

DAFTAR PUSTAKA

- Agustina, S., Ruslan, & Wiraningtyas, A. (2016). Peran Derajat Defisisensi Histopatologik dan Stadium Klinis pada Rkurensi Kanker Payudara. *Indonesian E-Journal of Applied Chemistry*, 4(1), 71–76.
- Ahmed, E. M., Mekkawy, M. M., & Sayed, A. A. (2018). Effect of Applying Shoulder Exercises on Shoulder Function after Modified Radical Mastectomy. *Assiut Scientific Nursing Journal*, 5(12), 74–84. <https://doi.org/10.21608/asnj.2017.60617>
- Amperaningsih, Y., Yanti, H., & Agustanti, D. (2023). *Hubungan Dukungan Keluarga dengan Konsep Diri Pasien Mastektomi di Ruang Kemoterapi*. 4(2), 213–220.
- Ballance, L., Wilson, R. L., Kirwan, C. C., Boundouki, G., Taxiarchi, V. P., Baker, B. G., Rusius, V., Rowland, M., Henderson, J. R., Marikakis, N., McAleer, J., & Harvey, J. R. (2023). Return to Activities of Daily Living after Breast Cancer Surgery: An Observational Prospective Questionnaire-Based Study of Patients Undergoing Mastectomy with or without Immediate Reconstruction. *Breast Journal*, 2023. <https://doi.org/10.1155/2023/9345780>
- Dawn L. Lovelace CNM, FNP-C, DNP; Linda R. McDaniel CNM; DNP; Dwyann Golden CNM, D. (2019). Long-term effects of breast cancer surgery, treatment, and survivor care. *Journal of Midwifery and Women's Health*, 64, 713–724.
- Dewi, R. L., Hakam, M., & Murtaqib. (2022). Gambaran activity of daily living pada pasien post operasi (Description of daily living activity in post-operative patients). *E-Journal Pustaka Kesehatan*, 10(3), 157–161. <https://jurnal.unej.ac.id/index.php/JPK/article/view/20884>
- El-Osta, A., Sasco, E. R., Barbanti, E., Webber, I., Alaa, A., Karki, M., Asmar, M. line El, Idriss, H., Almadi, M., Massoud, F., Alboksmaty, A., & Majeed, A. (2023). Tools for measuring individual self-care capability: a scoping review. In *BMC Public Health* (Vol. 23, Issue 1). BioMed Central. <https://doi.org/10.1186/s12889-023-16194-6>
- Ferguson, L., Anderson, M. E., Satchi, K., Capron, A. M., Kaplan, C. D., Redfield, P., & Gruskin, S. (2024). The ubiquity of 'self-care' in health: Why specificity matters. *Global Public Health*, 19(1). <https://doi.org/10.1080/17441692.2023.2296970>
- Firdausi, A. J., Huda, N., & Tampubolon, M. M. (2024). *Hubungan kualitas tidur dengan tingkat stres pada pasien kanker payudara post mastektomi*. 8, 704–

- Kementerian Kesehatan Republik Indonesia. (2019). *Pedoman Klasifikasi Usia dalam Pelayanan Kesehatan*. Kementerian Kesehatan Republik Indonesia.
- Koerniawan, D., Daeli, N. E., & Srimiyati, S. (2020). Aplikasi Standar Proses Keperawatan: Diagnosis, Outcome, dan Intervensi pada Asuhan Keperawatan. *Jurnal Keperawatan Silampari*, 3(2), 739–751. <https://doi.org/10.31539/jks.v3i2.1198>
- Laia, V. A. S., & Pardede, J. A. (2022). Penerapan Terapi Generalis pada Penderita Skizofrenia dengan Defisit Perawatan Diri di Ruang Pusuk Buhit Rsj Prof.Dr. Muhammad Ildrem: Studi Kasus. *Defisit Perawatan Diri*, 4(2), 32–39.
- Lee, D., Kim, H., Choi, S., & Kim, E. (2021). The Effects of Exercise Intervention for Post-Operative Breast Cancer Patients in Korea: A Systemic Review and Meta-Analysis of Randomized Controlled Trials. *Asian Oncology Nursing*, 21(2), 74. <https://doi.org/10.5388/aon.2021.21.2.74>
- Lestari, & Zulfikar, N. (2018). Pengalaman Klien Kanker Payudara Paska Mastektomi pada Suku Batak di Medan. *Jurnal Online Keperawatan Indonesia*, 1(2), 1–9.
- Maswarni, & Hayana. (2019). Determinan Perilaku Remaja Putri Melakukan SADARI dalam Upaya Deteksi Dini Kanker Payudara. *Jurnal Photon*, 10(1), 42–48.
- Notoatmodjo, S. (2018). *Metodologi Penelitian Kesehatan* (3rd ed.). PT RINEKA CIPTA.
- Nurarif, A. H., & Kusuma, H. (2017). *Aplikasi: Asuhan Keperawatan Berdasarkan Diagnosa Medis NANDA & NIC-NOC Jilid 1*. Media Action.
- Nursalam, N. D. K., & Misutarno, F. K. S. (2018). *Asuhan Keperawatan pada Pasien Terinfeksi HIV/AIDS* (2nd ed.). Salemba Medika.
- Potter, P., & Perry, P. (2020). *Fundamental of Nursing* (10th ed.). Elsevier.
- PPNI, T. P. S. (2018a). *Standar Intervensi Keperawatan Indonesia*. Persatuan Perawat Nasional Indonesia.
- PPNI, T. P. S. (2018b). *Standar Luaran Keperawatan Indonesia*. Persatuan Perawat Nasional Indonesia.
- Putra, S. R. (2017). *Buku Lengkap Kanker Payudara*. Laksana.

