

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2022

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Asuhan Keperawatan Pasien Dengan Gangguan Sirkulasi Pada Kasus Perdarahan Uterus Abnormal (PUA) terhadap Ny.N di Ruang Kebidanan RSUD Handayani Kotabumi, Kabupaten Lampung Utara Tanggal 28 Februari- 02 maret 2022.

xv+ 50 halaman, 7 tabel, 2 gambar

RINGKASAN

Perdarahan Uterus Abnormal (PUA) didefinisikan oleh *the International Federation for Gynecology and Obstetrics* (FIGO) sebagai variasi apapun dari siklus haid normal termasuk perubahan dari regularitas dan frekuensi haid, lamanya haid atau banyaknya kehilangan darah. Dilaporkan PUA 50% terjadi pada wanita masa perimenopause (45-65 tahun). Data dari WHO 2017 jumlah wanita di dunia yang memasuki fase perimenopause diperkirakan 1,94 milyar orang maka ditarik kesimpulan peluang kejadian PUA pada kelompok wanita yang telah memasuki masa perimenopause sangat besar. Berdasarkan latar belakang maka rumusan masalah pada laporan tugas akhir ini adalah: Bagaimanakah Asuhan Keperawatan pada Ny. N dengan Gangguan Sirkulasi pada Kasus Perdarahan Uterus Abnormal (PUA) di Ruang Kebidanan RSUD Handayani Kotabumi, Kabupaten Lampung Utara. Tujuan dari Laporan Tugas Akhir ini adalah untuk memberikan gambaran Asuhan Keperawatan Pasien Dengan Gangguan Sirkulasi Pada Kasus Perdarahan Uterus Abnormal (PUA) di Ruang Kebidanan RSUD Handayani Kotabumi, Kabupaten Lampung Utara.

Hasil pengkajian pada kasus ini didapatkan klien mengeluh pusing, lemas, akral teraba dingin, turgor kulit tidak elastis, CRT > 3 detik, Hb 6,5 gr/dl, mengeluh tidak nyaman, sulit tidur karena nyeri di perut bawah, skala nyeri 4, klien gelisah, meringis, mengeluh sulit tidur karena nyeri pada perut bagian bawah, mengeluh tidak puas tidur, mengatakan istirahat tidak cukup, sering terjaga, klien tampak sering menguap, klien tidur 5 jam perhari, klien tidak mampu beraktivitas seperti biasa, klien mengeluh merasa ingin jatuh jika berdiri karena pusing yang dialami, fisik tampak lemah, tampak lesu. Diagnosa keperawatan yang ditegakkan perfusi perifer tidak efektif, gangguan rasa nyaman, gangguan pola tidur, dan risiko jatuh yang dilakukan perencanaan dan tindakan keperawatan sesuai dengan SLKI perfusi perifer, status kenyamanan, tingkat jatuh dan SIKI pemberian produk darah, manajemen nyeri, edukasi teknik napas dan pencegahan jatuh.

Simpulan setelah dilakukan tindakan keperawatan pada Ny. N selama 3 hari masalah pasien teratasi untuk diagnosa gangguan rasa nyaman, gangguan pola tidur, dan risiko jatuh serta teratasi sebagian untuk diagnosa perfusi perifer tidak efektif. Saran yang diberikan pada institusi yaitu harapannya dapat memfasilitasi buku-buku keperawatan maternitas edisi terbaru agar dapat mempermudah mahasiswa mencari sumber referensi dalam menyusun laporan tugas akhir.

Kata Kunci : Asuhan Keperawatan Perdarahan Uterus Abnormal (PUA).
Gangguan Sirkulasi

Sumber : 18 (2012-2022)

Bacaan

POLYTECHNIC OF HEALTH TANJUNG KARANG
KOTABUMI NURSING PRODUCTS

Final Assignment Report, May 2020

Erlin Puja Swastika

Nursing Care of Patients with Circulatory Disorders in Cases of Abnormal Uterine Bleeding (AUB) against Mrs. N in the Midwifery Room of Handayani General Hospital, Kotabumi, North Lampung Regency, February 28- March 2, 2022.

xv+ 50 pages, 7 tables, 2 images

ABSTRACT

Abnormal Uterine Bleeding (AUB) is defined by the International Federation for Gynecology and Obstetrics (FIGO) as any variation from the normal menstrual cycle including changes in the regularity and frequency of menstruation, duration of menstruation or the amount of blood loss. It is reported that 50% of AUB occurs in perimenopausal women (45-65 years). Data from the World Health Organization (WHO) 2017 the number of women in the world who enter the perimenopause phase is estimated at 1.94 billion people, so it can be concluded that the probability of AUB incidence in the group of women who have entered the perimenopause period is very large. Based on the background, the formulation of the problem in this final report is: How is Nursing Care for Mrs. N with Circulation Disorders in Cases of Abnormal Uterine Bleeding (AUB) in the Obstetrics Room at Handayani General Hospital, Kotabumi, North Lampung Regency. The purpose of this final report is to provide an overview of nursing care for patients with circulatory disorders in cases of Abnormal Uterine Bleeding (AUB) in the obstetrics ward of the Handayani General Hospital, Kotabumi, North Lampung Regency.

The results of the study in this case showed that the client complained of dizziness, weakness, cold akral, inelastic skin turgor, CRT 3 seconds, Hb 6.5 g/dl, complained of discomfort, difficulty sleeping due to pain in the lower abdomen, pain scale 4, the client is restless, grimaces, complains of difficulty sleeping due to pain in the lower abdomen, not being satisfied with sleep, says that rest is not enough, often wakes up, the client seems to yawn frequently, the client sleeps 5 hours per day, not able to carry out activities as usual, the client complains of feeling anxious. falls when standing because of dizziness experienced, physically looks weak, looks lethargic.

Nursing diagnoses confirmed by ineffective peripheral perfusion, impaired comfort, disturbed sleep patterns, and risk of falls were carried out by planning and nursing actions in accordance with the SLKI for peripheral perfusion, comfort status, fall rate and SIKI administration of blood products, pain management, education on breathing techniques and fall prevention. Conclusions after nursing action on Ny. N for 3 days the patient's problem was resolved for the diagnosis of comfort disorders, sleep pattern disorders, and the risk of falling and partially resolved for the diagnosis of ineffective peripheral perfusion. The advice given to the institution is that it hopes to facilitate the latest edition of maternity nursing books so that it can make it easier for students to find reference sources in compiling final project reports..

Keywords : Nursing Care Abnormal Uterine Bleeding (PUA). Circulation Disorder

Reading Source : 18 (2012-2022)