

POLITEKNIK KESEHATAN TANJUNG KARANG
JURUSAN KESEHATAN LINGKUNGAN
Laporan Tugas Akhir, Mei 2024

Esse Kissun Raista

Gambaran Hygiene Dan Sanitasi Makanan Jajanan Pada Kantin Sekolah Dasar Negeri 3 Sidodadi Kabupaten Lampung Timur 2024

xvii + 90 Halaman + 12 Tabel + 2 Gambar + 5 Lampiran

RINGKASAN

Pentingnya konsumsi makanan yang aman dan bersih untuk menjaga kesehatan, terutama bagi anak-anak sekolah dasar yang sering mengonsumsi jajanan. Kebersihan dan hygiene makanan merupakan faktor krusial dalam mencegah penyakit bawaan makanan seperti diare dan keracunan. Namun, praktik hygiene dan sanitasi sering diabaikan, terutama di lingkungan sekolah. Hygiene sanitasi makanan jajanan dan kondisi kantin Sekolah Dasar Negeri 3 Sidodadi Kabupaten Lampung Timur masih kurang baik.

Metode penelitian ini deskriptif yang menggambarkan hygiene dan sanitasi makanan jajanan pada kantin Sekolah Dasar Negeri 3 Sidodadi Kabupaten Lampung Timur Tahun 2024. Subjek penelitian ini adalah pedagang kantin sebagai informan. Data diperoleh dengan melakukan observasi dan wawancara dengan sampel 3 kantin, menggunakan checklist dan kuesioner, sementara data sekunder diperoleh dari pihak sekolah dan literatur yang relevan

Hasil kesimpulan penelitian diperoleh personal hygiene penjamah makanan informan (75%) tidak memenuhi syarat, sanitasi peralatan (66,7%) tidak memenuhi syarat, hygiene pemilihan bahan makanan (100%) memenuhi syarat, hygiene tempat penyimpanan bahan makanan (66,7%) tidak memenuhi syarat, hygiene pengolahan bahan makanan (66,7%) tidak memenuhi syarat, hygiene tempat penyimpanan makanan matang (33,3%) tidak memenuhi syarat, hygiene tempat pengangkutan makanan (100%) tidak memenuhi syarat, hygiene tempat penyajian makanan (100%) tidak memenuhi syarat, sanitasi fasilitas kantin (100%) tidak memenuhi syarat. Perlunya peningkatan dalam aspek personal hygiene dan sanitasi di kantin untuk memastikan kebersihan dan keamanan pangan yang lebih baik.

Kata Kunci : Personal Hygiene, Sanitasi, Kantin Sekolah, Keamanan pangan
Daftar Bacaan : 31 (2010 – 2023)

HEALTH POLYTECHNIC MINISTRY OF HEALTH TANJUNGPUR
DEPARTMENT OF ENVIRONMENTAL HEALTH
Final Project Report, May 2024

Esse Kissun Raista

An overview of the hygiene and sanitation of snack food in the Canteen at Sidodadi 3 Elementary School, East Lampung Regency in 2024

xvii + 90 Pages + 12 Tables + 2 Figures + 5 Attachments

ABSTRACT

The importance of eating safe and clean food to maintain good health, especially for primary school children who often consume snacks. Food cleanliness and hygiene are critical factors in preventing foodborne diseases such as diarrhoea and poisoning. However, hygiene and sanitation practices are often neglected, especially in school environments. At Sidodadi State Primary School 3, East Lampung Regency, the hygiene and sanitation of snacks and the condition of the canteen are still not good.

This research method is descriptive, which describes the hygiene and sanitation of snacks in the canteen of Sidodadi 3 Primary School, East Lampung Regency in 2024. The subjects of this research are canteen vendors as informants. Data was collected through observations and interviews with a sample of 3 canteens using checklists and questionnaires, while secondary data was collected from school and relevant literature.

The results of the research concluded that personal hygiene of food handlers (75%) did not meet the requirements, sanitation of equipment (66.7%) did not meet the requirements, hygiene of selected food ingredients (100%) met the requirements, hygiene of food storage areas (66.7%) did not meet the requirements, food processing hygiene (66.7%) did not meet the requirements, hygiene of cooked food storage areas (33.3%) did not meet the requirements, hygiene of food transport areas (100%) did not meet the requirements, hygiene of food serving areas (100%) did not meet the requirements, sanitation of canteen facilities (100%) did not meet the requirements. Improvements in personal hygiene and sanitation in the canteen are needed to ensure better food hygiene and safety.

Keywords : Personal hygiene, Sanitation, School Canteen, Food Safety

Reading list : 31 (2010-2023)