

POLITEKNIK KESEHATAN TANJUNGPINANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2020

Septa Raimuna,
Asuhan keperawatan Dengan Gangguan Rasa Aman Nyaman pada kasus Post Op
Benigna Prostat Hiperplasia Terhadap Tn.M di Ruang Bedah RSD Mayjand HM
Ryacudu Kotabumi Lampung Utara Tanggal 09-11 Maret 2020

xvi+74 halaman, 1 gambar, 7 tabel dan 1 grafik

RINGKASAN

Secara umum penderita *benigna prostat hiperplasia* selalu mengalami peningkatan dari tahun ketahun sebagian besar yang disebabkan karena faktor usia lebih lanjut, menurut beberapa ahli. Sedangkan risiko yang dapat timbul dari BPH yaitu nyeri akut, retensi urin dan gangguan mobilitas fisik. Penyakit bph pada tahun 2020 sebanyak 33 pasien. Di Ruang Bedah RSD Mayjand HM Ryacudu dari sepuluh penyakit terbesar di tiga bulan pertama pada tahun 2018-2020.

Tujuan penulisan laporan tugas akhir ini adalah untuk memberikan gambaran tentang asuhan keperawatan dengan post op BPH secara komprehensif dan berdasarkan Standar Diagnosa Keperawatan Indonesia (SDKI), *Nursing Outcome Classification* (NOC), *Nursing Intervention Classification* (NIC). Dengan pendekatan proses keperawatan ditahapan pengkajian, diagnosa keperawatan, intrvensi, implementasi dan evaluasi.

Hasil pengkajian didapatkan data-data nyeri saat berkemih, sulit berkemih, sehingga merujuk pada beberapa diagnosa diantaranya nyeri akut, retensi urin, gangguan mobilitas fisik. Perencanaan dan tindakan keperawatan diantaranya NOC : kontrol nyeri, eliminasi urin dan mobilitas fisik NIC : manajemen nyeri, pemberian analgesik, Irigasi Kandung Kemih, Perawatan selang perkemihan, Dukungan mobilisasi. Setelah dilakukan tindakan keperawatan selama tiga hari, evaluasi masalah nyeri akut sebagian teratasi sebagian, retensi urin teratasi sebagian, dan gangguan mobilitas teratasi.

Simpulan dari tugas akhir ini tidak semua teori sama dengan proses keperawatan kasus BPH yang terjadi pada pasien Tn. M. Saran hendaknya dapat meningkatkan pelayanan keperawatan dan meningkatkan jumlah referensi buku edisi terbaru tentang BPH.

Kata kunci : asuhan keperawatan, BPH, gangguan aman nyaman

Sumber Bacaan : 18 (2000-2019)

POLYTECHNIC OF HEALTH TANJUNGKARANG
KOTABUMI NURSING PRODUCTS
Final Project Report, May 2020

Septa Raimuna,
Nursing Care With Comfortable Disorders Comfortable in the case of Post Op
Benign prostatic hyperplasia of Mr. M. in the operating room of the Mayjand
Hospital HM Ryacudu Kotabumi North Lampung Date 09-11 March 2020

xvi + 74 pages, 1 picture, 7 tables and 1 graph

ABSTRACT

In general, patients with benign prostate hyperplasia always increase from year to year, mostly due to the advanced age factor, according to some experts. While the risks that can arise from BPH are acute pain, urinary retention and impaired physical mobility. There are 33 patients with BPH disease in 2020. In the Operating Room at Mayjand Hospital HM Ryacudu of the ten biggest diseases in the first three months of 2018-2020.

The purpose of writing this final project report is to provide a comprehensive description of nursing care with BPH post op and based on the Indonesian Nursing Diagnosis Standards (SDKI), Nursing Outcome Classification (NOC), Nursing Intervention Classification (NIC). With the nursing process approach the stages of assessment, nursing diagnoses, intervention, implementation and evaluation.

The results of the study obtained data on pain during urination, difficulty urinating, so it refers to several diagnoses including acute pain, urinary retention, impaired physical mobility. Nursing planning and actions include NOC: pain control, urine elimination and NIC physical mobility: pain management, analgesic administration, Bladder Irrigation, Urinary interval care, Mobilization support. After three days of nursing action, evaluation of the problem of acute pain was partially resolved, urinary retention was partially resolved, and mobility impairment was resolved.

Conclusions from this thesis are not all the same theory with the nursing process of BPH cases that occur in patients Tn. M. Suggestions should be able to improve nursing services and increase the number of references to the latest edition of books on BPH.

Keywords : nursing care, BPH, comfortable disruption comfortable

Reading Resources: 18 (2000-2019)