

POLITEKNIK KESEHATAN TANJUNGKARANG JURUSAN
KEPERAWATAN
PROGRAM STUDI PROFESI NERS
Laporan Tugas Akhir Ners, 17 Juni 2022

Nur'aini

**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN TRAUMA
TUMPUL ABDOMEN E.C. PERITONITIS DENGAN TINDAKAN
LAPARATOMI DAN KOLOSTOMI DI RSUD JENDERAL AHMAD YANI
METRO TAHUN 2022**

Jml Hal Depan + Jml Hal Isi, Jml Tabel dan Jml Gambar

(xvii + 105 halaman, 20 tabel dan 3 gambar)

ABSTRAK

Trauma tumpul abdomen biasanya terjadi karena peristiwa kecelakaan lalu lintas. Kejadian trauma tumpul abdomen seringkali muncul bersamaan dengan trauma lain seperti kejadian rupture lien dan sisebabkan oleh peritonitis. Laporan tugas akhir ini bertujuan menggambarkan pelaksanaan asuhan keperawatan perioperatif dengan tindakan laparotomi dan kolostomi atas indikasi trauma tumpul abdomen *e.c.* peritonitis di RSUD Jenderal Ahmad Yani Metro. Metode yang digunakan pada laporan tugas akhir ini ialah pengambilan data melalui wawancara, observasi, pemeriksaan fisik dan studi dokumentasi. Hasil permasalahan yang ditemukan merupakan pasien dengan diagnosis keperawatan nyeri akut fase *pre* operatif, bersihan jalan nafas tidak efektif dan risiko perdarahan pada fase intra operatif dan bersihan jalan nafas tidak efektif, defisit perawatan diri, nyeri akut serta risiko hipotermi pada fase *post* operatif. Setelah diberikan tindakan keperawatan dan dievaluasi pada tahap *pre* operatif nyeri akut menurun. Tahap intra operatif bersihan jalan nafas terkontrol dan risiko perdarahan tidak terjadi. Berisihan jalan nafas membaik, defisit perawatan diri terkontrol, nyeri akut menurun serta risiko hipotermi membaik pada fase *post* operatif. Diharapkan perawat dapat lebih teliti dan memahami dalam melakukan asuhan keperawatan perioperatif pada pasien kasus trauma tumpul abomen *e.c.* peritonitis terutama yang akan dilakukan tindakan laparotomi dan kolostomi.

Kata Kunci : Trauma Abdomen, Peritonitis, Perioperatif

Referensi : 2012-2022

**TANJUNGKARANG POLYTECHNIC OF HEALTH
TANJUNGKARANG SCHOOL OF NURSING
Final Professional Nurse Report, 17 June 2022**

Nur'aini

**PERIOPERATIVE NURSING CARE IN BLUD ABDOMINAL TRAUMA
E.C.PERITONITIS WITH MEASURES LAPAROTOMY AND COLOSTOMY
AT REGIONAL PUBLIC GENERAL AHMAD YANI METRO HOSPITAL
IN 2022**

Sum of Front Page + Some of Content Page, Some of Table and Sum of Picture

xvii + 105 pages, 20 tables and 3 pictures

ABSTRACT

Blunt abdominal trauma usually occurs due to traffic accidents. Incidence of blunt abdominal trauma often occurs together with other trauma such as splenic rupture and caused by peritonitis. This final report aims to describe the implementation of perioperative nursing care with laparotomy and colostomy measures for indications of blunt abdominal trauma e.c. peritonitis in General Ahmad Yani Hospital Metro. The method used in this final report is data collection through interviews, observations, physical examinations and documentation studies. The results of the problems found were patients with a nursing diagnosis of acute pain in the preoperative phase, ineffective airway clearance and the risk of bleeding in the intraoperative phase and ineffective airway clearance, self-care deficits, acute pain and the risk of hypothermia in the postoperative phase. After being given nursing actions and evaluated at the preoperative stage, acute pain decreased. In the intraoperative stage, airway separation improves, self-care deficit is controlled, acute pain decreases and the risk of hypothermia improves in the postoperative phase. It is hoped that nurses can be more thorough and understand in carrying out perioperative nursing care in patients with blunt abdominal trauma e.c. peritonitis, especially those for which laparotomy and colostomy will be performed.

Key Word : Abdominal Trauma, Peritonitis, Perioperative

Reference : 2012-2022