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IMPLEMENTASI *BREAST CARE* PADA IBU POST *SECTIO CAESAREA*
DENGAN MASALAH KEPERAWATAN MENYUSUI TIDAK EFEKTIF DI
RUANG KEBIDANAN RSU HANDAYANI

xiv + 47 halaman + 6 tabel + 4 lampiran

ABSTRAK

Sectio caesarea adalah persalinan janin melalui sayatan perut terbuka (laparotomi) dan sayatan di rahim (histerotomi). Penelitian ini bertujuan untuk menilai produksi ASI dengan pemberian *breast care* di Ruang Kebidanan RSU Handayani. Metode dalam penelitian menggunakan tindakan keperawatan berupa *breast care* terhadap 1 orang pasien post *sectio caesarea* dengan masalah keperawatan menyusui tidak efektif di Ruang Kebidanan RSU Handayani yang dilaporkan dalam bentuk studi kasus. Hasil penelitian menunjukkan bahwa setelah diberikan tindakan keperawatan berupa *breast care* pada satu partisipan terjadi peningkatan produksi ASI. Kesimpulan dari penelitian ini bahwa Tindakan keperawatan *breast care* dapat meningkatkan produksi ASI. Perawat diharapkan dapat memberikan tindakan keperawatan *breast care* kepada pasien menyusui tidak efektif.

Kata Kunci : *Breast care*, post *sectio caesarea*, menyusui tidak efektif

Daftar Bacaan : 18 (2018-2023)

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IMPLEMENTATION OF BREAST CARE IN POST SECTIO CAESAREA
MOTHERS WITH NURSING PROBLEMS INEFFECTIVE BREASTFEEDING
IN THE OBSTETRICS ROOM RSU HANDAYANI

xiv + 47 pages + 6 tables + 4 appendices

ABSTRAK

Sectio caesarea is the delivery of a fetus through an open abdominal incision (laparotomy) and an incision in the uterus (hysterotomy). This study aims to assess breast milk production by providing breast care in the Obstetrics Room of RSU Handayani. The method in the study used nursing actions in the form of breast care for 1 post sectio caesarea patient with ineffective breastfeeding nursing problems in the Obstetrics Room of Handayani Hospital which was reported in the form of a case study. The results showed that after being given nursing action in the form of breast care in one participant there was an increase in breast milk production. The conclusion of this study is that breast care nursing actions can increase breast milk production. Nurses are expected to provide breast care nursing actions to ineffective breastfeeding patients.

Keywords : *Breast care, post sectio caesarea, ineffective breastfeeding*

Reading List : 18 (2018-2023)