

**POLITEKNIK KESEHATAN KEMENKES TANJUNGPURUNING
JURUSAN KEBIDANAN**

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Hubungan Pengetahuan Ibu Hamil Tentang Gizi Pada Kehamilan Dengan Kejadian Anemia Di Wilayah Kerja Puskesmas Tanjung Sari, Kecamatan Tanjung Sari, Kabupaten Lampung Selatan Tahun 2024

(xvi + 44 halaman, 7 tabel, dan 9 lampiran)

RINGKASAN

Angka anemia pada ibu hamil di Indonesia masih cukup tinggi, Dinas Kesehatan provinsi Lampung tahun 2022 menyatakan sebanyak 76,9% angka anemia pada ibu hamil, di provinsi Lampung sebanyak 8.775 kasus ibu hamil dengan anemia. Tujuan Penelitian ini adalah untuk mengetahui hubungan pengetahuan ibu hamil tentang gizi pada kehamilan dengan kejadian anemia dalam kehamilan di Puskesmas Tanjung Sari Kec. Tanjung Sari Kab. Lampung Selatan Tahun 2024. Penelitian ini dilakukan pada bulan Maret-Mei 2024. Rancangan penelitian ini merupakan kuantitatif dengan pendekatan probability sampling. Populasi adalah seluruh ibu hamil yang memeriksakan kehamilannya sebanyak 488 ibu hamil di Puskesmas selama tiga bulan terakhir (Maret s/d Mei 2024). Teknik pengambilan sampel menggunakan purposive sampling yaitu sebanyak 91 ibu hamil. Data diperoleh dengan menyebarkan lembar kuesioner. Berdasarkan hasil uji *chi-square* menunjukkan bahwa ada hubungan antara pengetahuan dengan kejadian anemia dalam kehamilan dengan nilai $p = 0,025 < p = 0,05$. Kesimpulan dari penelitian ini yaitu terdapat hubungan antara pengetahuan ibu hamil dengan kejadian anemia di Wilayah Kerja Puskesmas Tanjung Sari Tahun 2024. Saran bagi ibu hamil agar lebih aktif menggali informasi tentang anemia dalam kehamilan sehingga ibu hamil lebih sehat dan terhindar dari anemia.

Kata Kunci : Pengetahuan, Gizi, Ibu Hamil, Anemia

Daftar Bacaan : 30 (2010-2023)

**TANJUNGPURBA MINISTRIAL POLYTECHNIC HEALTH
POLYTECHNIC DEPARTMENT OF MIDWIFERY**

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The Relationship Of Pregnant Women's Knowledge About Nutrition In Pregnancy and The Incidence Of Anemia in The Working Area Of The Tanjung Sari Health Center, Kec. Tanjung Sari Kab. South Lampung Year 2024.

(xvi + 44 Pages, 7 Tables, 9 appendices)

ABSTRACT

The rate of anemia in pregnant women in Indonesia is still quite high, the Lampung provincial Health Service in 2022 stated that the rate of anemia in pregnant women was 76.9%, in Lampung province there were 8,775 cases of pregnant women with anemia. The aim of this research is to determine the relationship between pregnant women's knowledge about nutrition in pregnancy and the incidence of anemia in pregnancy at the Tanjung Sari Community Health Center, Kec. Tanjung Sari District. South Lampung in 2024. This research was conducted in March-May 2024. This research design was quantitative with a probability sampling approach. The population is all 488 pregnant women who had their pregnancies checked at the Community Health Center during the last three months (March to May 2024). The sampling technique used purposive sampling, namely 91 pregnant women. Data was obtained by distributing questionnaire sheets. Based on the results of the chi-square test, it shows that there is a relationship between knowledge and the incidence of anemia in pregnancy with a value of $p = 0.025 < p = 0.05$. The conclusion of this research is that there is a relationship between pregnant women's knowledge and the incidence of anemia in the Tanjung Sari Community Health Center Work Area in 2024. Suggestions for pregnant women are to be more active in exploring information about anemia in pregnancy so that pregnant women are healthier and avoid anemia.

Keywords : Knowledge, Nutrition, Pregnant Women, Anemia

Reading List : 30 (2010-2023)