

**POLITEKNIK KESEHATAN TANJUNGPURUN
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS
Laporan Tugas Akhir Profesi Ners, Juni 2022**

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**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN
APENDISITIS DENGAN TINDAKAN APENDIKTOMI DI RUMAH
SAKIT MARDI WALUYO METRO TAHUN 2022**

xv + 84 halaman, 14 tabel, 4 gambar dan 10 lampiran

ABSTRAK

Apendisitis merupakan peradangan pada apendiks yang berbahaya dan jika tidak ditangani dengan segera akan terjadi infeksi berat yang bisa menyebabkan pecahnya lumen usus. Kejadian apendisitis di Indonesia cukup tinggi, terlihat dari data Depkes RI tahun 2016 menunjukkan terjadi peningkatan jumlah kasus apendisitis sebanyak 9.846 kasus. Tujuan Laporan Tugas Akhir ini untuk melaksanakan asuhan keperawatan perioperatif dengan tindakan apendiktomi atas indikasi apendisitis di Rumah Sakit Mardi Waluyo Metro Tahun 2022. Metode pada Laporan Tugas Akhir ini yaitu *case report*. Fokus asuhan keperawatan perioperatif ini mencakup tiga tahapan yaitu, pre operatif, intra operatif dan post operatif. Subjek laporan yaitu pada satu orang pasien dengan diagnosa apendisitis. Asuhan keperawatan di lakukan di Rumah Sakit Mardi Waluyo Metro pada tanggal 04-06 April 2022. Data mayor saat pre operatif : pasien mengeluh nyeri, pasien tampak meringis dan bersikap protektif, pasien khawatir dan bingung, pasien tampak gelisah, tegang dan sulit tidur. Data mayor saat intra operatif : suhu tubuh 35,8°C, pasien tampak menggigil dan dilakukan spinal anastesi. Data mayor post operatif : pasien mengeluh nyeri, pasien tampak meringis dan gelisah. Diagnosa keperawatan yang didapatkan sebagai berikut, pre operatif : nyeri akut dan ansietas; intra operatif : risiko hipotermia operatif; post operatif : nyeri akut. Intervensi keperawatan meliputi intervensi utama dan beberapa intervensi pendukung. Dengan intervensi utama meliputi pemberian analgesik, reduksi ansietas, manajemen hipotermia dan manajemen nyeri. Evaluasi di setiap diagnosa keperawatan menunjukkan hasil sesuai dengan yang diharapkan sehingga disimpulkan terdapat keberhasilan pemberian asuhan keperawatan pada pasien. Diharapkan dapat melakukan intervensi yang telah dilakukan penulis dimana intervensi tersebut mengacu pada penerapan standar intervensi keperawatan Indonesia.

Kata Kunci : Apendisitis, Apendiktomi, Keperawatan Perioperatif
Daftar Referensi : 43 (2011-2021)

**TANJUNG KARANG POLYTECHNIC OF HEALTH
TANJUNG KARANG SCHOOL OF NURSING
NERS PROFESSIONAL STUDY
Final Professional Nurse Report, June 2022**

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**PERIOPERATIVE NURSING CARE IN APPENDICITIS PATIENTS
WITH APPENDECTOMY ACTIONS AT MARDI WALUYO METRO
HOSPITALS IN 2022**

xv + 84 pages, 14 tabels, 4 pictures and 10 attachments

ABSTRACT

Appendicitis is an inflammation of the appendix which is dangerous and if not treated immediately, a severe infection will occur which can cause rupture of the intestinal lumen. The incidence of appendicitis in Indonesia is quite high, as seen from the data from the Indonesian Ministry of Health in 2016 showing an increase in the number of cases of appendicitis as many as 9,846 cases. The purpose of this final report is to carry out perioperative care with appendectomy for indications of appendicitis at Mardi Waluyo Metro Hospital in 2022. The method in this final project report is a case report. The focus of this perioperative care includes three stages, namely, preoperative, intraoperative and postoperative. The subject of the report is one patient with a diagnosis of appendicitis. The care was carried out at the Mardi Waluyo Metro Hospital on 04-06 April 2022. Major data during pre-operation : the patient complained of pain, the patient looked worried and worried, worried and confused, the patient looked restless, tense and had trouble sleeping. Major data during intraoperative time : body temperature 35.8°C, visible movement and spinal anesthesia was performed. Postoperative mayor data : the patient complained, the patient looked sick and restless. The diagnosis obtained was as follows, preoperative : acute pain and anxiety; intraoperative : risk of operative hypothermia; postoperative : acute pain. The intervention includes a main intervention and several supporting interventions. With the main interventions providing pain, anxiety reduction, hypothermia management and management. Evaluation in each nursing diagnosis shows the results as expected so that it is concluded that there is success in providing nursing care to patients. It is hoped that the intervention that has been done by the author will be carried out where the intervention refers to the application of Indonesian nursing intervention standards.

Keywords : Appendicitis, Appendectomy, Perioperative Nursing
Reference List : 43 (2011-2021)