

**POLITEKNIK KESEHATAN TANJUNGPURUNG
PROGRAM STUDI DIII KEBIDANAN TANJUNGPURUNG
Laporan Tugas Akhir, Mei 2024**

Vera Mardiani
2115401088

Penerapan Pemberian Virgin Coconut Oil Untuk Mencegah Ruam Popok Terhadap By. F Usia 14 Hari Di TPMB Yulina Wati, S.Tr.Keb.
xvi + 54 halaman, 2 tabel, 2 gambar, 11 lampiran.

RINGKASAN

Ruam popok menjadi 3 penyakit kulit paling sering dijumpai pada bayi dan balita di dunia. Hal ini diakibatkan oleh tren dimana penggunaan popok instan sangat sering digunakan. Penggunaan popok sekali pakai yang tidak tembus air, membuat kulit panas menjadi dasar pemicu ruam popok. Hal ini yang menjadi kekhawatiran ibu By.F, yang memiliki pengalaman anak pertama dengan ruam popok.

Tujuan pemberian asuhan “Penerapan Pemberian Virgin Coconut Oil Untuk Mencegah ruam popok pada bayi” terhadap By .F usia 14 hari untuk melakukan pemberian Virgin Coconut oil untuk Pencegahan ruam popok

Metode yang digunakan adalah studi kasus dengan penerapan asuhan kebidanan 7 langkah varney. Sasaran studi kasus ini adalah By.F usia 14 hari . Objek asuhan kebidanan yaitu Penerapan pemberian Virgin Coconut Oil (VCO) atau minyak kelapa selama 5 hari untuk mencegah Ruam Popok pada By.F usia 14 hari di TPMB Yulina wati, S.Tr.Keb. Pengumpulan data juga dilakukan dengan melakukan wawancara terhadap Ny. D selaku ibu dari By.F, dan juga pemeriksaan fisik yang meliputi inspeksi, palpasi, auskultasi, serta observasi.

Hasil setelah dilakukan pemberian Virgin Coconut Oil selama 5 hari setiap pagi dan sore setelah bayi mandi , tidak di temukan tanda – tanda Diaper Rash / ruam popok. Kulit lebih bersih dan terjaga kelembabannya. Dapat di simpulkan bahwa pemberian Virgin Coconut Oil dapat mencegah ruam popok. Sebaiknya dapat diberikan pada bayi yang mengalami tanda tanda ruam popok di TPMB Yulina Wati, S.Tr. Keb, disediakan dan diterapkan pemakaian VCO (Virgin Coconut Oil). Dan diadakan edukasi mengenai cara mencegah, gejala, dan juga penanganan ruam popok secara rutin supaya kejadian ruam popok dapat diminimalisir.

Kata Kunci : Virgin Coconut Oil, Ruam popok
Daftar Pustaka : 34 (2015-2024)

**TANJUNGPURING HEALTH POLYTECHNIC
TANJUNGPURING DIII Midwifery Study Program
Final Project Report, Mei 2024**

Vera Mardiani
2115401088

**The Application Of Virgin Coconut Oil To Prevent Diaper Rash Baby F 14
Days Old At TPMB YULINA WATI, S.Tr.Keb.**

xvi + 54 halaman, 2 tabel, 2 gambar, 11 lampiran.

ABSTRACT

Diaper rash is the 3 most common skin diseases found in infants and toddlers in the world. This is due to the trend where the use of instant diapers is very often used. The use of disposable diapers that are not permeable to water, making hot skin the basis for triggering diaper rash. This worries By.F.'s mother, who had her first child's experience with diaper rash.

The purpose of providing care "Application of Virgin Coconut Oil Provision to Prevent Diaper Rash in Infants" against By . F age 14 days to give Virgin Coconut oil to prevent diaper rash

The method used is a case study with the application of varney 7-step obstetric care. The target of this case study is By.F age 14 days. The object of obstetric care is the application of Virgin Coconut Oil (VCO) or coconut oil for 5 days to prevent Diaper Rash at the age of 14 days at TPMB Yulina wati, S.Tr.Keb. Data collection was also carried out by conducting interviews with Mrs. D as By.F's mother, as well as physical examinations which included inspection, palpation, auscultation, and observation.

Results after giving Virgin Coconut Oil for 5 days every morning and evening after the baby bathed, found no signs of Diaper Rash / diaper rash. The skin is cleaner and keeps its moisture up. It can be concluded that giving Virgin Coconut Oil can prevent diaper rash. The use of VCO (Virgin Coconut Oil) to prevent diaper rash should be given to babies who have diaper rash at TPMB Yulina Wati, S.Tr. Keb, provided and applied the use of VCO (Virgin Coconut Oil). And education is held on how to prevent, symptoms, and also handle diaper rash regularly so that the incidence of diaper rash can be minimized.

Keywords : Virgin Coconut Oil, Diaper Rash

Bibliography : 34 (2015-2024)