

POLITEKNIK KESEHATAN TANJUNGPURING
PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, 17 Mei 2022

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Asuhan Keperawatan Terhadap Ny.C dengan Gangguan Rasa Aman Nyaman Pada Kasus Post Operasi Tumor Mamae Di Ruang Freesia Lantai 3 RSU Handayani Kotabumi Lampung Utara
Tanggal 15-17 Maret 2022

xv + 49 halaman, 8 tabel, 3 gambar

RINGKASAN

Tumor Mamae adalah pertumbuhan sel-sel yang abnormal yang mengganggu pertumbuhan jaringan tubuh terutama pada jaringan sel epitel di mamae. Terdapat peningkatan kasus sebesar 0,39% dari tahun 2013 – 2018. Penatalaksanaan yang dilakukan pada tumor mamae adalah tindakan pembedahan sebagai pengobatan untuk memusnahkan kanker atau membatasi perkembangan penyakit sehingga diperlukan asuhan keperawatan.

Tujuan penulisan laporan tugas akhir memberikan gambaran tentang asuhan keperawatan pasien dengan gangguan rasa aman nyaman pada kasus post operasi tumor mamae terhadap Ny. C di Ruang Freesia Lantai 3 RSU Handayani Kotabumi Lampung Utara Tanggal 15 – 17 Maret 2022.

Hasil pengkajian yang didapatkan pada Ny. C klien mengatakan nyeri pada bagian bekas luka operasi, nyeri terasa seperti di sayat-sayat, skala nyeri 6 (0-10), terdapat luka operasi dibagian kanan payudara, luas luka kurang lebih 5 cm, hanya tidur 5 jam/hari, klien tampak menggantung dan lemas. Sehingga diagnosa yang keperawatan yang muncul adalah nyeri akut, gangguan integritas kulit/jaringan dan gangguan pola tidur. Adapun SLKI yaitu tingkat nyeri, integritas kulit/jaringan dan pola tidur serta SIKI manajemen nyeri, perawatan luka dan dukungan tidur. Implementasi dilakukan sesuai dengan rencana keperawatan. Evaluasi yang didapatkan selama 3 hari tidak semua masalah teratasi pada diagnosa gangguan pola tidur masalah sudah teratasi sedangkan untuk diagnosa nyeri akut dan gangguan integritas kulit/jaringan masalah teratasi sebagian .

Simpulan Laporan tugas akhir ini memberikan gambaran tentang asuhan keperawatan pada kasus post operasi tumor mamae pada Ny.C dengan gangguan rasa aman nyaman. Saran Diharapkan untuk meningkatkan mutu pelayanan mengenai asuhan keperawatan. Bukan hanya permasalahan pada kasus post operasi tumor mamae melainkan untuk penyakit secara keseluruhan

Kata Kunci: Asuhan Keperawatan , Tumor Mamae, Gangguan Rasa Aman Nyaman

Sumber bacaan : 17 (2008 – 2020)

TANJUNGPURANG HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final Project Report May 17th, 2022

Vina Juliana

Nursing Care of Mrs. C with Disturbed Sense of Comfort in the Post Surgery Case for Mammae Tumor in the Freesia Room, 3rd Floor, Handayani Hospital, Kotabumi, North Lampung March 15-17th, 2022

xv + 49 pages, 8 tables, 3 pictures

ABSTRACT

Breast mammae is the growth of abnormal cells that interfere with the growth of body tissues, especially in the epithelial cell tissue in the mammary glands. There was an increase of 0.39% in 2013 – 2018, the management carried out was surgery as a treatment to destroy cancer or limit the development of the disease so that nursing care was needed.

The purpose of writing the final project report is to provide an overview of nursing care for patients with impaired sense of security and comfort in the case of postoperative mammary tumors to Ny. C in the Freesia Room, 3rd Floor, Handayani General Hospital, Kotabumi, North Lampung, March 15-17th, 2022.

The results of the study obtained on Mrs. C the client said pain in the surgical scar, the pain felt like cuts, the pain scale was 6 (0-10), there was a surgical wound on the right breast, the wound area was approximately 5 cm, only slept 5 hours/day, the client looked drowsy and limp. So that the nursing diagnoses that arise are acute pain, impaired skin/tissue integrity and disturbed sleep patterns. The SLKI are pain level, skin/tissue integrity and sleep patterns as well as SIKI for pain management, wound care and sleep support. Implementation is carried out according to the nursing plan. Evaluations obtained for 3 days are not all resolved in the diagnosis of sleep pattern disorders the problem has been resolved, while for the diagnosis of acute pain and impaired skin/tissue integrity the problem has been partially resolved.

Conclusion This final project report provides an overview of nursing care in the case of postoperative mammary tumor in Mrs. C with a sense of comfort and security disorder. Suggestions It is expected to improve the quality of services regarding nursing care. Not only a problem in the case of postoperative mammary tumors but for the disease as a whole

Keywords: Nursing Care, Mammae's Tumor, Disturbance in Feeling Safe and Comfortable Reading source : 17 (2008 – 2020)