

**POLTEKKES TANJUNGPUR  
JURUSAN KEPERAWATAN TANJUNGPUR  
PRODI DIII KEPERAWATAN TANJUNGPUR**

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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN SIRKULASI  
PADA PASIEN DENGAN ANEMIA DI RSUD JENDERAL AHMAD YANI  
KOTA METRO LAMPUNG TAHUN 2022**

xiv + 56 halaman + 7 tabel + 4 lampiran

**ABSTRAK**

Anemia kondisi penyakit darah yang sering ditemukan dibandingkan penyakit darah lainnya, anemia dapat diklasifikasi berdasarkan bentuk atau morfologi sel darah merah, penyebab anemia yang paling sering adalah perdarahan yang berlebihan, rusaknya sel darah merah secara berlebihan. Seorang pasien dikatakan anemia bila konsentrasi hemoglobin kurang dari 13,5 g/dl pada laki-laki, sedangkan pada perempuan konsentrasi hemoglobin kurang dari 11,5 g/dl, berdasarkan data ruang penyakit dalam B RSUD Jenderal Ahmad Yani Kota Metro Lampung prevalensi untuk kasus anemia sebanyak 26 pasien pada bulan November tahun 2021 sampai Januari 2022. Tujuan penulis, melaksanakan asuhan keperawatan gangguan kebutuhan sirkulasi dengan kasus anemia terhadap Ny. M di RSUD Jenderal Ahmad Yani Kota Metro Lampung. Metode yang penulis gunakan dalam asuhan keperawatan ini yaitu menggunakan pendekatan asuhan keperawatan wawancara, observasi, pemeriksaan fisik, pengkajian, diagnosa, rencana keperawatan, implementasi dan evaluasi. Asuhan keperawatan di lakukan pada tanggal 07-09 Februari 2022. Hasil asuhan keperawatan pasien anemia dengan gangguan kebutuhan sirkulasi di dapatkan data pasien mengatakan lemas berkuang, hemoglobin meningkat 10 g/dl. Kesimpulan berdasarkan hasil pengumpulan data yang telah di lakukan pada asuhan di dapatkan pengkajian, diagnosa keperawatan, rencana tindakan, implementas dan evaluasi. Disarankan agar edukasi kesehatan mengenai pola hidup sehat seperti mengonsumsi makanan bergizi, olahraga secara rutin dan istirahat yang cukup bisa di lakukan khususnya pada pasien anemia dengan masalah kebutuhan sirkulasi.

Kata kunci : Anemia, gangguan sirkulasi  
Daftar pustaka : 17 (2014-2020)

POLTEKKES TANJUNGGARANG  
DEPARTMENT OF NURSING TANJUNGGARANG  
TANJUNGGARANG DIII NURSING PROGRAM

Final report,  
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NURSING CARE DISORDERS OF CIRCULATION NEEDS IN PATIENTS  
WITH ANEMIA IN GENERAL HOSPITAL AHMAD YANI METRO CITY  
LAMPUNG 2022

xiv + 56 pages + 7 tables + 4 appendices

ABSTRACT

Anemia is a blood disease condition that is often found compared to other blood diseases, anemia can be classified based on the shape or morphology of red blood cells, the most common cause of anemia is excessive bleeding, excessive destruction of red blood cells. A patient is said to be anemic if the hemoglobin concentration is less than 13.5 g/dl in men, while in women the hemoglobin concentration is less than 11.5 g/dl, based on data from the internal medicine room B RSUD Jenderal Ahmad Yani, Metro Lampung City, the prevalence for cases anemia as many as 26 patients in November 2021 to January 2022. The author's aim is to carry out nursing care for impaired circulation needs with anemia cases for Ny. M in General Ahmad Yani Hospital, Metro Lampung City. The method that the author uses in nursing care is to use a nursing care approach of interview, observation, physical examination, assessment, diagnosis, nursing plan, implementation and evaluation. Nursing care was carried out on February 7-9, 2022. The results of nursing care for anemic patients with impaired circulation needs were obtained from patient data saying that they were weak, hemoglobin increased by 10 g/dl. Conclusions based on the results of data collection that has been carried out on care get an assessment, nursing diagnosis, action plan, implementation and evaluation. It is recommended that health education regarding a healthy lifestyle such as consuming nutritious food, exercising regularly and getting adequate rest can be done, especially in anemic patients with problems with circulation needs.

Keywords: Anemia, circulatory disorders  
Bibliography : 17 (2014-2020)