

**POLITEKNIK KESEHATAN KEMENKES TANJUNGPURUNING
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Hubungan Riwayat Penyakit Infeksi Dengan Kejadian Stunting Pada Anak Balita di Wilayah Kerja Puskesmas Natar Kabupaten Lampung Selatan Tahun 2023.

xviii + 50 halaman + 5 tabel + 2 gambar + 16 lampiran

ABSTRAK

Stunting adalah sebuah kondisi dimana balita mempunyai panjang atau tinggi badan yang kurang jika dibandingkan dengan umur. Jumlah data *stunting* di wilayah Natar pada tahun 2022 sebanyak 5,16%. Penyakit infeksi dapat mempengaruhi *stunting* apabila durasi terinfeksi cukup lama yang menyebabkan asupan makan akan terus berkurang dan menyebabkan anak kekurangan zat gizi untuk tubuhnya.

Tujuan penelitian ini diketahui hubungan riwayat penyakit infeksi dengan kejadian *stunting* pada anak balita di wilayah kerja Puskesmas Natar Kabupaten Lampung Selatan tahun 2023.

Jenis penelitian kuantitatif dengan rancangan *case control*. Populasi seluruh balita usia 0-59 bulan di wilayah kerja Puskesmas Natar sebanyak 227 balita dengan sampel yang digunakan sebanyak 128 responden menggunakan teknik *cluster sampling*. Penelitian ini telah dilaksanakan di wilayah kerja Puskesmas Natar Kabupaten Lampung Selatan pada bulan April-Mei 2024. Pengumpulan data menggunakan lembar kuesioner. Analisis data secara univariat dan bivariat (*uji chi square*).

Diketahui dari 128 responden sebanyak 64 (50,0%) responden tidak mengalami kejadian *stunting* dan sebanyak 90 (70,3%) responden tidak memiliki riwayat penyakit infeksi. Ada hubungan riwayat penyakit infeksi dengan kejadian *stunting* pada anak balita di wilayah kerja Puskesmas Natar Kabupaten Lampung Selatan tahun 2023 dengan nilai (*p-value* = 0,000). Saran agar pihak Puskesmas meningkatkan upaya promosi gizi ibu selama hamil dan pemberian ASI eksklusif dengan menyebar leaflet.

Kata Kunci : Kejadian *Stunting*, Riwayat Infeksi, Balita
Bahan Pustaka : 50 (2015-2023)

TANJUNGPOLYTECHNIC OF HEALTH
MAJORING OF MIDWIFERY
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The Relationship Between History Of Infectious Disease And The Incidence Of Stunting In Children Under Five In Working Area Of The Natar Health Center South Lampung District Year 2023.

(xviii + 50 pages + 5 tables + 2 figures + 16 attachments)

ABSTRACT

Stunting is a condition where toddlers have less length or height when compared to age. The amount of stunting data in the Natar area in 2022 was 5.16%. Infectious diseases can affect stunting if the duration of infection is long enough to cause food intake to continue to decrease and cause children to lack nutrients for their bodies.

The purpose of this study was to determine the relationship between the history of infectious diseases and the incidence of stunting in children under five years of age in the working area of the Natar Health Center, South Lampung Regency in 2023.

Quantitative research type with case control design. The population of all toddlers aged 0-59 months in the Natar Health Center working area was 227 toddlers with a sample used as many as 128 respondents using the cluster sampling technique. This study was conducted in the work area of the Natar Health Center, South Lampung Regency in April-May 2024. Data collection using questionnaire sheets. Data analysis was univariate and bivariate (chi square test).

It is known that out of 128 respondents, 64 (50.0%) respondents did not experience stunting and 90 (70.3%) respondents did not have a history of infectious disease. There is a relationship between the history of infectious diseases and the incidence of stunting in children under five in the working area of the Natar Health Center, South Lampung Regency in 2023 with a value (p-value = 0.000). It is suggested that the Puskesmas increase efforts to promote maternal nutrition during pregnancy and exclusive breastfeeding by distributing leaflets.

Keywords: *Stunting, Infection History, Toddlers*
Literature: 50 (2015-2023)