

**POLITEKNIK KESEHATAN TANJUNGPURUNAN JURUSAN
KEBIDANAN
Skripsi, Mei 2024**

**Dini Ameza Fitri
2015301057**

**Hubungan ASI Eksklusif dan Paritas Dengan Kejadian Stunting Di Wilayah
Kerja Puskesmas Banjar Baru Kabupaten Tulang Bawang
Tahun 2024. Xvii + 51 halaman, 10 tabel, 3 gambar, dan 7 halaman**

RINGKASAN

Stunting merupakan kondisi gagal pertumbuhan pada anak (pertumbuhan tubuh dan otak) akibat kekurangan gizi dalam waktu yang lama. Kejadian stunting di Wilayah Kerja Puskesmas Banjar Baru Kabupaten Tulang Bawang merupakan cukup tinggi di Kabupaten Tulang Bawang.

Tujuan penelitian ini dilakukan untuk mengetahui Hubungan ASI Eksklusif dan Paritas dengan Kejadian Stunting di Wilayah Kerja Puskesmas Banjar Baru Kabupaten Tulang Bawang.

Dalam penelitian ini menggunakan metode penelitian adalah kuantitatif dengan pendekatan cross-sectional menggunakan uji statistic chi-square. Sampel yang diambil dalam penelitian ini sebanyak 94 ibu yang memiliki balita. Jenis data yang digunakan adalah data primer diperoleh dari instrument kuesioner.

Hasil penelitian menunjukkan bahwa terdapat hubungan yang signifikan antara ASI Eksklusif dengan kejadian *stunting* dan nilai P Value 0,00 yang mana nilai $p > 0,05$ sehingga H_0 diterima, artinya ada hubungan yang signifikan antara Paritas dengan kejadian *stunting* pada balita di Puskesmas Banjar Baru.

Kesimpulan terdapat ada hubungan ASI Eksklusif dan Paritas dengan kejadian stunting. Saran, diharapkan agar tenaga kesehatan pemegang Program Promkes di Puskesmas memberikan penyuluhan penyebab terjadinya Stunting di Wilayah Kerja Puskesmas Banjar Baru Kab. Tulang Bawang.

Kata Kunci: Stunting, ASI Eksklusif, Paritas.

Daftar Bacaan: 20 (2020-2023)

**HEALTH POLYTECHNIC OF TANJUNGPUR
DEPARTMENT
Thesis, June 2024**

**Dini Ameza Fitri
2015301057**

The Relationship between Exclusive Breastfeeding and Parity with Stunting Incidents in the Working Area of the Banjar Baru Community Health Center, Tulang Bawang City in 2024.

Xvii + 51 pages, 10 tables, 3 figures and 7 pages

ABSTRACT

Stunting is a condition of growth failure in children (body and brain growth) due to malnutrition for a long time. The incidence of stunting in the Banjar Baru Community Health Center Working Area, Tulang Bawang Regency is quite high in Tulang Bawang Regency.

The aim of this research was to determine the relationship between exclusive breastfeeding and parity and the incidence of stunting in the work area of the Banjar Baru Community Health Center, Tulang Bawang Regency. In this study, the research method used was quantitative with a cross-sectional approach using the chi-square statistical test. The samples taken in this study were 95 mothers with toddlers. The type of data used is primary data obtained from a questionnaire instrument.

The research results showed that the prevalence of stunting among toddlers in the Banjar Baru Community Health Center Work Area reached 22.34%. More than half of the respondents had good knowledge, 77.66%. There is a significant relationship between exclusive breastfeeding and the incidence of stunting and the P value is 0.00, where the p value is > 0.05 so that H_0 is accepted, meaning that there is a significant relationship between parity and the incidence of stunting in toddlers at the Banjar Baru Community Health Center. The conclusion is that there is a relationship between exclusive breastfeeding and parity with the incidence of stunting. As a suggestion, it is hoped that health workers holding the Promkes Program at the Community Health Center will provide education on the causes of stunting in the Working Area of the Banjar Baru District Health Center. Onion Bones.

Keywords: Stunting, exclusive breastfeeding, parity.

Reading List: 20 (2020-2023)