

POLITEKNIK KESEHATAN KEMENKES TANJUNGPURUN
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2022

Widya Khoirotn Nisa,

Asuhan Keperawatan Pasien Dengan Gangguan Rasa Nyaman Terhadap Ny. N di Ruang Kebidanan RSUD Handayani Kotabumi Lampung Utara Tanggal 01-03 Maret 2022

xv + 62 halaman, 6 tabel, 1 gambar

RINGKASAN

Menurut data Lampung Utara pada tahun 2019, AKI tercatat yaitu sebanyak 16 kasus per 100.000 kelahiran hidup (Profil Kesehatan Lampung Utara, 2019). Penyebab kematian ibu yang tidak dapat dicegah yaitu terkait dengan kehamilan dan pasca persalinan. Post partum spontan atau dikenal dengan istilah masa nifas yaitu masa segera setelah plasenta lahir sampai dengan 24 jam, waktu dimana proses penyembuhan dan perubahan, serta penyesuaian terhadap hadirnya anggota keluarga baru. Data RSUD Handayani pada tahun 2020 menunjukkan bahwa pasien dengan kasus Post Partum Spontan terdapat sebanyak 80 orang (Ruang Kebidanan RSUD Handayani, 2020).

Adapun tujuan laporan tugas akhir ini memberikan gambaran Asuhan Keperawatan Post Partum Spontan Pada Ny. N dengan Gangguan Rasa Nyaman di Ruang Kebidanan RS Handayani Kotabumi Lampung Utara.

Data yang ditemukan pada saat pengkajian yaitu mengeluh tidak nyaman karena nyeri pada luka jahit perineum, mengeluh sulit tidur aktivitas personal hygiene pasien dibantu oleh keluarga, terdapat diagnosa yang ditegakkan yaitu Ketidaknyamanan Pasca Partum, Gangguan Pola Tidur, Defisit Perawatan Diri. Rencana keperawatan yang akan dilakukan yaitu manajemen nyeri, dukungan tidur, dukungan perawatan diri. Implementasi dilakukan sesuai dengan perencanaan keperawatan yang telah disusun. Hasil implementasi yang telah dilakukan tecantum di evaluasi keperawatan dengan masalah telah teratasi.

Simpulan pada Laporan Tugas Akhir ini adalah asuhan keperawatan pada pasien Post Post Partum sudah tercapai sesuai dengan tahapan-tahapan asuhan keperawatan yaitu, Pengkajian, Diagnosa Keperawatan, Rencana Keperawatan, Implimentas, dan Evaluasi Keperawatan. Saran dengan asuhan keperawatan ini diharapkan dapat lebih meningkatkan pelayanan kesehatan sehingga mampu memberikan asuhan keperawatan yang lebih baik.

Kata Kunci : Asuhan Keperawatan Post Partum Spontan

Sumber Bacaan : 20 (2004-2021)

*HEALTH POLYTECHNIC MINISTRY OF HEALTH TANJUNGPUR
NURSING PROGRAM KOTABUMI
Final Project Report, May 2022*

Widya Khoirotun Nisa,

Nursing Care of Patients With Disturbed Comfort To Ny. N in the Midwifery Room at Handayani General Hospital, Kotabumi, North Lampung, March 1st – 3rd 2022

xv + 62 pages, 6 tables, 1 picture

ABSTRACT

According to North Lampung data in 2019, MMR was recorded as many as 16 cases per 100,000 live births (North Lampung Health Profile, 2019). The causes of maternal death that cannot be prevented are related to pregnancy and postpartum. Spontaneous postpartum or known as the puerperium period is the period immediately after the birth of the placenta up to 24 hours, the time during which the healing process and changes, as well as adjustments to the presence of new family members. Data from the Handayani Hospital in 2020 showed that there were 80 patients with Spontaneous Post Partum cases (Obstetrics Room at Handayani Hospital, 2020).

The purpose of this final report is to provide an overview of Spontaneous Post Partum Nursing Care for Ny. N with Disturbance in Comfort in the Midwifery Room at Handayani Hospital, Kotabumi, North Lampung.

The data found at the time of the assessment were complaining of discomfort due to pain in the perineal suture wound, complaining of difficulty sleeping, personal hygiene activities of the patient assisted by the family, there were established diagnoses, namely Post-Partum Discomfort, Sleep Pattern Disorder, Self-Care Deficit. The nursing plan that will be carried out is pain management, sleep support, self-care support. Implementation is carried out in accordance with the nursing plan that has been prepared. The results of the implementation that have been carried out are listed in the nursing evaluation with the problem being resolved.

The conclusion in this final project report is that nursing care for post partum patients has been achieved in accordance with the stages of nursing care, namely, assessment, nursing diagnosis, nursing plan, implementation, and nursing evaluation. Suggestions with nursing care are expected to further improve health services so as to be able to provide better nursing care.

Keywords : Spontaneous Post Partum Nursing Care

Reading Source : 20 (2004-2021)