

**POLITEKNIK KESEHATAN TANJUNGPURUN  
JURUSAN DIII FARMASI**

**Laporan Tugas Akhir, Juni 2021**

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**GAMBARAN PERESEPAN OBAT PADA PASIEN GAGAL GINJAL  
KRONIK (GGK) DI INSTALASI RAWAT JALAN RSUD DR. H. BOB  
BAZAR, SKM KOTA KALIANDA**

**xvii + 108 halaman, 10 tabel, 11 gambar, dan 10 lampiran**

**ABSTRAK**

Gagal Ginjal Kronik (GGK) artinya ginjal telah mengalami kerusakan fungsional maupun struktural sehingga fungsi ginjal akan terganggu. Pasien gagal ginjal kronik saat ini jumlahnya mengalami peningkatan dan juga mengalami beberapa komplikasi penyakit seperti penyakit kardiovaskular, saluran cerna, penyakit saluran nafas, serta anemia sehingga mengalami banyaknya terapi pengobatan yang diresepkan.

Penelitian ini bertujuan untuk mendapatkan gambaran persepan pasien gagal ginjal kronik di instalasi rawat jalan RSUD dr. Bob Bazar, SKM kota Kalianda. Metode penelitian ini menggunakan metode retrospektif dan dengan analisa penelitian deksriptif kuantitatif dengan mengumpulkan data sekunder dari dokumen rekam medik pasien yang didiagnosa gagal ginjal kronik periode bulan Oktober-Desember 2020. Teknik pengambilan sampel menggunakan *Purposive Sampling* dengan jumlah sampel 129 sampel. Hasil penelitian pada pasien gagal ginjal kronik berdasarkan usia terbanyak 46-65 tahun sebesar 65,12%, persentase jenis kelamin laki-laki 51,16%, dengan pekerjaan tidak bekerja 41,86%. Jumlah item obat paling banyak digunakan 4 item yaitu sebesar 56,59%. Adapun kombinasi obat terbanyak yaitu kombinasi 4 obat 56,59%, dengan penyakit penyerta terdapat pada penyakit hipertensi 44,19%, dan jenis interaksi yang paling banyak terjadi adalah *moderate* sebesar 64,85%.

Kata Kunci : Gagal Ginjal Kronik, Peresepan Obat, RSUD Bob Bazar  
Kalianda

Daftar Bacaan : 59 (2001-2021)

**TANJUNGPURANG HEALTH POLYTECHNIC  
DIII PHARMACEUTICAL DEPARTMENT**

***Final Project Report, Juni 2021***

**Afrida Ridantika Zaharni**

***DESCRIPTION OF PRESCRIBING DRUGS IN PATIENTS WITH  
CHRONIC KIDNEY FAILURE (CRF) IN THE OUTPATIENT  
INSTALLATION OF RSUD DR. H. BOB BAZAR, SKM KALIANDA CITY***

***xvii + 108 pages, 10 tables, 11 pictures, 10 attachments***

**ABSTRACT**

*Chronic Kidney Failure (CKD) means that the kidneys have experienced functional or structural damage so that kidney function will be disrupted. Currently, the number of chronic kidney failure patients is increasing and also experiencing several complications of diseases such as cardiovascular disease, gastrointestinal disease, respiratory disease, and anemia so that they experience many prescribed medication therapies.*

*This study aims to obtain an overview of chronic renal failure patients in the outpatient installation of dr. Bob Bazar, SKM Kalianda. The research method used a retrospective method and with quantitative descriptive analysis by collecting secondary data from medical record documents diagnosed with chronic renal failure in the period October-December 2020. The sampling technique used purposive sampling with a total sample of 129 samples. The results of the study on patients with chronic kidney failure based on age were 46-65 years old at 65,12%, the proportion of male gender was 51,16%, with a job not working 41,86%. The number of medicinal items most widely used was 4 items, namely 56,59%. The most combination of drugs are combinations of 4 drugs 56,59% , with comorbidities found in hypertension 44,19%, and the type of interaction that occurred most was moderate at 64,85%.*

***Keywords : Chronic Renal Failure, Prescribing Drugs, RSUD Bob Bazar  
Kalianda***

***Reading List : 59 (2001-2021)***