

**JURUSAN KEPERAWATAN  
PROGRAM STUDI PROFESI NERS  
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**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN HERNIA  
INGUINALIS DEXTRA DENGAN TINDAKAN HERNIOTOMY DI  
RUMAH SAKIT BHAYANGKARA POLDA LAMPUNG TAHUN 2022**

**(xv + 90 halaman, 15 tabel, dan 6 gambar, 3 lampiran)**

**ABSTRAK**

Hernia inguinalis merupakan penonjolan isi intra abdominal pada regio inguinalis sebagai akibat dari protrusi peritoneum bawaan yang persisten. Berdasarkan data survey di ruang operasi Rumah Sakit Bhayangkara Polda Lampung pada Januari 2021 - Maret 2022 didapatkan 40 kasus hernia. Data berdasarkan usia dari 40 pasien terdapat 24 kasus bedah hernia anak usia 3-11 tahun. Tujuan melaksanakan asuhan keperawatan perioperatif pada pasien hernia inguinalis dengan tindakan herniotomy di Rumah Sakit Bhayangkara Polda Lampung. Metode pengumpulan data pada pengkajian dengan wawancara, observasi, pemeriksaan fisik serta pemeriksaan penunjang. Subyek laporan ini pasien hernia Inguinalis dengan tindakan herniotomy. Hasil didapatkan masalah keperawatan pre operasi nyeri kronis berhubungan dengan agen pencedera fisiologis, ansietas berhubungan dengan krisis situasional, setelah dilakukan intervensi asuhan keperawatan masalah nyeri dan ansietas teratasi. Pada intra operasi masalah keperawatan risiko hipotermia berhubungan dengan terpapar suhu lingkungan rendah, dengan hasil tidak terjadi hipotermia. Sedangkan post operasi masalah keperawatan yaitu risiko jatuh berhubungan penurunan kesadaran, nyeri akut berhubungan dengan agen pencedera fisik (prosedur operasi), dan gangguan integritas kulit berhubungan dengan luka post operasi dengan hasil evaluasi tidak ada kejadian jatuh, penurunan skala nyeri post operasi dari skala nyeri 6 menjadi skala nyeri 1, dan integritas kulit membaik. Didapatkan kesimpulan bahwa pada laporan asuhan keperawatan perioperatif ini, diagnosa keperawatan yang diangkat dapat teratasi baik diagnosa pre operatif, intra operatif, dan post operatif. Saran laporan asuhan keperawatan ini dapat dijadikan acuan dalam memberikan asuhan keperawatan perioperatif pada pasien hernia inguinalis dengan tindakan herniotomy.

Kata kunci : Hernia, Herniotomy, Perioperatif  
Daftar pustaka : 35 (2016-2021)

**TANJUNGPOLYTECHNIC OF HEALTH  
TANJUNGPOLYTECHNIC SCHOOL OF NURSING  
Final Professional Nurse Report, June 2022**

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**PERIOPERATIVE NURSING CARE IN DEXTRA INGUINAL HERNIA  
PATIENTS WITH HERNIOTOMY AT BHAYANGKARA HOSPITAL  
LAMPUNG REGIONAL POLICE IN 2022**

**(xv + 90 pages,15 tables, and 6 figures, 3 appendices)**

**ABSTRACT**

Inguinal hernia is the protrusion of intraabdominal contents through the abdominal wall in the inguinal region as a result of persistent congenital peritoneal. Based on the data obtained by on a survey in the operating room of the Bhayangkara Hospital, Lampung Regional Police in the surgical room, data was obtained in January 2021-March 2022, as many as 40 cases of hernias were obtained. Based on age, there are 40 patients, there are 24 cases of hernia surgery for children aged 3-11 years. The purpose of carrying out perioperative nursing care in inguinal hernia patients with Herniotomy surgery at Bhayangkara Hospital, Lampung Regional Police. The method of collecting data in the assessment, by conducting interviews, observations, physical examinations and supporting examinations. The subject of this report was an Inguinal Hernia patient with herniotomy. The results found chronic pain preoperative nursing problems associated with physiological injury agents, anxiety is associated with situational crises, after nursing care interventions the pain and anxiety problems are resolved. In intraoperative nursing problems the risk of hypothermia is associated with exposure to low ambient temperatures, with the result that hypothermia does not occur. While postoperative nursing problems are the risk of falling related to loss of consciousness, acute pain associated with physical injury agents (surgical procedures), and skin integrity disorders related to postoperative wounds. with the results of the evaluation there was no incidence of falling, the decrease in the postoperative pain scale from the pain scale 6 to the pain scale 1, and the integrity of the skin improved. It was concluded that in this perioperative nursing care report, the nursing diagnosis that was raised could be resolved both pre-operative, intra-operative, and post-operative diagnoses. This suggestion of a nursing care report can be used as a reference in providing perioperative nursing care to inguinal hernia patients with herniotomy.

**Keywords : Hernia,Herniotomy, Perioprative**

**Reference : 35 (2016-2021)**