

**POLITEKNIK KESEHATAN TANJUNGKARANG
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS**

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**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN ABSES
FEMUR DENGAN TINDAKAN DEBRIDEMENT RUMAH SAKIT MARDI
WALUYO KOTA METRO TAHUN 2022**

xv + 71 halaman, 21 tabel, 2 gambar, dan 3 lampiran

ABSTRAK

Hampir 10 % di dunia mengalami abses terutama di negara berkembang, di Indonesia 14 % penduduk Indonesia mengalami abses, sedangkan dilampung penderita abses berkisar antara 5-15% pasien pertahan. Data di ruang operasi rumah sakit Mardi Waluyo pada Januari- April 2022 terdapat 14 kasus dengan abses. Tujuan laporan ini untuk menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien abses femur dengan tindakan debridemen. Metode yang digunakan pada laporan tugas akhir ini dengan menggunakan wawancara, observasi, pemeriksaan fisik. Waktu pelaksanaan asuhan keperawatan tanggal 06 April – 08 April 2022, lokasi dilakukan asuhan keperawatan di ruang rawat bedah dan ruang operasi Rumah sakit Mardi Waluyo Kota Metro Didapatkan hasil asuhan keperawatan yang ditemukan adalah pasien mengatakan nyeri pada paha kiri dan sulit digerakan, masalah pada pre operatif adalah nyeri akut dan gangguan mobilitas fisik. Pada fase intra operatif didapatkan masalah risiko cedera. Pada fase post operatif didapatkan masalah risiko hipotermi perioperatif dan gangguan mobilitas fisik. Setelah diberikan tindakan keperawatan dan dievaluasi pada tahap pre operatif masalah Nyeri Akut Teratas. Tahap intra operasi risiko cedera tidak terjadi. Tahap post operasi masalah risiko hipotermi perioperatif tidak terjadi dan gangguan mobilitas fisik teratas. Diharapkan perawat untuk lebih teliti dan memahami dalam melakukan asuhan keperawatan perioperative pada pasien kasus abses femur terutama yang akan dilakukan tindakan Debridement.

Kata Kunci: abses femur, debridemen, perioperatif

Referensi: 28 (2016-2021)

**HEALTH POLYTECHNIC OF TANJUNGKARANG
NURSING MAJOR
ADVANCED NERS PROFESSIONAL**

NERS PROFESSIONAL FINAL REPORT, June 2022

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**PERIOPERATIVE NURSING CARE FOR ABSESE FEMUR PATIENTS
WITH DEBRIDEMENT ACTION MARDI WALUYO HOSPITAL,
METRO CITY, 2022**

xv + 71 pages, 21 tables, 2 pictures and 3 attachments

ABSTRACT

Almost 10% in the world have abscesses, especially in developing countries, in Indonesia 14% of the Indonesian population has abscesses, while in Lampung, patients with abscesses range from 5-15% of patients with persistent. Data in the operating room of the Mardi Waluyo hospital in January-April 2022 there were 14 cases with abscesses. The purpose of this report is to describe the implementation of perioperative nursing care in femoral abscess patients with debridement. The method used in this final report uses interviews, observations, physical examinations. When the nursing care was carried out on April 06 - April 08 2022, the location of nursing care was carried out in the operating room and operating room at Mardi Waluyo Hospital, Metro City. It was found that the patient said pain in the left thigh and difficult to move, the preoperative problem was acute pain and impaired physical mobility. In the intraoperative phase, there were problems with the risk of injury. In the postoperative phase, perioperative hypothermia risk problems and impaired physical mobility were found. After being given nursing actions and evaluated at the preoperative stage, the problem of acute pain is resolved. In the intra-operative stage, the risk of injury did not occur. The post-operative stage, the risk of perioperative hypothermia did not occur and impaired physical mobility was resolved. Nurses are expected to be more thorough and understand in carrying out perioperative nursing care in patients with femoral abscesses, especially those who will be debridement.

Keywords : femoral abscess, debridement, perioperatif

Reference : 28 (2016-2021)