

# KSESHATAN LINGKUNGAN

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## HUBUNGAN PENGETAHUAN DAN *PERSONAL HYGIENE* DENGAN KEJADIAN *SCABIES* DI PONDOK PESANTREN AL ISLAH KECAMATAN NATAR TAHUN 2024

xv + 85 halaman, 5 gambar, 24 tabel, 10 lampiran

### ABSTRAK

Penyakit kulit *Scabies* menjadi penyakit tersering yang disebabkan oleh iklim, umur, ras, lingkungan dan kebersihan perorangan merupakan faktor utama penyebab penyebaran penyakit pada kulit di dunia. Tujuan penelitian adalah mengetahui Hubungan Pengetahuan dan *Personal Hygiene* dengan kejadian penyakit kulit (*Scabies*) di Pondok Pesantren Al Islah Kecamatan Natar Kabupaten Lampung Selatan Tahun 2024.

Rancangan penelitian yang digunakan yaitu *Cross Sectional* yaitu suatu penelitian survey analitik yang menyangkut analisis bivariat yang digunakan dalam penelitian adalah untuk menjelaskan hubungan antara dua variabel yaitu variabel independent dan variabel dependent.

Hasil penelitian menunjukkan ada hubungan dengan antara Pengetahuan dan Kejadian *Scabies* di Pondok Pesantren Al Islah Kecamatan Natar Kabupaten Lampung Selatan Tahun 2024 dengan nilai p-value 0,000. Ada hubungan antara *Personal Hygiene* dan Kejadian *Scabies* dengan nilai p-value 0,000. Ada hubungan antara Kebiasaan Mandi dan Kejadian *Scabies* dengan nilai p-value 0,037. Ada hubungan antara Penggunaan Handuk dan Kejadian *Scabies* dengan nilai p-value 0,000. Ada hubungan antara Mencuci Handuk dan Kejadian *Scabies* dengan nilai p-value 0,000. Ada hubungan antara Menjemur Handuk dan Kejadian *Scabies* dengan nilai p-value 0,000. Ada hubungan antara Mengganti Pakaian dan Kejadian *Scabies* dengan nilai p-value 0,001. Ada hubungan antara Menjemur/Mengganti Alas Tidur dan Kejadian *Scabies* dengan nilai p-value 0,000.

Saran bagi santri/masyarakat Pondok Pesantren Al Ishlah Kecamatan Natar Kabupaten Lampung Selatan, perlu meningkatkan pengetahuan, memperbaiki *Personal Hygiene* sebagai tindakan pencegahan dan penularan kejadian *Scabies*. Seperti hasil yang paling signifikan mempengaruhi yakni Menjemur Handuk disarankan untuk melakukan penjemuran handuk di luar kamar dan dibawah sinar matahari langsung agar tidak lembab dan menjadi factor penyebab kejadian *Scabies*.

Kata kunci: *Scabies*, *Personal Hygiene*, Pondok Pesantren.

Daftar bacaan: 29 (2009-2023)

**POLYTECHNIC INSTITUTE HEALTH TANJUNGPUR  
PROGRAM STUDY GRADUATE APPLICATION ENVIRONMENTAL  
SANITATION ENVIRONMENTAL HEALTH**

*Thesis , July 2024*

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**THE RELATIONSHIP BETWEEN KNOWLEDGE AND PERSONAL  
HYGIENE AND THE INCIDENCE OF SCABIES IN ISLAMIC BOARDING  
SCHOOLS AL ISLAH, NATAR DISTRICT IN 2024**

*xv + 85 pages, 5 pictures, 24 tables, 10 attachments*

**ABSTRACT**

*Scabies skin disease is the most frequent disease caused by climate, age, race, environment and personal hygiene are the main factors causing the spread of skin diseases in the world. The purpose of the study is to determine the relationship between Knowledge and Personal Hygiene with the incidence of skin diseases (Scabies) in Al Islah Islamic Boarding School, Natar District, South Lampung Regency in 2024.*

*The research design used is Cross Sectional, which is an analytical survey research that concerns bivariate analysis used in the study to explain the relationship between two variables, namely independent variables and dependent variables.*

*The results of the study showed that there was a relationship between Knowledge and Scabies Incidents at the Al Islah Islamic Boarding School, Natar District South Lampung Regency in 2024 with a p-value of 0.000. There was a relationship between Personal Hygiene and Scabies Incidence with a p-value of 0.000. There was a relationship between Bathing Habits and Scabies Incidence with a p-value of 0.037. There was a relationship between Towel Use and Scabies Incidence with a p-value of 0.000. There was a relationship between Washing Towels and Scabies Occurrence with a p-value of 0.000. There was a relationship between Towel Drying and Scabies Occurrence with a p-value of 0.000. There was a relationship between Changing Clothes and Scabies Occurrence with a p-value of 0.001. There was a relationship between Drying/Changing Bedding and Scabies Occurrence with a p-value of 0.000.*

*Advice for students/the community of Al Islah Islamic Boarding School Natar District South Lampung Regency, it is necessary to increase knowledge, improve Personal Hygiene as a preventive measure and transmission of Scabies incidents. As the most significant result affects is Drying towels, it is recommended to dry towels outside the room and in direct sunlight so that they do not become sluggish and become a factor causing the occurrence of Scabies*

*Keywords: Scabies, Personal Hygiene, Islamic Boarding School.  
Reading list: 29 (2009-2023)*