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PENERAPAN *ART THERAPY* PADA PASIEN SKIZOFRENIA YANG MENGALAMI MASALAH KEPERAWATAN GANGGUAN PERSEPSI SENSORI: HALUSINASI PENDENGARAN DI WILAYAH KERJA PUSKESMAS KOTABUMI I.
xviii + 48 halaman, 4 tabel, 2 gambar, 5 lampiran

ABSTRAK

Skizofrenia adalah suatu penyakit otak persisten dan serius yang mengakibatkan perilaku psikotik. Halusinasi adalah salah satu gejala gangguan jiwa dimana klien mengalami perubahan sensori persepsi, merasakan sensasi palsu berupa suara, penglihatan, pengecap, perabaan atau penghiduan. *Art therapy* dilakukan karena dapat mengontrol halusinasi pendengaran secara mandiri kepada pasien dan efektif dalam menurunkan tanda dan gejala halusinasi. Penelitian ini bertujuan memperoleh gambaran dalam melakukan penerapan *art therapy* pada pasien skizofrenia yang mengalami masalah keperawatan gangguan persepsi sensori: halusinasi pendengaran di Wilayah Kerja Puskesmas Kotabumi I. Penelitian ini menggunakan desain studi kasus dengan melakukan penerapan *art therapy* pada pasien yang mengalami masalah keperawatan gangguan persepsi sensori halusinasi pendengaran di Puskesmas Kotabumi I Kabupaten Lampung Utara. Hasil penelitian menunjukkan bahwa setelah diberikan tindakan keperawatan berupa *Art Therapy* pada satu partisipan terjadi penurunan tanda dan gejala. Kesimpulan dari penelitian ini bahwa tindakan keperawatan *Art Therapy* dapat menurunkan tanda dan gejala gangguan persepsi sensori halusinasi pendengaran. Perawat diharapkan dapat memberikan tindakan keperawatan *Art Therapy* kepada pasien gangguan persepsi sensori halusinasi pendengaran.

Kata kunci :Skizofrenia, *art therapy*, halusinasi pendengaran.
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*APPLICATION OF ART THERAPY IN SCHIZOPHRENIA PATIENTS WHO
EXPERIENCE NURSING PROBLEMS SENSORY PERCEPTION DISORDERS:
AUDITORY HALLUCINATIONS IN THE WORK AREA OF KOTABUMI I HEALTH
CENTER.*

xviii + 48 pages, 4 tables, 2 pictures, 5 appendices

ABSTRACT

Schizophrenia is a persistent and serious brain disease that results in psychotic behaviour. Hallucinations are one of the symptoms of mental disorders where clients experience changes in sensory perception, feeling false sensations in the form of sound, sight, taste, touch or smell. Art therapy is conducted because it can control auditory hallucinations independently to patients and is effective in reducing signs and symptoms of hallucinations. This study aims to obtain an overview of the application of art therapy in schizophrenic patients who experience nursing problems with sensory perception disorders: auditory hallucinations in the Kotabumi I Health Centre Working Area. This study uses a case study design by applying art therapy to patients experiencing nursing problems with sensory perception disorders of auditory hallucinations at the Kotabumi I Health Centre, North Lampung Regency. The results showed that after being given nursing action in the form of Art Therapy in one participant there was a decrease in signs and symptoms. The conclusion of this study is that Art Therapy nursing actions can reduce the signs and symptoms of auditory hallucinations sensory perception disorder. Nurses are expected to provide Art Therapy nursing actions to patients with auditory hallucination sensory perception disorder.

*Keywords : Schizophrenia, art therapy, auditory hallucination
Reference : 26 (2015-2024)*