

POLITEKNIK KESEHATAN KEMENKES TANJUNGPURUNING
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Tri Wahyu Utami
2115401087

Penerapan Metode Baby Led Weaning Untuk Balita Yang Mengalami Kesulitan Makan (Picky Eater) Pada Anak A Usia 17 Bulan Di Pmb Siti Rusmiati.,S.ST.Bdn Lampung Selatan
66 lembar, 3 table, 3 gambar, 6 lampiran

RINGKASAN

Kesulitan makan pada anak merupakan masalah yang serius karena dampak terhadap tumbuh kembang anak serta kemungkinan kualitas hidup kurang optimal. berkisar pada 33,3% kasus pada pada anak usia 12-36 bulan. Kesulitan makan mempunyai gejala berupa memuntahkan atau menyembur-nyemburkan makanan yang sudah masuk di mulut anak, makan berlama-lama dan memainkan makanan, sama sekali tidak mau memasukkan makanan ke dalam mulut, memuntahkan atau menumpahkan makanan, menepis suapan dari orang tua, tidak mengunyah atau menelan makanan. Hal ini terjadi pada Anak A usia 17 bulan.

Tujuan pemberian Asuhan ini adalah penerapan metode BLW untuk balita yang mengalami kesulitan makan (picky eater) pada Anak A usia 17 Bulan di PMB Siti Rusmiyati.

Metode yang digunakan dalam penulisan laporan tugas akhir adalah studi kasus dengan manajemen kebidanan 7 langkah varney. Subjek asuhan adalah anak A usia 17 bulan dengan kesulitan makan. Objek asuhan adalah penerapan BLW selama 17 hari. asuhan kebidana dengan metode pendokumentasian SOAP.

Hasil dari asuhan didapatkan dengan metode BLW kesulitan makan pada anak dapat teratasi pada hari ke-17. Penerapan metode Baby Led Weaning ini dapat mengatasi kesulitan makan pada anak. Disarankan metode Baby Led Weaning ini dapat digunakan pada anak-anak yang mengalami kesulitan makan.

Kata kunci : **Baby Led Weaning, Picky Eater, Balita**
Daftar bacaan : **10 (2017-2023)**

**TANJUNGPURBAH MINISTRY OF HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
Final Project Report, May 2024**

Tri Wahyu Utami
2115401087

***Application of the Baby Led Weaning Method for Toddlers Who Have Difficulty Eating (Picky Eater) in Child A Aged 17 Months at Pmb Siti Rusmiati.,S.ST.Bdn South Lampung
66 pages, 3 tables, 3 images, 6 attachments***

ABSTRACT

Difficulty eating in children is a serious problem because of the impact on the child's growth and development and the possibility that the quality of life is less than optimal. around 33.3% of cases in children aged 12-36 months. Difficulty eating has symptoms in the form of swallowing or spitting out food that has entered the child's mouth, eating for a long time and playing with food, not wanting to put food in the mouth at all, vomiting or spilling food, rejecting mouthfuls from parents, not chewing or swallow food. This happened to Child A aged 17 months.

The aim of providing this care is to apply the BLW method for toddlers who have difficulty eating (picky eaters) to Child A aged 17 months at PMB Siti Rusmiyati.

The method used in writing the final assignment report is a case study using Varney's 7 steps of midwifery management. The subject of care is child A aged 17 months with difficulty eating. The object of care is the implementation of BLW for 17 days. midwifery care using the SOAP documentation method.

The results of care obtained using the BLW method were that children's eating difficulties were resolved on the 17th day. Applying the Baby Led Weaning method can overcome feeding difficulties in children. It is recommended that this Baby Led Weaning method can be used for children who have difficulty eating.

***Keywords : Baby Led Weaning, Picky Eater, Toddler
Reading list : 10 (2017-2023)***