

POLITEKNIK KESEHATAN TANJUNGPURUN
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2020

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Asuhan Keperawatan Pasien dengan Gangguan Kebutuhan Rasa Nyaman pada Kasus Preeklampsia Terhadap Ny.F di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara tanggal 22-26 April 2019
xv + 59 halaman, 7 tabel.

RINGKASAN

Data *World Health Organization* (WHO) tahun 2013 kematian ibu terjadi setiap hari, sekitar 800 perempuan meninggal karena komplikasi kehamilan dan kelahiran anak, Persentase kemungkinan terjadinya Preeklampsia cukup tinggi sekitar 14,3%. Jumlah preeklampsia di Ruang Kebidanan RSD Mayjend HM Ryacudu Lampung Utara pada tahun 2020 yaitu sebanyak 28 orang (9,1%) bulan (januari-maret). Rumusan masalah pada laporan ini adalah "Bagaimana Asuhan Keperawatan Pasien dengan Gangguan Kebutuhan Rasa Nyaman pada Kasus Preeklampsia Terhadap Ny.F di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara".

Tujuan penulisan Laporan Tugas Akhir ini untuk mengetahui gambaran Asuhan Keperawatan Pasien dengan Gangguan Kebutuhan Rasa Nyaman pada Kasus Preeklampsia Terhadap Ny.F di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara.

Hasil pengkajian pada kasus ini didapatkan data yaitu Ny.F mengeluh sakit kepala di bagian depan, bengkak pada tangan dan kaki, TD 150/110 mmHg, Output urine klien 400cc/24jam, urine klien berwarna gelap, protein dalam urine (++) , mengeluh mual. Diagnosa yang ditegakkan nyeri akut, potensial komplikasi hipertensi, nausea. Rencana dan tindakan keperawatan diantaranya SLKI : tingkat nyeri, keparahan hipertensi (preeklampsia), tingkat nausea, SIKI : manajemen nyeri, perawatan preeklampsia, manajemen mual. Tindakan pada Ny.F sesuai dengan SIKI dan terlaksana sesuai kebutuhan. Evaluasi masalah keperawatan pada Ny.F teratasi sebagian yaitu nyeri akut dan potensial komplikasi hipertensi sedangkan masalah yang teratasi nausea.

Simpulan kasus Ny.F tiga diagnosa sesuai dengan teori : nyeri akut, potensial komplikasi hipertensi, nausea didapatkan saat pengkajian. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi perawat di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara.

Kata kunci : Asuhan Keperawatan, Preeklampsia, Kebutuhan Rasa Nyaman
Sumber : 25 (2012-2019)

POLYTECHNIC OF HEALTH TANJUNGPUR
KOTABUMI NURSING PRODUCTS
Final Project Report, May 2020

Nofita Amelia

Nursing Care of Patients with Disorders Needs in the Case of Preeclampsia Against Mrs. F in Midwifery Room Mayjend Hospital HM Ryacudu Kotabumi North Lampung April 22-26, 2019
xv + 59 pages, 7 tables.

ABSTRACT

Data from the World Health Organization (WHO) in 2013 maternal deaths occur every day, around 800 women die due to complications of pregnancy and childbirth, the percentage of probability of occurrence of preeclampsia is quite high around 14.3%. The number of preeclampsia in Midwifery Room of the HM Ryacudu North Lampung General Hospital in 2020 was 28 people (9.1%) months (January-March). The formulation of the problem in this report is "How Nursing Care of Patients with Disorders of the Need for Comfort in the Case of Preeclampsia Against Ny.F in Midwifery Room Mayjend General Hospital HM Ryacudu Kotabumi North Lampung".

The purpose of writing this Final Project Report is to find out the description of Nursing Care for Patients with Disorders of the Need for Comfort in the Case of Preeclampsia Against Ny.F in the Midwifery Room of the Rector General Hospital HM Ryacudu Kotabumi, North Lampung.

The results of the study in this case obtained data that is Mrs.F complained of headaches on the front, swelling in the hands and feet, TD 150/110 mmHg, Client urine output 400cc / 24 hours, client urine is dark, protein in urine (++) , complains nausea. Diagnosis of acute pain, potential complications of hypertension, nausea. Nursing plans and actions include SLKI: pain level, severity of hypertension (preeclampsia), nausea level, SIKI: pain management, preeclampsia care, nausea management. Actions on Mrs. F according to SIKI and implemented as needed. Evaluation of nursing problems in Mrs.F partially resolved namely acute pain and potential complications of hypertension while the problems that overcome nausea.

The conclusions of the Mrs.F case are three diagnoses in accordance with the theory: acute pain, potential complications of hypertension, nausea obtained during the assessment. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for nurses in Midwifery Room HM Ryacudu General Hospital, Kotabumi, North Lampung.

Keywords : Nursing Care, Preeclampsia, Needs to Feel Comfortable
Reading Resources : 25 (2012-2019)