

POLITEKNIK KESEHATAN TANJUNG KARANG  
PRODI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, Juni 2020  
Zain Trimulya,

Asuhan Keperawatan Pasien dengan Gangguan Kebutuhan Oksigenasi pada Kasus Asfiksia Terhadap By. Ny K di Ruang Neonatus RSUD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 10-12 April 2019.  
xiv + 59 halaman +5 tabel, + 3 Gambar

## RINGKASAN

Di Indonesia dari seluruh kematian bayi, sebanyak 39% meninggal pada masa bayi baru lahir. Kematian bayi baru lahir ini disebabkan oleh asfiksia sebanyak 35,3% (Kementerian Kesehatan RI, 2017). Berdasarkan buku register bulanan ruang neonatus RSUD Mayjend HM Ryacudu Kotabumi Lampung Utara Tahun 2018-2020. Asfiksia neonatorum menduduki urutan kedua pasien terbanyak diruangan, dimana pada tahun 2018 ditemukan kasus asfiksia neonatorum sebanyak 43 kasus dan 45 kasus pada tahun 2019, tahun 2020 bulan januari sampai bulan maret, 11 kasus.

Tujuan penulisan Laporan Tugas Akhir ini memberikan gambaran Asuhan Keperawatan pasien dengan Gangguan Kebutuhan Oksigenasi pada kasus Asfiksia terhadap By. Ny. K di Ruang Neonatus RSUD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 10-12 April 2019.

Hasil Pengkajian pada kasus ini didapatkan data salah satunya peningkatan frekuensi pernafasan 72x/menit, SpO<sub>2</sub> 88% suhu tubuh 36°C, dan menggigil. Diagnosa keperawatan yang dapat di tegakan menurut pengkajian adalah Gangguan Pertukaran Gas berhubungan dengan ketidakseimbangan ventilasi perfusi, Hipotermia berhubungan dengan terpapar suhu lingkungan rendah dan Resiko Infeksi berhubungan dengan Efek prosedur invasif. Rencana keperawatan dibuat sesuai teori dan SDKI 2017, SLKI-SIKI 2019 melalui pemilihan label sesuai diagnosa. Implementasi dilakukan sesuai dengan label yang dipilih pada teori sesuai perkembangan klien. Evaluasi dari tiga diagnosa keperawatan hanya dua diagnosa yang teratasi yaitu Hipotermia dan Resiko Infeksi.

Kesimpulan dari laporan ini bahwa penulis telah memperoleh gambaran secara nyata Asuhan Keperawatan Pasien dengan Gangguan Kebutuhan Oksigenasi pada kasus Asfiksia terhadap By. Ny. K. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi perawat di Ruang Neonatus RSUD Mayjend HM Ryacudu Kotabumi Lampung Utara.

Kata Kunci : Asuhan Keperawatan , Asfiksia.  
Sumber Bacaan :13 (2007-2019)

POLYTECHNIC OF HEALTH TANJUNG KARANG  
KOTABUMI NURSING PRODUCT  
Final Assignment Report, June 2020  
Zain Trimulya,

Nursing Care for Patients with Disorders of Oxygenation Needs in Asphyxia  
Cases of By. Mrs. K in the Neonatal Room of RSUD Mayjend HM Ryacudu  
Kotabumi North Lampung April 10-12, 2019.  
xiv + 59 pages + 5 tables, + 3 Pictures

***ABSTRACT***

In Indonesia, of all infant deaths, 39% died during newborns. The death of the newborn is caused by asphyxia as much as 35.3% (Ministry of Health, Republic of Indonesia, 2017). Based on the monthly register of neonatal spaces at the Mayjend General Hospital HM Ryacudu Kotabumi North Lampung in 2018-2020. Asphyxia neonatorum ranks second most patients in the room, where in 2018 found asphyxia neonatorum cases as many as 43 cases and followed by 45 cases in 2019. For 2020 from January to March, asphyxia neonatorum cases occurred 11 cases.

The purpose of writing this Final Project Report is the author is able to provide an overview of Nursing Care of patients with Oxygenation Disorders in the case of Asphyxia of By. Mrs. K in the Neonatal Room of RSUD Mayjend HM Ryacudu Kotabumi North Lampung April 10-12, 2019.

The results of the study in this case obtained data one of which increased respiratory frequency 72x / minute, SpO<sub>2</sub> 88% body temperature 36 ° C, and shivering. Nursing diagnoses that can be established according to the assessment are Gas Exchange Disorders associated with an imbalance of perfusion ventilation, hypothermia associated with exposure to low ambient temperatures and the risk of infection associated with the effects of invasive procedures. Nursing plans are made according to theory and 2017 IDHS, SLKI-SIKI 2019 through selection of labels according to diagnosis. Implementation is carried out in accordance with the label chosen on the theory according to the client's development. Evaluation of the three nursing diagnoses only two diagnoses were overcome namely Hypothermia and Risk of Infection.

The conclusion of this report is that the authors have obtained a clear picture of Nursing Care of Patients with Disorders of Oxygenation Needs in Asphyxia Cases of By. Mrs. K. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for nurses in the Neonatus Room of the Rector General Hospital HM Ryacudu Kotabumi, North Lampung.

Keywords : Nursing Care, Asphyxia.  
Reading Resources : 13 (2007-2019)