

POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KESEHATAN GIGI
Karya Tulis Ilmiah, 30 April 2021

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Gambaran Perilaku Ibu Hamil Terhadap Kebersihan Gigi Dan Mulut
(*OHI-S*).

Xiii + 45 halaman, 6 tabel dan 4 lampiran.

ABSTRAK

Proses kehamilan menyebabkan perubahan-perubahan fisiologis pada ibu hamil antaranya di rongga mulut. Masalah kesehatan gigi dan mulut pada ibu hamil dipengaruhi oleh sistem hormonal karena peningkatan hormon estrogen dan progesterone dan perilaku buruk. Penelitian kepustakaan ini bertujuan untuk mengetahui gambaran perilaku ibu hamil terhadap kebersihan gigi dan mulut (*OHI-S*). Hasil penelitian berdasarkan studi kepustakaan penelitian – penelitian terdahulu didapatkan bahwa tingkat kebersihan gigi dan mulut pada ibu hamil masih rendah hal ini dikarenakan perilaku buruk kesehatan gigi dan mulut pada ibu hamil.

Saran penulis kepada ibu hamil hendaknya tetap menjaga kebersihan mulutnya secara baik dan benar demi mencegah terjadinya penyakit gigi dan mulut maupun bertambah parahnya penyakit tersebut selama masa kehamilan dan untuk penelitian selanjutnya disarankan untuk melakukan penelitian lebih lanjut yang berkaitan dengan faktor-faktor lain yang diduga dapat mempengaruhi kebersihan rongga mulut ibu hamil selama masa kehamilan.

Kata kunci : perilaku, ibu hamil, kebersihan gigi dan mulut
Selama kehamilan

Daftar Bacaan : 13 (2011-2020)

POLYTECHNIC OF HEALTH TANJUNGPINANG
DEPARTMENT OF DENTAL NURSING
Scientific Papers, 30 April 2021

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Description Of Pregnant Woman Behavior Towards Dental And Mouth Cleanliness (*OHI-S*).

Xiii + 45 pages, 6 tables and 4 attachment.

ABSTRACT

The process of pregnancy causes physiological changes in pregnant women, including in the oral cavity. Oral health problems in pregnant women are influenced by the hormonal system due to increased estrogen and progesterone hormones and bad behavior. This library research aims to describe the behavior of pregnant women on oral hygiene (*OHI-S*). The results of the study were based on the literature study of the most recent studies, it was found that the level of oral hygiene in pregnant women was still low, this was due to the bad behavior of oral health among pregnant women.

Author suggest that pregnant women should keep their oral hygiene properly and correctly in order to prevent the occurrence of dental and oral diseases as well as the worsening of the disease during pregnancy and for further research it is advisable to carry out further research related to other factors that are thought to influence. Hygiene of the oral cavity of pregnant women during pregnancy.

Key words : behavior, pregnant women, oral hygiene during pregnancy

Reading List : 13 (2011-2020)