

**POLTEKKES TANJUNGPUR**  
**JURUSAN KEPERAWATAN TANJUNGPUR**  
**PRODI DIII KEPERAWATAN**

Laporan Tugas Akhir, Mei 2022  
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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN OKSIGENASI  
PADA PASIEN EFUSI PLEURA DI RS BHAYANGKARA  
POLDA LAMPUNG  
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XV + 76 Halaman + 10 Tabel + 3 Gambar + 5 Lampiran

**ABSTRAK**

Oksigen memegang peranan penting dalam semua proses tubuh secara fungsional. Tidak adanya oksigen akan menyebabkan kematian, salah satu penyakit gangguan oksigenasi adalah efusi pleura. Efusi pleura merupakan penumpukan cairan di antara jaringan yang melapisi paru-paru dan dada, biasanya disebabkan oleh adanya penyakit infeksi dan non infeksi. Asuhan keperawatan ini bertujuan untuk mengatasi masalah keperawatan pada pasien efusi pleura di RS Bhayangkara Polda Lampung. Metode yang digunakan yaitu asuhan keperawatan dengan teknik wawancara, observasi, dan pemeriksaan fisik. Pengkajian didapatkan keluhan utama pasien sesak napas, tekanan darah: 192/110 mmHg, pernafasan: 26x/menit, nadi: 99x/menit, suhu: 36,3°C dan SpO<sub>2</sub>: 97%, ditemukan masalah keperawatan pola napas tidak efektif, intoleransi aktivitas dan risiko defisit nutrisi. Rencana keperawatan yang diberikan yaitu manajemen jalan napas, manajemen energi dan manajemen nutrisi. Implementasi dilakukan sesuai rencana tindakan yang disusun. Hasil asuhan keperawatan yang dilakukan penulis selama 3 hari adalah sesak napas dan batuk berkurang, pasien tidak mudah lelah setelah beraktivitas, tekanan darah: 140/80 mmHg, pernafasan: 23x/menit, suhu: 36,7°C, SpO<sub>2</sub>: 98%, nafsu makan membaik, berat badan bertambah, membran mukosa bibir pasien lembab. Diharapkan SDKI, SLKI dan SIKI dapat dijadikan acuan dalam memberikan asuhan keperawatan pada pasien.

Kata Kunci : Asuhan Keperawatan, Efusi Pleura  
Daftar Referensi : 30 (2012-2021)

**POLTEKKES TANJUNGPURING  
TANJUNGPURING NURSING DEPARTEMEN  
DIII NURSING STUDI PROGRAM, TANJUNGPURING**

Final Project Report, May 2022  
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**NURSING CARE OF OXYGENATION NEED DISORDERS IN  
PLEURAL EFFUSION PATIENTS AT BAHAYANGKARA  
POLDA LAMPUNG HOSPITAL  
YEAR 2022**

XV + 76 Pages + 10 Tables + 3 Picture + 5 Attachments

**ABSTRACT**

Oxygen plays an important role in all functional body processes. The absence of oxygen will cause death, one of the diseases that interfere with oxygenation is pleural effusion. Pleural effusion is a buildup of fluid between the tissues that line the lungs and chest, usually caused by infectious and non-infectious diseases. This nursing care aims to overcome nursing problems in pleural effusion patients at Bhayangkara Polda Hospital Lampung. The method used is nursing care with interview, observation, and physical examination techniques. The study found that the patient's main complaint was shortness of breath, blood pressure: 192/110 mmHg, breathing: 26x/minute, pulse: 99x/minute, temperature: 36.3°C and SpO<sub>2</sub>: 97%, nursing problems found ineffective breathing patterns, intolerance activity and risk of nutritional deficits. The nursing plans provided are airway management, energy management and nutrition management. Implementation is carried out according to the prepared action plan. The results of nursing care carried out by the author for 3 days were reduced shortness of breath and cough, the patient was not easily tired after activities, blood pressure: 140/80 mmHg, breathing: 23x/minute, temperature: 36.7°C, SpO<sub>2</sub>: 98%, appetite improves, weight gain, the mucous membranes of the patient's lips are moist. It is hoped that the SDKI, SLKI and SIKI can be used as a reference in providing nursing care for patients.

Keywords : Nursing Care, Pleural Effusion  
List of References: 30 (2012-2021)