

POLITEKNIK KESEHATAN TANJUNGPURUS
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Atika Suri

ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN MIOMA UTERI DENGAN TINDAKAN HISTEREKTOMI DI RUMAH SAKIT MARDI WALUYO METRO TAHUN 2022

xiv + 86 halaman, 14 tabel, 3 gambar dan 8 lampiran

ABSTRAK

World Health Organisation (WHO) memperkirakan prevalensi Mioma Uteri berkisar antara 5%-21% Tahun 2019. Sedangkan pada tahun 2020 di Provinsi Lampung kejadian Mioma Uteri sebanyak 44,6 %. Tujuan Laporan Tugas Akhir ini untuk melaksanakan asuhan keperawatan perioperatif dengan tindakan Histerektomi pada pasien Mioma Uteri di Rumah Sakit Mardi Waluyo Metro Tahun 2022. Metode pada laporan tugas akhir ini yaitu *case report*. Fokus asuhan keperawatan perioperatif. Subjek laporan satu orang pasien dewasa dengan diagnosa Mioma Uteri. Asuhan keperawatan dilakukan di ruang perawatan dan ruang Operasi RS. Mardi Waluyo Metro pada tanggal 29 Maret 2022 sampai tanggal 2 April 2022. Hasil asuhan keperawatan pre operatif didapatkan data mayor pasien mengeluh nyeri dan mengatakan takut operasinya gagal, sehingga dirumuskan masalah keperawatan nyeri kronis dan ansietas dengan intervensi manajemen nyeri dan reduksi ansietas serta dilakukan implementasi teknik *Slow Deep Breating*, evaluasi yang didapatkan di tahap pre operatif masalah teratasi. Pada fase intra operatif di dapatkan data fokus dengan masalah keperawatan risiko perdarahan dengan intervensi dan implementasi pemantauan cairan, evaluasi yang didapatkan di tahap intra operatif masalah teratasi. Pada fase post operatif didapatkan data mayor pasien mengeluh nyeri dengan masalah keperawatan nyeri akut dan risiko hipotermia sehingga dilakukan intervensi manajemen nyeri dan manajemen hipotermia serta dilakukan implementasi teknik relaksasi benson dan penghangatan pasif menggunakan selimut. Evaluasi yang didapatkan di tahap post operatif masalah teratasi. Diharapkan melakukan intervensi sesuai standar PPNI dengan menggunakan Standar intervensi keperawatan Indonesia.

Kata Kunci : Histerektomy, Mioma Uteri, Perioperatif, Slow Deep Breating, Relaksasi Benson

Daftar Refrensi : 21 (2013-2021)

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PERIOPERATIVE NURSING CARE IN UTERINE MYOMA PATIENTS WITH
HYSTERECTOMIC ACTIONS AT MARDI WALUYO METRO HOSPITAL IN 2022

xiv + 86 pages, 14 tables, 3 pictures and 8 attachments

ABSTRACT

The World Health Organization (WHO) estimates that the prevalence of uterine myomas ranges from 5% to 21% in 2019. Meanwhile, in 2020 in Lampung Province, the incidence of uterine myomas is 44.6%. The purpose of this final report is to carry out perioperative nursing care with hysterectomy for uterine myoma patients at Mardi Waluyo Metro Hospital in 2022. The method in this final report is a case report. The focus of perioperative nursing care. The subject of the report is an adult patient with a diagnosis of uterine myoma. Nursing care is carried out in the treatment room and hospital operating room. Mardi Waluyo Metro on March 29, 2022 until April 2, 2022. The results of preoperative nursing care obtained that major data from patients complained of pain and said they were afraid that the operation would fail, so that nursing problems for chronic pain and anxiety were formulated with pain management interventions and anxiety reduction and implementation of techniques was carried out Slow Deep Breathing, the evaluation obtained in the pre-operation stage, the problem is resolved. In the intraoperative phase, focus data was obtained with nursing problems with bleeding risk with intervention and implementation of fluid monitoring, the evaluation obtained in the intraoperative phase, the problem was resolved. In the postoperative phase, major data were obtained from patients complaining of pain with acute pain nursing problems and the risk of hypothermia, so pain management interventions and hypothermia management were carried out as well as the implementation of Benson relaxation techniques and passive heating using blankets. The evaluation obtained in the postoperative stage of the problem is resolved. It is expected to perform interventions according to PPNI standards using the Indonesian nursing intervention standards.

Keywords: Hysterectomy, Uterine Myoma, Perioperative, Slow Deep Breathing, Relaxation
Benson

Reference List : 21 (2013-2021)