

**Politeknik Kesehatan Tanjung Karang
Jurusan Keperawatan Tanjungkarang
Prodi DIII Keperawatan Tanjungkarang
Laporan Tugas Akhir, Mei 2021**

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Asuhan Keperawatan Gangguan Kebutuhan Rasa Nyaman Nyeri Pada Keluarga Lansia Bapak S Khususnya Ibu M Dengan Hipertensi Di Desa Rebang Tinggi Kecamatan Banjit Kabupaten Way Kanan Tahun 2021

xiv + 95 halaman, 12 tabel, 4 gambar, 8 lampiran

ABSTRAK

Hipertensi atau tekanan darah tinggi adalah peningkatan darah sistolik lebih dari 140 mmHg dan tekanan darah diastolic lebih dari 90 mmHg. Menurut (Nurarif & Kusuma, 2016). menempati posisi ke-3 dengan jumlah 230.652 yaitu sekitar 16,15 %. Puskesmas Banjit merupakan salah satu fasilitas pelayanan kesehatan yang ada di Kecamatan Banjit. Hipertensi merupakan salah satu penyakit terbanyak yang di derita oleh warga di sekitar Rebang Tinggi Kecamatan Banjit.

Metode yang penulis gunakan dalam asuhan keperawatan keluarga lansia ini yaitu dengan menggunakan pendekatan asuhan keperawatan keluarga, pengkajian, diagnosa, rencana keperawatan, implementasi dan evaluasi. Saran lebih difokuskan pada pencegahan penyakit hipertensi pada keluarga lansia khususnya ibu m pada bapak s dirumuskan masalahnya gangguan kebutuhan rasa nyaman nyeri setelah dilakukan asuhan keperawatan selama 4 hari terjadi perubahan tekanan darah pada ibu m dari rasa nyeri berkurang dari skala 6 menjadi skala nyeri 4

Kata Kunci : Hipertensi, Gangguan Kebutuhan Rasa Nyaman Nyeri

Bahan bacaan : 15 (2008-2018)

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Final Project Report, May 2021**

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**Nursing Care Disorders of the Need for Comfort Pain in the Elderly Family
Mr. S, especially Mrs. M with hypertension in Rebang Tinggi Village, Banjit
District, Way Kanan Regency in 2021**

xiv + 95 pages, 12 tables, 4 pictures, 8 attachments

ABSTRACT

Hypertension or high blood pressure is an increase in systolic blood pressure of more than 140 mmHg and diastolic blood pressure of more than 90 mmHg. According to (Nurarif & Kusuma, 2016). Occupying the 3rd position with a total of 230,652 which is around 16.15%. The Banjit Health Center is one of the health service facilities in Banjit District. Hypertension is one of the most common diseases suffered by residents around Rebang Tinggi, Banjit District. The method that the author uses in nursing care for the elderly family is to use a family nursing care approach, assessment, diagnosis, nursing plan, implementation and evaluation. From data collection, the authors evaluate that nursing care for elderly families in the elderly with hypertension with nursing problems, disorders of the need for comfort, pain can be concluded after being given nursing actions and health education regarding hypertension, there is a change in pain which is reduced from pain scale 6 to pain scale 4. It is expected that the Puskesmas Banjit to be more intensive in carrying out various health counseling on comprehensive nursing care bio, psycho, social

Keywords: Hypertension, Pain Need Disorder

Reading materials: 15 (2008-2018)