- Rachmawati, N., Prabowo, T., Fathurrachman, F., & bidin A. (2020). Gambaran Tingkat Disabilitas dan Keterbatasan Gerak Sendi Bahu Pasien Kanker Payudara Pasca Mastektomi Unilateral di RSUP Dr. Hasan Sadikin Bandung Tahun 2019. *Вестник Росздравнадзора*, 4(1), 9–15. <https://doi.org/10.7454/jpdi.v7i4.380>
- Rasjidi, I. (2010). *Epidemiologi Kanker pada Wanita*. Sagung Seto.
- Riskesdas. (2018). Laporan Riskesdas 2018 Nasional.pdf. In *Lembaga Penerbit Balitbangkes* (p. hal 156). <https://www.badankebijakan.kemkes.go.id/laporan-hasil-survei/%0Ahttps://repository.badankebijakan.kemkes.go.id/id/eprint/3514/>
- Rofli, M. (2021). Teori dan Falsafah Keperawatan. *Paper Knowledge . Toward a Media History of Documents*, 5(2), 40–51.
- Royal Berkshire NHS Foundation Trust. (2019). *After breast cancer surgery. March*, 1–5. <http://ezp.slu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=rzh&AN=2000071959&site=ehost-live>
- Sung, H., Ferlay, J., Siegel, R. L., Laversanne, M., Soerjomataram, I., Jemal, A., & Bray, F. (2021). Global Cancer Statistics 2020: GLOBOCAN Estimates of Incidence and Mortality Worldwide for 36 Cancers in 185 Countries. *CA: A Cancer Journal for Clinicians*, 71(3), 209–249. <https://doi.org/10.3322/caac.21660>
- Tandra, P., Kallam, A., & Krishnamurthy, J. (2019). Identification and management of lymphedema in patients with breast cancer. *Journal of Oncology Practice*, 15(5), 255–262. <https://doi.org/10.1200/JOP.18.00141>
- Tareef, D. G., Diao, D., Ali, K. A., Ammar, D., & Mohammad, R. (2022). The Efficacy of Range of Motion Exercise in Reducing Shoulder Pain Related to Mastectomy: Randomized Control Trial. *Journal of Positive School Psychology*, 2022(6), 9512–9522. <http://journalppw.com>
- Tendero-Ruiz, L., Palomo-Carrión, R., Megía-García-Carpintero, Á., Pérez-Nombela, S., López-Muñoz, P., & Bravo-Esteban, E. (2023). The effect of therapeutic exercise in the prevention of lymphoedema secondary to breast cancer: a systematic review. *Archives of Medical Science*, 19(6), 1684–1692. <https://doi.org/10.5114/aoms.2020.101435>
- Waqas Ahmed, & Afzal, F. (2022). Patients with Shoulder Dysfunction After Mastectomy Can Benefit from Nurse-Assisted Home-Based Range of Motion Exercises. *Journal of Clinical and Nursing Research*, 6(6), 37–41. <https://doi.org/10.26689/jcnr.v6i6.4382>

World Health Organization. (2021). *Cancer*. https://www.who.int/health-topics/cancer#tab=tab_1

Yuan, R. Z., Li, K. P., Wei, X. L., Zheng, W., Ye, Y., Wang, M. Y., Jiang, J. T., & Wu, C. Q. (2021). Effects of free range-of-motion upper limb exercise based on mirror therapy on shoulder function in patients after breast cancer surgery: study protocol for a randomized controlled trial. *Trials*, *22*(1), 1–10. <https://doi.org/10.1186/s13063-021-05789-2>

Zhou, Z., Li, J., Wang, H., Luan, Z., Li, Y., & Peng, X. (2021). Upper limb rehabilitation system based on virtual reality for breast cancer patients: Development and usability study. *PLoS ONE*, *16*(12 December), 1–16. <https://doi.org/10.1371/journal.pone.0261220>