

**POLITEKNIK KESEHATAN TANJUN KARANG  
JURUSAN KEPERAWATAN TANJUN KARANG  
PRODI DIII KEPERAWATAN TANJUN KARANG**

Laporan Tugas Akhir, Mei 2022

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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN  
RASA NYAMAN (NYERI) PADA PASIEN POST OPERASI  
TUMOR COLLI SUBCLAVICULA SINISTRA  
DI RUMAH SAKIT BHAYANGKARA  
POLDA LAMPUNG  
TAHUN 2022**

xv + 67 halaman + 10 tabel + 3 gambar + 4 lampiran

**ABSTRAK**

Tumor colli adalah pembesaran atau pembengkakan atau biasa disebut pertumbuhan abnormal diantara dasar tengkorak hingga klavikula. National Cancer Institute di Amerika Serikat, melaporkan bahwa pada tahun 1991 terdapat 6 juta penderita tumor. Tercatat 78.000 orang menderita tumor leher dan kepala, tercatat 10% penderita meninggal dunia dalam tahun pertama, diantaranya 3-4% adalah penderita dengan keganasan pada leher dan kepala. Berdasarkan data Riskesdas tahun 2018, prevalensi tumor/kanker di Indonesia adalah 1,79 per 1000 penduduk dan prevelensi tumor/kanker di Provinsi Lampung adalah 1,40 per 32.642 penduduk. Berdasarkan hasil pengamatan penulis saat melakukan praktik keperawatan di RS Bhayangkara Polda Lampung pada tahun 2022 terdapat 3 pasien rawat inap dengan pasien post operasi tumor. Tujuan penulisan ini menggambarkan asuhan keperawatan pada pasien post operasi tumor colli subclavícula sinistra dengan gangguan kebutuhan rasa nyaman (nyeri). Teknik pengumpulan data yang digunakan, pengkajian, pemeriksaan fisik, analisa data, intervensi, implementasi, dan evaluasi yang dilaksanakan pada tanggal 14-16 Februari 2022 di RS Bhayangkara Polda Lampung. Diagnosis keperawatan pada pasien post operasi tumor subclavícula sinistra yaitu: nyeri akut b.d agen pencedera fisik, gangguan pola tidur b.d kurang kontrol tidur, dan resiko infeksi b.d resiko tindakan invasif. Hasil dari asuhan keperawatan pada pasien post operasi tumor colli subclavícula sinistra dengan gangguan pemenuhan kebutuhan rasa nyaman (nyeri) selama 3 hari didapatkan data bahwa nyeri pasien dari hari ke hari berkurang, terbukti dengan adanya keluhan nyeri yang berkurang, frekuensi nadi membaik, pola tidur membaik, keluhan sulit tidur menurun.

Kata Kunci : Asuhan Keperawatan, Nyeri, Tumor Colli, Klavikula  
Daftar Bacaan : 15 (2013-2022)

**TANJUNGPURANG HEALTH POLYTECHNIC  
DEPARTMENT OF NURSING TANJUNGPURANG  
STUDY PROGRAM DIII NURSING TANJUNGPURANG**

Final Project Report, Mei 2022

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**NURSING CARE OF DISORDERS OF THE NEED  
FOR COMFORT (PAIN) IN POSTOPERATIVE PATIENTS WITH LEFT  
SUBCLAVICULAR TUMOR IN RS. LAMPUNG REGIONAL POLICE  
BHAYANGKARA 2022**

xv + 67 pages + 10 tables + 3 pictures + 3 attachments

**ABSTRACT**

Colli tumors are enlargements or swellings or so-called abnormal growths between the base of the skull and the clavicle. The National Cancer Institute in the United States reported that in 1991 there were 6 million tumors. It was recorded that 78,000 people suffered from neck and head tumors, 10% of patients died in the first year, of which 3-4% were patients with neck and head malignancies. Based on Riskesdas data in 2018, the prevalence of tumor/cancer in Indonesia is 1.79 per 1000 population and the prevalence of tumor/cancer in Lampung province is 1.40 per 32,642 population. From the results of the author's observations when carrying out nursing practice in the 1st class room of the Bhayangkara Polda Lampung Hospital in 2022, there were 3 inpatients with post-tumor surgery patients. The purpose of this paper is to describe nursing care in postoperative patients with a left subclavicular colli tumor with impaired comfort (pain) needs. The data collection techniques used, assessment, physical examination, data analysis, intervention, implementation, and evaluation were carried out on February 14-16 2022 in Hospital Bhayangkara Polda Lampung. Nursing diagnoses in post operative patients with left subclavicular tumor, namely: acute pain associated with physical injuring agents, disturbed sleep patterns related to lack of sleep control, risk of infection associated with the risk of invasive procedures. The results of nursing care for postoperative patients with Colli subclavicular sinistra tumor with disturbances in meeting the need for comfort (pain) for 3 days showed that the patient's pain decreased from day to day, as evidenced by the complaints of reduced pain, improved pulse frequency, improved sleep patterns, complaints of difficulty sleeping decreased.

Keywords: Nursing Care, Pain, Colli Tumor, Clavicle

Reading List : 15 (2013-2022)