

**POLITEKNIK KESEHATAN TANJUNGPURUN  
JURUSAN KEPERAWATAN TANJUNGPURUN  
PRODI DIII KEPERAWATAN TANJUNGPURUN**

Laporan Tugas Akhir, Mei 2024

**Alimah**

**ASUHAN KEPERAWATAN  
DENGAN GANGGUAN KEBUTUHAN  
RASA NYAMAN (NYERI AKUT) PADA PASIEN  
POST OPERASI NEFROLITIASIS DI RUANG BEDAH  
UMUM RSUD JENDERAL AHMAD YANI KOTA METRO  
TAHUN 2024**

Xiv + 68 Halaman + 16 Tabel + 4 Gambar + 8 Lampiran

**ABSTRAK**

Kementrian Kesehatan RI, (2020) prevelensi batu ginjal atau *nefrolitiasis* di provinsi lampung mencapai 2000 jiwa penyakit ini merupakan penyakit terbanyak di bidang urologi. Berdasarkan data dari Ruang Bedah Umum RSUD Jenderal Ahmad Yani Metro dari bulan Januari sampai dengan Novemver 2023 didapatkan data penyakit *nefrolitiasis* sebanyak 78. Tujuan penulisan laporan ini adalah menggambarkan pelaksanaan asuhan keperawatan gangguan kebutuhan rasa nyaman (nyeri akut) pada pasien post operasi *nefrolitiasis* di Ruang Bedah Umum RSUD Jenderal Ahmad Yani Metro. Penulisan ini menggunakan pendekatan asuhan keperawatan berfokus pada dua subyek asuhan yang mengalami gangguan kebutuhan rasa nyaman (nyeri akut). Metode pengumpulan data yang digunakan yaitu, pengkajian, pemeriksaan fisik, analisa data, intervensi, implementasi dan evaluasi. Asuhan keperawatan kedua pasien dilakukan dari tanggal 02 sampai 06 2024. Asuhan keperawatan yang didapat adalah gangguan rasa nyaman (nyeri akut) sehingga dilakukan intervensi dan implementasi keperawatan sesuai SIKI (2018) yaitu manajemen nyeri. Hasil asuhan keperawatan yang didapatkan pada kedua pasien selama tiga hari, didapatkan data bahwa pasien 1 (Tn.K) keluhan nyeri menurun, meringis menurun, sikap protektif menurun, skala nyeri menurun dari skala 6 menjadi 2. Pasien 2 (Tn.N) didapatkan data keluhan nyeri menurun, meringis menurun, sikap protektif menurun skala nyeri menurun dari skala 5 menjadi 1. Penulis menyarankan menggunakan manajemen nyeri untuk memenuhi kebutuhan rasa nyaman (nyeri akut) pada pasien post operasi *nefrolitiasis*.

Kata kunci: Asuhan keperawatan, *nefrolitiasis*, gangguan rasa nyaman (nyeri akut)

Daftar pustaka: 22 (2018-2022)

**TANJUNGPURBAN HEALTH POLYTECHNIC  
TANJUNGPURBAN NURSING DEPARTMENT  
TANJUNGPURBAN NURSING STUDY PROGRAM DIII**  
Scientific Writing Reports, May 2024  
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**NURSING CARE  
WITH THE INTERRUPTION OF NEEDS  
COMFORT (ACUTE PAIN) IN PATIENTS  
POST NEPHROLITHIASIS SURGERY IN THE GENERAL  
SURGERY ROOM OF GENERAL AHMAD YANI  
HOSPITAL METRO CITY YEAR 2024**

Xiv + 68 Pages + 16 Tables + 4 Image + 8 Appendices

**ABSTRACT**

Ministry of Health of the Republic of Indonesia, (2020) the prevalence of kidney stones or nephrolithiasis in Lampung Province reaches 2000 people, this disease is the most common disease in the field of urology. Based on data from the General Surgery Room of General Ahmad Yani Metro Hospital, from January to November 2023, 78 nephrolithiasis data were obtained. The purpose of writing this report is to describe the implementation of nursing care for disorders of comfort needs (acute pain) in postoperative nephrolithiasis patients in the General Surgery Room of General Ahmad Yani Metro Hospital. This writing uses a nursing care approach focusing on two care subjects who experience impaired comfort needs (acute pain). Research methods used are assessment, physical examination, data analysis, intervention, implementation and evaluation. The nursing care of both patients is carried out from 02 to 06 2024. The nursing care obtained is a comfort disorder (acute pain) so that intervention and implementation of nursing are carried out according to SIKI (2018), namely pain management. The results of nursing care obtained in both patients for three days, data were obtained that patient 1 (Mr.K) complaints of pain decreased, grimace decreased, protective attitude decreased, pain scale decreased from scale 6 to 2. Patient 2 (Mr.N) obtained data on pain complaints decreased, grimace decreased, protective attitude decreased pain scale decreased from scale 5 to 1. The authors suggest using pain management to meet the needs of comfort (acute pain) in postoperative nephrolithiasis patients.

Key words: Nursing care, nephrolithiasis, impaired comfort (acute pain)  
Reference list: 22 (2018-2022)