

POLTEKKES TANJUNG KARANG
JURUSAN KEPERAWATAN TANJUNGGARANG
PRODI DIII KEPERAWATAN TANJUNGGARANG

Laporan Tugas Akhir, 12 Mei 2022

Mita novita

**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN SIRKULASI
PADA PASIEN ANEMIA DI RUMAH SAKIT BHAYANGKARA POLDA
LAMPUNG
TAHUN 2022**

xiv +73 halaman+10 tabel+5 gambar+3 lampiran

ABSTRAK

Sirkulasi merupakan sistem peredaran darah yang mengangkut darah keseluruhan tubuh. salah satu penyakit yang menimbulkan sirkulasi adalah anemia. Prevelensi anemia pada laki -laki lebih rendah dibandingkan perempuan 27.2 %. Berdasarkan data rekam medik kelas 1 dalam Rumah Sakit Bhayangkara Polda Lampung pada tahun 2022 prevelensi kasus anemia di bulan Januari yaitu 20 kasus sedangkan pada bulan Februari prevenlesi anemia mencapai 25 kasus. Tujuan penulisan memberikan gambaran asuhan keperawatan dengan gangguan kebutuhan sirkulasi pada pasien anemia. Metode yang digunakan pengkajian, diagnosa keperawatan, rencana keperawatan dan tindakan keperawatan yang dilakukan pada tanggal 09 Februari sampai 11 Februari 2022. Hasil asuhan keperawatan pasien mengeluh lemas, pusing, mata berkunang-kunang, aktivitas dibantu keluarga, pasien mengatakan sulit bab dan mengatakan nafsu makan menurun. Diagnosa keperawatan meliputi perfusi perifer tidak efektif, intoleransi aktivitas, konstipasi risiko defisit nutrisi. Rencana keperawatan meliputi perawatan sirkulasi, manajemen energi, manajemen eliminasi fekal dan manajemen nutrisi. Tindakan keperawatan yang dilakukan memberikan transfusi darah, mengidentifikasi tubuh yang mengakibatkan kelelahan, memonitor tanda dan gejala konstipasi, memberikan makanan nutrisi. Berdasarkan hasil evaluasi kondisi pasien yang dirasakan semakin berkurang. Kesimpulan selama tiga hari asuhan keperawatan dengan masalah perfusi perifer tidak efektif tidak teratasi dengan Hb 6,9 g/dl, intoleransi aktivitas teratasi, konstipasi teratasi, risiko defisit nutrisi teratasi. Saran melakukan tindakan transfusi darah dengan pencatatan sesuai standar operasional prosedur.

Kata kunci : Asuhan keperawatan , Anemia Kebutuhan Sirkulasi
Daftar Referensi : 18 (2012-2021)

**POLTEKKES TANJUNG KARANG
TANJUNGKARANG NURSING DEPARTMENT
TANJUNGKARANG NURSING DIII STUDY PROGRAM**

Final Project Report, 12 May 2022

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**NURSING CARE DISORDES OF CIRCULATION NEEDS IN PATIENTS
WITH ANEMIA IN HOSPITAL BHAYANGKARA
POLDA LAMPUNG
IN 2022**

xiv + 73 page+ 10 table+5 image+3 Attachment

ABSTRACT

circulation is the circulatory system that transports blood throughout the body. one of the diseases that cause circulation is anemia. Prevalence of anemia in men is lower than that of women 27.2%. Based on class 1 medical record data in Bhayangkara Hospital, Lampung Regional Police in 2022 the prevalence of anemia cases in January was 20 cases while in February the prevalence of anemia reached 25 cases. The purpose of the writing provides an overview of nursing care with impaired circulatory needs in anemic patients. The method used is assessment, nursing diagnosis, nursing plan and nursing action which is carried out from February 09 to February 11, 2022. The results of the patient's nursing care complained of weakness, dizziness, firefly eyes, family-assisted activities, the patient said it was difficult to chapter and said his appetite decreased. Nursing diagnoses include ineffective peripheral perfusion, intolerance of activity, constipation of the risk of nutritional deficits. The nursing plan includes circulation care, energy management, fecal elimination management and nutrition management. The nursing measures performed provide blood transfusions, identify the body resulting in fatigue, monitor the signs and symptoms of constipation, provide nutritional foods. Based on the results of the evaluation of the patient's condition, it is felt that it is getting less and less. Conclusions during three days of nursing care with ineffective peripheral perfusion problems were not resolved with Hb 6.9 g/dl, activity intolerance was resolved, constipation was resolved, risk of nutritional deficits was resolved. Advice on carrying out blood transfusions by recording according to standard operating procedures.

Keywords : Nursing care , Anemia Need Sirkulasi

Reference List : 18 (2012-2021)