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Asuhan Keperawatan Post operatif Pada Pasien Kanker Payudara Dextra Dengan Tindakan Mastektomi Di RSUD Jend.Ahmad Yani Metro

xi + 50 halaman, 5 tabel, 1 lampiran

ABSTRAK

Masalah yang muncul pada kondisi perioperative mulai dari persiapan operasi sampai dengan selesai Tindakan merupakan bagian penting dalam asuhan keperawatan. Setelah operasi mastektomi banyak masalah yang harus diperhatikan melalui asuhan keperawatan. Tujuan laporan tugas akhir ini, adalah menggambarkan pelaksanaan asuhan keperawatan post operatif pada pasien kanker payudara dengan tindakan mastektomi. Metode asuhan keperawatan menggunakan pendekatan proses keperawatan, sampel pada pasien Ny.B dengan diagnose medis kanker payudara post op mastektomi.

Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut: gangguan citra tubuh, nyeri akut dan resiko infeksi. Rencana keperawatan yang ditetapkan berdasarkan diagnose keperawatan yang dirumuskan. Implementasi tindakan dikerjakan sesuai intervensi keperawatan yang dibuat pada Ny.B secara mandiri maupun kolaborasi sehingga tujuan rencana tindakan tercapai. Evaluasi dari setiap diagnosa keperawatan didapatkan berdasarkan kriteria hasil sebagai berikut, masalah gangguan citra tubuh belum teratasi, karena pasien masih merasa sedih dengan keadaannya, masalah nyeri akut teratasi sebagian dengan pasien mampu mengontrol nyeri dengan relaksasi, dan resiko infeksi tidak terjadi. Disarankan untuk lebih memperhatikan kondisi psikologis pasien, khususnya masalah gangguan citra tubuh, mulai dari sebelum Tindakan mastektomi dilakukan melalui konseling individu.

Kata Kunci: Mastektomi, Kanker Payudara, Asuhan Keperawatan Post Operasi
Referensi :27(2000-2020)

**TANJUNGKARANG POLYTECHNIC OF HEALTH
TANJUNGKARANG SCHOOL OF NURSING
NERS PROFESSIONAL STUDY**

Final Professional Nurse report, August 2020

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**Postoperative Nursing Care for Dextra Breast Cancer Patients with
Mastectomy Actions at Jend.Ahmad Yani Metro Hospital**

xi + 50 pages, 5 tables, 1 attachment

ABSTRACT

Problems that arise in perioperative conditions from preparation for surgery to completion Actions are an important part of nursing care. After mastectomy surgery, there are many problems that must be considered through nursing care. The purpose of this final report is to describe the implementation of postoperative nursing care in breast cancer patients with mastectomy. The nursing care method uses a nursing process approach, the sample is Mrs. B with a medical diagnosis of post-op mastectomy breast cancer.

Based on the results of the study, several nursing diagnoses were formulated as follows: body image disturbance, acute pain and risk of infection. The nursing plan is determined based on the formulated nursing diagnosis. The implementation of the action is carried out according to the nursing intervention made to Mrs. B independently or collaboratively so that the purpose of the action plan is achieved. The evaluation of each nursing diagnosis was obtained based on the following outcome criteria, the problem of body image disturbance has not been resolved, because the patient still feels sad about his condition, the acute pain problem is partially resolved with the patient being able to control pain with relaxation, and the risk of infection does not occur. It is recommended to pay more attention to the patient's psychological condition, especially the problem of body image disorders, starting from before the mastectomy was carried out through individual counseling

Keywords: Mastectomy, Breast Cancer, Postoperative Nursing Care
Reference : 27 (2000-2020)