

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 9 Juni 2022

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Asuhan Keperawatan Pasien Dengan Gangguan Kebutuhan Oksigenasi Pada Kasus Asma Bronchial Terhadap Ny. Z Di Ruang Paru RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Pada Tanggal 01 - 03 Desember 2021

xvi + 53 halaman, 8 tabel, 1 gambar

RINGKASAN

Asma adalah suatu keadaan dimana saluran napas mengalami penyempitan karena hiperaktivitas terhadap rangsangan tertentu terdapat 300 juta orang menderita Asma bronkhial, 225 ribu pasien meninggal karena Asma bronkhial di seluruh dunia. Angka kematian akibat penyakit asma bronkhial di Indonesia mencapai 24.773 orang. Tujuan penulisan Laporan tugas akhir menggambarkan Asuhan Keperawatan Asma Bronchial Terhadap Ny. Z dengan Gangguan Kebutuhan Oksigenasi di Ruang Paru RSD Mayjend HM. Ryacudu Kotabumi Lampung Utara Tanggal 01-03 Desember 2021. Bagaimana Asuhan Keperawatan Asma Bronchial Pada Ny. Z Dengan Gangguan Kebutuhan Oksigenasi Ruang Paru RSD Mayjend HM. Ryacudu Kotabumi Lampung Utara Tanggal 01-03 Desember 2021.

Diagnosa keperawatan menurut standar diagnosis keperawatan Indonesia meliputi : bersihan jalan napas tidak efektif, intoleransi aktivitas, gangguan polatidur, dan gangguan rasa nyaman. Perencanaan keperawatan meliputi luaran : bersihan jalan nafas meningkat, toleransi aktivitas meningkat, dan pola tidur membaik. Intervensi: Manajemen jalan nafas, manajemen energi, dukungan tidur. Implementasi yang dilakukan monitor jalan nafas, monitor bunyi nafas tambahan, posisikan *semi-Fowler* atau *Fowler*, berikan oksigen, monitor tanda-tanda vital, ajarkan teknik relaksasi nafas dalam. Evaluasi selama tiga hari menunjukkan masalah keperawatan teratasi : Pola nafas tidak efektif dibuktikan dengan pola nafas membaik, gangguan pola tidur dibuktikan dengan pola tidur membaik, intoleransi aktivitas dibuktikan dengan toleransi aktifitas meningkat.

Simpulan laporan tugas akhir ini adalah teori keperawatan asma bronchial sesuai dengan keadaan klien. Saran dari laporan ini diharapkan hendaknya institusi meningkatkan jumlah referensi buku-buku edisi terbaru tentang pernapasan khususnya tentang asma bronkial agar mempermudah mahasiswa membuat laporan.

Kata kunci : Asuhan Keperawatan, Asma Bronchial, Oksigenasi
Daftar bacaan : 25 (2005-2019)

*HEALTH POLYTECHNIC OF TANJUNG KARANG
NURSING STUDY PROGRAM KOTABUMI
Final Project Report, June 9, 2022*

Sella Rahmadani Lorendra,

*Nursing Care for Mrs. Z With disorder Oxygenation of in the Lung Room,
Kotabumi General Hospital. 1th until 3 th December 2021.*

xvi + 53 pages, 8 tables, 1 picture

ABSTRACT

Asthma is a condition in which the airways narrow due to hyperactivity to certain stimuli. There are 300 million people suffer from bronchial asthma, 225,000 patients die of bronchial asthma worldwide. The death rate due to bronchial asthma in Indonesia reached 24,773 people. The purpose of writing the final project report describes the Nursing Care for Mrs. Z With disorder Oxygenation of in the Lung Room, Kotabumi General Hospital. 1th until 3 th December 2021. How is Nursing Care for Mrs. Z With disorder Oxygenation of in the Lung Room, Kotabumi General Hospital. 1th until 3 th December 2021.

Nursing diagnoses according to Indonesian nursing diagnosis standards include: ineffective airway clearance, activity intolerance, sleep pattern disturbances, and discomfort. Nursing care plane outcomes: increased airway clearance, increased activity tolerance, and improved sleep patterns. Interventions: Airway management, energy management, sleep support. The implementation is carried out by monitoring the airway, monitoring additional breath sounds, positioning a semi-Fowler or Fowler, giving oxygen, monitoring vital signs, teaching deep breathing relaxation techniques. Evaluation for three days showed that nursing problems were resolved: Ineffective breathing patterns as evidenced by improved breathing patterns, disturbed sleep patterns as evidenced by improved sleep patterns, activity intolerance as evidenced by increased activity tolerance.

The conclusion of this final report is the theory of bronchial asthma nursing according to the client's condition. Recommended from this report are expected that the institution should increase the number of references to the latest edition of books on breathing, especially on bronchial asthma in order to make it easier for students to make reports.

*Keywords : Nursing Care, Bronchial Asthma, Oxygen
Reading list : 25 (2005-2019)*