

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 21 Februari 2022

NUR HASYANAH,

Asuhan Keperawatan Keluarga Terhadap Individu Ny. R dengan Gangguan Mobilitas fisik Pada Kasus Stroke Di Wilayah Kerja Puskesmas Kotabumi II Kabupaten Lampung Utara Tanggal 21-23 Februari 2022
Xv + 70 Halaman + 8 tabel + 2 Gambar

RINGKASAN

Stroke yaitu suatu kondisi yang terjadi ketika pasokan darah ke suatu bagian otak tiba-tiba terganggu, karena sebagian sel-sel otak mengalami kematian akibat gangguan aliran darah karena sumbatan atau pecahnya pembuluh darah otak

Tujuan penulisan Laporan Tugas Akhir ini adalah Penulis mampu gambaran Asuhan Keperawatan Keluarga Terhadap Individu Ny.R dengan Gangguan Mobilitas Fisik Pada Kasus Stroke didesa Bandar Putih Wilayah Kerja Puskesmas Kotabumi II Kabupaten Lampung Utara

Hasil pengkajian ditemukan data yaitu, mengeluh sulit menggerakkan tangan dan kaki sebelah kiri klien merasa cemas, klien merasa terganggu akibat aktivitas yang sangat terbatas, lemas, sulit tidur dikarenakan akibat Tangan dan kakinya yang sulit digerakan, Klien juga tampak sulit untuk berpindah posisi saat duduk ingin berdiri dan saat berdiri ingin duduk sehingga perlu bantuan orang lain, sehingga diagnosa keperawatan yang muncul yaitu Gangguan mobilitas fisik, defisit perawatan diri, defisit pengetahuan. Rencana dan Implementasi keperawatan dibuat sesuai kebutuhan dan sesuai keadaan pasien meliputi 5 TUK, yaitu TUK 1 keluarga mampu mengenal masalah pada penderita Stroke, TUK 2 keluarga mampu mengambil keputusan, TUK 3 keluarga mampu merawat, TUK 4 keluarga mampu memelihara kesehatan, TUK 5 keluarga mampu memanfaatkan fasilitas kesehatan. Evaluasi yang dilaksanakan selama 3 hari, TUK 1, 2, 3, 4 semua sudah teratasi, namun pada TUK 5 masalah belum teratasi.

Simpulan dari laporan ini adalah asuhan keperawatan pada teori sesuai dengan kondisi Ny.R namun dalam kondisi klien yang sekarang pasca Stroke sudah 7 tahun asuhan keperawatan yang dapat dilakukan hanya beberapa saja yang memang benar sesuai dengan kondisi Ny. R

Saran dari penulis diharapkan tenaga kesehatan Puskesmas Kotabumi II dapat melakukan asuhan keperawatan keluarga dengan memakai format asuhan keperawatan keluarga yang sistematis dan akurat dan melakukan kunjungan rumah serta pemeliharaan kesehatan di lingkungan masyarakat Puskesmas Kotabumi II meningkat.

Kata kunci : Asuhan keperawatan keluarga, Gangguan Mobilitas Fisik, Stroke
Sumber bacaan : 35 (2004 -2021)

HEALTH POLYTECHNIC, TANJUNG KARANG
KOTABUMI NURSING STUDY PROGRAM
Final Project Report, 21 February 2022

NUR HASYANAH,

Family Nursing Care of Individuals Mrs. R with Physical Mobility Disorders in Stroke Cases in the Work Area of the Kotabumi II Health Center, North Lampung Regency, 21-23 February 2022

Xv + 70 Pages + 8 Tables + 2 Images

ABSTRACK

Stroke is a condition that occurs when the blood supply to a part of the brain is suddenly interrupted, because some brain cells die due to disruption of blood flow due to blockage or rupture of brain blood vessels.

The purpose of writing this Final Project Report is that the author is able to Description of Family Nursing Care for Ny.R Individuals with Impaired Physical Mobility in Stroke Cases in Bandar Putih Village, Kotabumi II Public Health Center Work Area, North Lampung Regency

The results of the study found data, namely, complaining that it was difficult to move the client's left hand and leg feeling anxious, the client feeling disturbed due to very limited activities, weakness, difficulty sleeping because of the difficulty in moving his hands and feet , the client also seemed difficult to change positions when sitting down. standing and when standing wanted to sit down so needed the help of others, so that the nursing diagnoses that emerged were impaired physical mobility, self-care deficit, knowledge deficit. Nursing plans and implementations are made according to the needs and according to the patient's condition including 5 TUK, namely TUK 1 family is able to recognize problems in stroke sufferers, TUK 2 families are able to make decisions, TUK 3 families are able to care, TUK 4 families are able to maintain health, TUK 5 families are able to take advantage of health facilities. The evaluation which was carried out for 3 days, TUK 1, 2, 3, 4 have all been resolved, but in TUK 5 the problem has not been resolved.

The conclusion of this report is that nursing care in theory is in accordance with Mrs. R's condition, but in the condition of the client who is now post-stroke, it has been 7 years of nursing care that can be done only a few which are true according to the condition of Mrs. R

Suggestions from the authors are expected that the health workers of the Kotabumi II Health Center can carry out family nursing care using a systematic and accurate family nursing care format and make home visits and health care in the community environment of the Kotabumi II Health Center to increase .

Keywords: Family nursing care, Physical Mobility Disorders, Stroke

Reading source : 35 (2004 -2021)