

**POLYTECHNIC OF HEALTH TANJUNGPUR  
DEPARTMENT OF NURSING TANJUNGPUR  
Final Project Report, 2020**

Jainuri Ulan Sari

**PATIENT NURSING CARE WITH PHYSICAL MOBILITY NEEDS  
DISORDERS IN RSUD Dr. ABDUL MOELOEK LAMPUNG PROVINCE  
IN 2020**

**xv + 68 pages, 6 tables, 2 picture and 4 attachments**

**ABSTRACT**

This Final Project Report aims to conduct Nursing Care for patients with impaired physical mobility needs in the RSUD Dr. H. Abdul Moeloek Lampung Province in 2020. Nursing care was carried out on March 2, 2020. The subject of nursing care was one person with impaired physical mobility needs in pathological non-hemorrhagic stroke.

Basic Human Needs is something that is very important, useful, or necessary to maintain homeostasis and life itself. Human needs are divided into five levels including physiological needs, safety needs and security, love needs, possessing and possessing, self-esteem needs, self-actualization needs. One of the human needs (physiology) that must be met is the need for mobilization. Mobilization is a person's ability to move freely, easily, and regularly which aims to meet the needs of a healthy life. Everyone needs to move. Loss of ability to move causes dependence and this requires nursing action.

Results Nursing care for care subjects were unable to perform physical activity due to a decrease in muscle strength so that nursing diagnoses of physical mobility impairment were obtained, implementation carried out in the care subjects ie passive and active range of motion (ROM) motion exercises. The evaluation was obtained that the patient understood the purpose of given ROM exercises to meet the needs of Physical Mobility, and care subjects could maintain physical mobility with the criteria of increased muscle strength in patients before 2525 increased muscle strength to 3535. The authors suggest to nurses to schedule and perform ROM exercises well passive or active in a day at least 2 times the exercise.

Keywords: Non-Hemorrhagic Stroke, Physical Mobility, Range of Motion (ROM).

Reading material: 12 (2008-2018)