

**POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KEPERAWATAN TANJUNGPUR
PRODI DIII KEPERAWATAN TANJUNGPUR**

Karya Tulis Ilmiah, 14 Juni 2024

Zenny Salma Nurzanna,

**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN
RASA NYAMAN (NYERI) PADA PASIEN DISPEPSIA
DI RUANG SIGER RSUD Dr. A. DADI. TJOKRODIPO
BANDAR LAMPUNG
TAHUN 2024**

xiv + 72 Halaman + 13 Tabel + 5 Gambar + 9 Lampiran

ABSTRAK

Prevalensi dispepsia di dunia sebesar 13-40% setiap tahun, sedangkan di Indonesia sendiri mencapai 40-50%. Berdasarkan data ang di Ruang Siger RSUD Dr. A. Dadi Tjokrodipo Lampung dari bulan Maret-Desember 2023 didapatkan data penyakit dispepsia sebanyak 60 pasien. Tujuan dari penulisan ini adalah memberikan gambaran pelaksanaan asuhan keperawatan kebutuhan rasa nyaman (nyeri). Metode asuhan keperawatan berfokus pada dua pasien yang mengalami gangguan kebutuhan rasa nyaman (nyeri) dibagian ulu hati meliputi pengkajian, diagnosis, intervensi, implementasi dan evaluasi yang dilakukan pada tanggal 2 sampai 6 Januari 2024. Hasil asuhan keperawatan pada pasien 1 dengan gangguan kebutuhan rasa nyaman (nyeri) ditemukan data yaitu pasien mengatakan nyeri pada bagian ulu hatinya dengan skala nyeri 6, pada pasien 2 dengan gangguan kebutuhan rasa nyaman (nyeri) ditemukan data yaitu pasien mengatakan nyeri pada ulu hatinya dengan skala nyeri 7. Kesimpulan penulis dapat melakukan asuhan keperawatan pada pasien 1 dan 2, dapat dilakukan dengan baik sesuai dengan masalah yang dihadapi oleh pasien 1 dan 2 di Ruang Siger RSUD Dr. A Dadi Tjokrodipo Bandar Lampung. Saran diharapkan pihak Rumah Sakit dapat memberikan pendidikan kesehatan yang lebih kepada keluarga untuk menangani masalah kasus dispepsia.

Kata kunci : Dispepsia, gangguan rasa nyaman nyeri.

Daftar Referensi : 14(2014-2023)

**TANJUNGKARANG HEALTH POLYTECHNIC
DEPARTMENT OF NURSING TANJUNGKARANG
TANJUNGKARANG DIII NURSING PROGRAM**

Final Project Report, 14 June 2024

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**NURSING CARE FOR IMPAIRED NEED FOR COMFORT
(PAIN) IN DYSPEPSIA PATIENTS IN THE SIGER ROOM
AT DR. A DADI TJOKRODIPO
BANDAR LAMPUNG
YEAR 2024**

xiv + 72Pages + 13Tables+ 5 Pictures + 9 Attachments

ABSTRACT

Based on data obtained from the Siger Room at Dr.A Dadi Tjokrodipo Hospital, Bandar Lampung, the prevalence of dyspepsia cases in people from 2023 to January 7 2024. Purpose of this writing is to provide an overview of the implementation of nursing care for comfort needs (acute pain). The writing method using the nursing care approach for dyspepsia patients includes assessment, diagnosis, intervention, implementation and evaluation which was carried out on January 2-9 in the Siger Room at Dr. A Dadi Tjokrodipo Hospital, Lampung. Results of nursing care for patient 1 with impaired need for comfort (acute pain) showed that the patient said he had pain in his solar plexus with a pain scale of 6, the patient said he had more than 7 nausea without vomiting, the patient said he had no appetite, the patient said no can sleep, in patient 2 with a disturbance in the need for comfort (acute pain) data was found, namely the patient said he had pain in the pit of his stomach with a pain scale of 7, the patient said he was nauseous 8x a day without vomiting, the patient said he had no appetite, the patient said he couldn't sleep. Conclusion, the author can carry out nursing care for patients 1 and 2, it can be done well in accordance with the problems faced by patients 1 and 2 in the Siger Room at RSUD Dr. A Dadi Tjokrodipo Bandar Lampung. It is hoped that the hospital can provide more health education to families to deal with dyspepsia case.

Keywords : Dyspepsia, disorders need comfort acute
Daftar referenc : 14(2014-2023)