

POLITEKNIK KESEHATAN TANJUNGPURBA

PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, Mei 2020

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Asuhan Keperawatan Pasien Dengan Gangguan Kebutuhan Rasa Nyaman Pada Kasus Post Operasi Mioma Uteri Terhadap Ny. H Di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 29 April-04 Mei 2019.

xvi + 57 halaman, 8 tabel, dan 2 gambar

RINGKASAN

Jumlah kejadian mioma uteri di Dunia diprediksi mencapai 60-75% terjadi pada wanita berusia di atas 20-35 tahun (World Health Organization, 2014). Pada Rumah Sakit Daerah Mayjend HM Ryacudu Kotabumi Lampung Utara di Ruang Kebidanan terdapat 10 kasus mioma uteri sepanjang tahun 2019, sedangkan pada tahun 2020 Januari-Maret terdapat 3 kasus mioma uteri yang dirawat di Ruang Kebidanan RSD Mayjend HM Ryacudu (Dokumentasi Ruang Kebidanan, 2020). Berdasarkan latar belakang maka rumusan masalah pada Laporan Tugas Akhir ini adalah Bagaimana Asuhan Keperawatan Pada Ny. H Dengan Gangguan Kebutuhan Rasa Nyaman Pada Kasus Post Operasi Mioma Uteri ?.

Tujuan penulis dalam laporan tugas akhir ini adalah untuk mengetahui gambaran Asuhan Keperawatan Pasien Dengan Gangguan Kebutuhan Rasa Nyaman Pada Kasus Post Operasi Mioma Uteri Terhadap Ny. H Di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 29 April-04 Mei 2019.

Hasil pengkajian pada kasus ini didapatkan data yaitu klien mengeluh nyeri, nyeri seperti ditusuk-tusuk, mengeluh nyeri di bagian luka operasi, skala nyeri 7 (1-10), pasien tampak meringis, tampak gelisah, mengalami hambatan dalam merubah posisi di tempat tidur, memiliki keterbatasan imobilisasi, terdapat luka sayatan melintang di abdomen ± 8 cm, mengeluh sulit tidur, mengeluh sering terjaga karena luka post operasi, tampak mengantuk. Diagnosa keperawatan yang ditegakkan nyeri akut, gangguan mobilitas fisik, dan gangguan pola tidur, yang dapat dilakukan perencanaan dan tindakan keperawatan seperti diantaranya NOC : kontrol nyeri, pergerakan, tidur, dan NIC : manajemen nyeri, peningkatan mekanika tubuh, peningkatan latihan, peningkatan tidur. Setelah dilakukan tindakan keperawatan pada Ny. H selama 3 hari masalah pasien teratasi.

Simpulan dari penulisan ini tidak semua yang ada pada tinjauan pustaka terdapat pada Ny. H dengan gangguan kebutuhan rasa nyaman pada kasus post operasi mioma uteri. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi perawat di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara dan menambah literatur kepastakaan bagi mahasiswa/i Poltekkes Program Studi Keperawatan Kotabumi.

Kata kunci : Asuhan Keperawatan Post Mioma Uteri, rasa nyaman

Daftar bacaan : 12 (2010-2019)

POLYTECHNIC OF HEALTH TANJUNGPUR

KOTABUMI NURSING PRODUCTS

Final Project Report, May 2020

Lili Dwi Jayanti,

Nursing Care for Patients with Disorders of the Need for Comfort in the Postoperative Myoma Uteric Case Against Ny. H In Midwifery Room RSD Mayjend HM Ryacudu Kotabumi North Lampung April 29-May 04 2019.

xvi + 57 pages, 8 tables, 2 images

ABSTRACT

The number of uterine myoma events in the World is predicted to reach 60-75% occur in women aged over 20-35 years (World Health Organization, 2014). At the RSD Mayjend HM Ryacudu Kotabumi North Lampung in the Midwifery Room there were 10 cases of uterine myoma during 2019, while in 2020 January-March there were 3 cases of myoma uteri treated in the Midwifery Room of RSD Mayjend HM Ryacudu (Midwifery Documentation, 2020). Based on the background, the formulation of the problem in this Final Project Report is How Nursing Care for Mrs. H With Impaired Needs To Feel Comfortable In Case Of Postoperative Myoma Uteria?.

The purpose of the author in this final project report is to find out the description of Nursing Care of Patients with Disorders of the Need for a Comfortable Feeling in the Case of Postoperative Myoma Uteria of Ny. H In Midwifery Room RSD Mayjend HM Ryacudu Kotabumi North Lampung April 29-May 04 2019.

The results of the study in this case obtained data that the client complained of pain, pain such as pricking, complaining of pain in the surgical wound, pain scale 7 (1-10), the patient looked grimaced, looked nervous, experienced obstacles in changing positions in the bed, has limited immobilization, there is a transverse incision in the abdomen ± 8 cm, complains of difficulty sleeping, complains of frequent awake due to postoperative wounds, looks sleepy. Nursing diagnoses are established by acute pain, physical mobility disorders, and disturbed sleep patterns, which can be done planning and nursing actions such as NOC: pain control, movement, sleep, and NIC: pain management, increased body mechanics, increased exercise, increased sleep. After nursing action done to Mrs. H for 3 days the patient's problem is resolved.

The conclusion from this writing is not all that is in the literature review found in Ny.H with impaired need for comfort in post-myoma uterine surgery. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for nurses in Midwifery Room RSD Mayjend HM Ryacudu Kotabumi, North Lampung and add to the literature for students of the Polytechnic of the Kotabumi Nursing Study Program.

Keywords : Post Myoma Uteri Nursing, comfort

Reading source : 12 (2010-2019)