

**JURUSAN KEBIDANAN  
PROGRAM STUDI SARJANA TERAPAN KEBIDANAN  
POLTEKKES KESEHATAN TANJUNGPINANG  
Skripsi, Mei 2024**

**Alif Rahma Shiddiqah  
2015301002**

**GAMBARAN KARAKTERISTIK PENGETAHUAN IBU HAMIL  
TENTANG PENCEGAHAN PREEKLAMPSIA DI PUSKESMAS  
BANDAR JAYA KABUPATEN  
LAMPUNG TENGAH**

xvi + 65 halaman + 4 tabel + 2 gambar + 8 lampiran

**ABSTRAK**

Preeklamsia merupakan suatu kejadian pada ibu yang mengalami kehamilan >20 minggu dengan ditandai seperti hipertensi, proteinuria maupun edema. Berdasarkan data dari Profil Kesehatan Kabupaten Lampung Tengah, memiliki kasus preeklamsia pada tahun 2022 sebanyak 295 kasus. Bandarjaya termasuk wilayah dengan kasus preeklamsia tinggi di Kabupaten Lampung Tengah dari 35 puskesmas yang berada di wilayah ini, yaitu sebanyak 8 kasus.

Penelitian ini bertujuan untuk mengetahui gambaran karakteristik pengetahuan ibu hamil tentang pencegahan preeklamsia di wilayah kerja Puskesmas Bandar Jaya tahun 2024.

Desain penelitian deskriptif dengan sampel sebanyak 99 ibu hamil yang melakukan pemeriksaan kehamilan di Puskesmas Bandar Jaya. Teknik sampling menggunakan *Accidental Sampling*. Pelaksanaan penelitian ini di wilayah kerja Puskesmas Bandarjaya pada bulan April-Mei 2024. Pada penelitian ini, data diambil melalui kuesioner.

Hasil penelitian ini diketahui tingkat pengetahuan ibu hamil tentang pencegahan preeklamsia di Puskesmas Bandarjaya tahun 2024 dikategorikan cukup sebanyak 62 responden (62,6%), 16 responden (16,2%) memiliki tingkat pengetahuan rendah, dan 21 responden (21,2%) memiliki tingkat pengetahuan tinggi. Dimana usia terbanyak adalah usia 20-35 tahun sebanyak 63 orang (63,6%). Pendidikan terbanyak adalah SMA sebanyak 50 orang (50,5%) dan pekerjaan responden terbanyak yaitu Ibu Rumah Tangga sebanyak 77 orang (77,8%). Diharapkan dapat menjadi masukan untuk meningkatkan asuhan kebidanan kepada ibu hamil tentang pencegahan preeklamsia.

**Kata Kunci** : Preeklamsia, ibu hamil

**Daftar Bacaan** : 58 ( 2005-2023 )

**MIDWIFERY DEPARTMENT  
UNDERGRADUATE APPLIED MIDWIFERY STUDY PROGRAM  
TANJUNGPURBA HEALTH POLTEKKES  
THESIS, MAY 2024**

Alif Rahma Shiddiq

**DESCRIPTION OF THE CHARACTERISTICS OF KNOWLEDGE OF  
PREGNANT WOMEN ABOUT THE PREVENTION OF PREECLAMPSIA  
AT THE BANDAR JAYA HEALTH CENTER  
CENTRAL LAMPUNG DISTRICT**

xvi + 65 Pages + 4 tables + 2 image + 8 attachments

**ABSTRACT**

Preeclampsia is an event in mothers who experience pregnancy > 20 weeks with marked such as hypertension, proteinuria and edema. Based on data from the Central Lampung District Health Profile, there were 295 cases of preeclampsia in 2022. Bandarjaya is an area with high preeclampsia cases in Central Lampung Regency out of 35 health centers in this region, which is 8 cases. This study aims to determine the level of knowledge of pregnant women about the prevention of preeclampsia in the Bandar Jaya Health Center working area.

Descriptive research design with a sample of 99 pregnant women who performed pregnancy checks at the Bandar Jaya Health Center. The sampling technique used in this study was Accidental Sampling. This research was conducted in the Bandar Jaya Health Center working area, Central Lampung Regency in April-May 2024.

In this study, data were collected through questionnaires filled out by the respondents themselves.

The results of this study are known that the level of knowledge of pregnant women about the prevention of preeclampsia at the Bandarjaya Health Center in 2024 is categorized as sufficient as 62 respondents (62.6%), 16 respondents (16.2%) have a low level of knowledge, and 21 respondents (21.2%) have a high level of knowledge. Where the most age is the age of 20-35 years as many as 63 people (63.6%). The most education is high school with 50 people (50.5%) and the most respondents' jobs are housewives with 77 people (77.8%). It is expected to be an input to improve obstetric care for pregnant women about the prevention of preeclampsia.

Keywords : Preeclampsia, pregnant women

Literature : 58 ( 2005-2023 )