined on Tn. R independently or collaborative in a team operation so that the purpose of the action plan is achieved. Evaluation of each nursing diagnosis is obtained as follows, the stage of pre-operation anxiety is stopped because the patient will be taken to the operating room. The stage of intra-operation bleeding risk do a blood transfusion in the wards and the problem of the risk of hypothermia perioperative will be carried out management of hypothermia. The stage of post surgery problems the problem of acute pain continued interventions in the wards and the problem of hypothermia was conducted in the department by performing the management of hypothermia. Expected nurses to be more thorough in conducting the assessment, formulate the problem, and determine intervention on the patients cases of perioperative, especially those that will be carried out surgery, especially Open Reduction Internal Fixation (ORIF).

Key words :Open Reduction Internal Fixation (ORIF), Femoral Fracture, Nursing care of Perioperative

Reference : 24 (2002-2019)