

**POLITEKNIK KESEHATAN TANJUNGPURWATI  
JURUSAN KEPERAWATAN  
PROGRAM STUDI PROFESI NERS**

**LAPORAN AKHIR PROFESI NERS, JULI 2021  
Marhamah**

**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN ILEUS  
OBSTRUKTIF DENGAN TINDAKAN OPERASI LAPARATOMI  
EKSPLORASI DI RSUD JEND. AHMAD YANI METRO PROVINSI  
LAMPUNG TAHUN 2021**

(xvi + 69 halaman, 13 tabel, dan 2 gambar, 8 lampiran)

**ABSTRAK**

*World Health Organization* (WHO) menyatakan angka kematian akibat Ileus obstruktif sebanyak 7,85 (2.747 kematian/10.000 kasus). Kejadian di Indonesia menempati urutan ke 107 dalam jumlah kematian yang disebabkan oleh penyakit saluran cerna di dunia, yaitu 39,3 jiwa per 100.000 jiwa, dan tercatat 7.059 kasus obstruksi ileus. Tujuan penelitian untuk memberikan gambaran tentang bagaimana asuhan keperawatan perioperatif pada pasien Ny.S di ruang operasi RSUD Jend. Ahmad Yani Metro Provinsi Lampung Tahun 2021. Pengumpulan data dilaksanakan tanggal 25 Juni 2021. Subyek asuhan keperawatan ini sebanyak satu orang yang mengalami Ileus Obstruktif. pengumpulan data pada tahap pengkajian, dengan melakukan wawancara, observasi, pemeriksaan fisik serta pemeriksaan penunjang.

Hasil asuhan keperawatan ditemukan pasien nyeri pada perut, nyeri dirasakan seperti tertimpa beban berat, merasakan cemas tegang dan gelisah, dari hasil pengkajian pre operasi didapatkan masalah keperawatan Pre operasi nyeri akut berhubungan dengan Agen pencedera fisiologis (Inflamasi) dan ansietas berhubungan dengan krisis situasional. Pada intra operasi diangkat masalah keperawatan resiko cedera, sedangkan post operasi bersihan jalan nafas tidak efektif berhubungan dengan agen farmakologis (obat anastesi). Dari data diatas disusun intervensi, implementasi, dan dilakukan evaluasi keperawatan pada pasien. Diharapkan untuk melakukan prosedur asuhan keperawatan sesuai dengan standard khususnya pada pasien dengan tindakan operasi laparatomi eksplorasi dan diharapkan memberikan edukasi dengan media leaflet pada pasien yang akan menjalani operasi.

Kata kunci : Laparatomi, Asuhan Keperawatan  
Daftar Pustaka : (2002-2020)

**POLYTECHNIC OF HEALTH TANJUNGPUR  
NURSING MAJOR  
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**FINAL PROFESSIONAL NERS REPORT, July 2021  
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**PERIOPERATIVE NURSING CARE IN OBSTRUCTIVE ILEUS  
PATIENTS WITH EXPLORATION LAPARATOMY OPERATING IN  
RSUD JEND. AHMAD YANI METRO LAMPUNG 2021**  
(xvi + 69 pages, 13 tables and 2 images, 8 attachments)

**ABSTRACT**

The World Health Organization (WHO) states that the death rate from obstructive ileus is 7.85 (2,747 deaths/10,000 cases). Incidence in Indonesia ranks 107th in the number of deaths caused by gastrointestinal disease in the world, which is 39.3 people per 100,000 people, and recorded 7,059 cases of obstruction ileus. The purpose of the study was to provide an overview of how perioperative nursing care for Mrs. S patients in the operating room of RSUD Jend. Ahmad Yani Metro, Lampung Province in 2021. Data collection was carried out on June 25, 2021. The subject of this nursing care was one person who had Obstructive Ileus. data collection at the assessment stage, by conducting interviews, observations, physical examinations and supporting examinations.

The results of nursing care found that the patient had abdominal pain, the pain felt like a heavy load had been hit, felt anxious, tense and restless, from the results of the preoperative assessment, it was found that the preoperative nursing problem was acute pain associated with physiological injury agents (inflammation) and anxiety related to situational crises. In the intra-operative care, the risk of injury was raised, while the post-operative airway clearance was ineffective related to pharmacological agents (anaesthesia). From the data above, interventions were arranged, implemented, and nursing evaluation was carried out on patients. It is expected to carry out nursing care procedures according to standards, especially in patients with exploratory laparotomy operations and are expected to provide education with leaflets to patients who will undergo surgery.

Keywords: Laparotomy, Nursing Care  
Bibliography : (2002-2020)