

POLITEKNIK KESEHATAN TANJUNG KARANG
PROGRAM STUDI DIII KEBIDANAN TANJUNG KARANG

Laporan Tugas Akhir, may 2021

Shintia devi maharani: 1815401054

Penatalaksanaan Kemajuan Persalinan Kala I Dengan Pemberian Sari Kurma Di PMB Karmila Astuti.,S.ST Kecamatan Kalianda Kabupaten Lampung Selatan.

xv + 51 Halaman, 2 Tabel, 2 Gambar, 1 Bagan, 5 Lampiran

RINGKASAN

Menurut *World Health Organization* (WHO) tahun 2015 sebanyak 99% kematian ibu akibat masalah persalinan atau kelahiran terjadi dinegara berkembang. Salah satu penyebab kematian ibu disebabkan oleh persalinan lama, persalinan lama sering terjadi pada kala I dan kala II persalinan. Persalinan lama pada kala I ditandai dengan tidak adanya kemajuan persalinan yang salah satu faktor penyebabnya adalah faktor tenaga/energi (*power*). Di PMB Karmila Astuti, S.ST terdapat 5 ibu yang mengalami partus lama dari 20 ibu yang bersalin di PMB Karmila.Astuti, S.ST, Kalianda, Lampung Selatan.

Tujuan asuhan pada Ny. A mencegah terjadinya persalinan lama dengan memberikan sari kurma untuk menambah energi saat proses persalinan pada kala I di PMB Karmila Astuti Kalianda Lampung Selatan. Menurut penelitian Suroso dan Paryono (2016), menyatakan bahwa pemberian sari kurma sangat baik untuk ibu bersalin dan berpengaruh pada proses kemajuan persalinan di PMB Karmila Astuti Kecamatan Kalianda

Metode Menerapkan 7 langkah manajemen kebidanan varney dan mendokumentasikan dengan menggunakan SOAP. Data diperoleh dengan menggunakan format pengkajian ibu bersalin meliputi data subjektif dan objektif dan dilengkapi dengan data dari buku KIA pasien yang dilakukan pada tanggal 21 februari 2021

Hasil dari asuhan yang diberikan pada ibu bersalin kala I terhadap Ny.A G2P1A0 berupa penatalaksanaan asuhan persalinan secara normal mulai dari kala I fase laten dan ditambah dengan pemberian sari kurma 3 cc sehari dan terbukti dapat menambah tenaga ibu yang sangat dibutuhkan dalam proses persalinan kala I. Sehingga dapat disimpulkan bahwa konsumsi sari kurma dapat mempercepat kemajuan persalinan. Saran bagi lahan praktik diharapkan setelah dilakukan studi kasus dalam melakukan penatalaksanaan kemajuan persalinan kala I dengan pemberian sari kurma pada ibu bersalin diharapkan agar dapat diterapkan pada ibu bersalin dengan riwayat persalinan lama di PMB Karmila Astuti Kalianda Lampung Selatan.

Kata kunci : Sari Kurma, Kemajuan Persalinan Kala I
Daftar bacaan : 6 (2014-2021)

HEALTH POLYTECHNIC OF TANJUNGPUR
DIPLOMA IN MIDWIFERY OF TANJUNGPUR
Final Project Report, May 2021

Shintia devi maharani: 1815401054

Management of the Progress of Stage I Labor by Giving Dates Extract at PMB Karmila Astuti., S.ST, Kalianda District, South Lampung Regency.
xv + 51 Pages, 2 Tables, 2 Pictures, 1 Chart, 5 Attachments

ABSTRACT

According to the World Health Organization (WHO) in 2015 as many as 99% of maternal deaths due to childbirth or birth problems occur in developing countries. One of the causes of maternal death is caused by prolonged labor, prolonged labor often occurs in the first and second stages of labor. Long labor in the 1st stage is characterized by the absence of progress in labor, one of which is the power factor. In PMB Karmila Astuti, S.ST, there were 5 mothers who experienced prolonged labor from 20 mothers who gave birth at PMB Karmila.Astuti, S.ST, Kalianda, South Lampung.

The purpose of care for Mrs. A prevents prolonged labor by giving date palm juice to increase energy during the first stage of labor at PMB Karmila Astuti Kalianda South Lampung. According to Suroso and Paryono's research (2016), it is stated that giving date palm juice is very good for maternity and has an effect on the progress of labor in PMB Karmila Astuti, Kalianda District.

Methods Implemented Varney's 7 steps of midwifery management and documented using SOAP. Data obtained using the maternal assessment format includes subjective and objective data and is complemented by data from the patient's MCH book which was carried out on February 21, 2021.

The results of the care given to the first stage of maternity mother to Mrs. A G2P1A0 in the form of normal delivery care management starting from the first stage of the latent phase and added with the provision of 3 cc of date juice a day and proven to be able to increase the mother's power that is needed in the first stage of labor. So it can be concluded that the consumption of date palm juice can accelerate the progress of labor. Suggestions for the practice area are expected after a case study is carried out in managing the progress of the first stage of labor by giving date palm juice to maternity mothers, it is hoped that it can be applied to maternity mothers with a history of long labor at PMB Karmila Astuti Kalianda, South Lampung.

Key words: *Sari dates, progress of 1st stage labor*

Reading list: *6 (2014-2021)*