

POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN FARMASI
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**Gambaran Kerasionalan Penggunaan Obat di Masyarakat Desa Kinciran
Kecamatan Abung Tengah Kabupaten Lampung Utara**

xviii + 40 halaman, 13 gambar, 9 tabel, 13 lampiran

ABSTRAK

Kriteria tercapainya penggunaan obat rasional meliputi tepat indikasi, tepat pemilihan obat, tepat dosis, tepat interval pemberian obat dan tepat lama pemberian obat. Akan tetapi World Health Organization (WHO) menyatakan bahwa masih banyak yang menggunakan obat secara tidak rasional. Pengobatan sendiri merupakan upaya seseorang dalam mengobati gejala sakit atau penyakit tanpa berkonsultasi dengan dokter terlebih dahulu. Pengobatan sendiri merupakan salah satu alternatif yang ditempuh oleh kebanyakan masyarakat untuk meningkatkan keterjangkauan pengobatan.

Tujuan dari penelitian ini adalah untuk memperoleh gambaran mengenai kerasionalan penggunaan obat di masyarakat Desa Kinciran Kecamatan Abung Tengah Kabupaten Lampung Utara Tahun 2021. Penelitian ini termasuk ke dalam penelitian deskriptif yg menggunakan metode wawancara. Hasil penelitian menunjukkan responden paling banyak yaitu pada rentang usia 36-45 tahun berjenis kelamin perempuan dengan tingkat Pendidikan SD dan pekerjaan terbanyak adalah petani. Pada jenis obat berdasarkan tingkat keamanannya 65% merupakan golongan bebas, 53% berdasarkan efek terapi obat golongan analgetik, antipiretik, ketepatan indikasi 96%, ketepatan dosis 99%, ketepatan interval waktu pemberian obat 99%, dan ketepatan lama waktu pemberian obat 93%. Kesimpulan dari penelitian ini yaitu kerasionalan penggunaan obat sebanyak 89% telah dikonsumsi secara rasional.

Kata Kunci : rasionalitas pengobatan, swamedikasi, Desa Kinciran
Daftar Bacaan : 26 (1993-2021)

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Final Project Report, July 2021

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An overview of the Rationality of Drug Use in the Community of Kinciran Village, Abung Tengah District, North Lampung Regency in 2021

xviii + 40 pages, 13 pictures, 9 tables, 13 attachments

ABSTRACT

The criteria for achieving rational drug use include the right indication, the right drug selection, the right dose, the right interval of drug administration, and the right duration of drug administration. However, the World Health Organization (WHO) states that there are still many who use drugs irrationally. Self-medication is a person's effort to treat symptoms of illness or disease without consulting a doctor first. Self-medication is one of the alternatives taken by most people to increase the affordability of medication.

The purpose of this study was to obtain an overview of the rationality of drug use in the community of Kinciran Village, Abung Tengah District, North Lampung Regency in 2021. This research is a descriptive study using the interview method. The results showed that the majority of respondents were in the age range of 36-45 years, they were female with elementary education level and most occupations were farmers. In the types of drugs based on their safety level, 65% are over the counter drugs, 53% based on the therapeutic effects of analgesics, antipyretics, 96% accuracy of indications, 99% accuracy of dosage, 99% accuracy of drug administration intervals, and 93% accuracy of drug administration time. The conclusion of this study is the rational use of drugs as much as 89% have been consumed rationally.

Keywords : *the rationality of medication, self-medication, Kinciran Village*
Reading List : *26 (1993-2021)*