

POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KEPERAWATAN
PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN

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Irma Noviyanti Sitanggung

**HUBUNGAN DUKUNGAN KELUARGA DENGAN KUALITAS HIDUP
PADA LANSIA GAGAL GINJAL KRONIK YANG MENJALANI
HEMODIALISA DI RSUD Dr. H. ABDUL MOELOEK PROVINSI
LAMPUNG TAHUN 2024**

xvi + 59 halaman, 6 tabel, dan 2 gambar, dan 8 lampiran

ABSTRAK

Berdasarkan Riset Kesehatan Dasar (Riskesdas) Tahun 2018 jumlah pasien gagal ginjal kronik di Indonesia sebanyak 713.783 penderita, sedangkan di Provinsi Lampung insiden Gagal Ginjal Kronik (GGK) yaitu 22.171 kasus. Kualitas hidup pasien gagal ginjal kronis yang menjalani hemodialisa perlu diperhatikan terutama pada lansia. Beberapa cara untuk meningkatkan kualitas hidup pasien gagal ginjal kronis yang menjalani hemodialisa adalah penerapan dukungan keluarga. Penelitian bertujuan mengetahui hubungan dukungan keluarga dengan kualitas hidup lansia GGK yang menjalani hemodialisa. Penelitian kuantitatif dengan desain analitik pendekatan *cross sectional*. Penelitian dilakukan pada Maret-April 2024 di Ruang Hemodialisa RSUD Dr. H. Abdul Moeloek Provinsi Lampung. Jumlah sampel 45 orang. Pengumpulan data menggunakan *Brief Illness Perception Questionnaire* (B-IPQ) untuk mengukur dukungan keluarga dan kuesioner *World Health Organization Quality Of Life* (WHOQOL)-Bref untuk mengukur kualitas hidup pasien. Didapatkan dukungan keluarga difungsional sebanyak 34 responden (75,6%) dan sebanyak 11 (24,4%) responden memiliki dukungan keluarga fungsional. kualitas hidup lansia sebanyak 32 (71,1%) responden memiliki kualitas hidup kurang baik dan kualitas hidup baik sebanyak 13 (28,9%) responden. Hasil uji *chi square* didapatkan nilai *p-value* = 0,000 ($p < 0,05$) disimpulkan ada hubungan dukungan keluarga dengan kualitas hidup pada lansia gagal ginjal kronik yang menjalani hemodialisa di RSUD Dr. H. Abdul Moeloek Tahun 2024. Diharapkan penelitian ini dapat meningkatkan dukungan keluarga dengan GGK terutama lansia yang menjalankan hemodialisa agar melakukan edukasi kepada keluarga untuk mengetahui dan memahami pentingnya dukungan keluarga terhadap kualitas hidup lansia.

Kata Kunci : GGK, Kualitas Hidup, Dukungan Keluarga, Hemodialisa
Referensi : 48 (2001-2024)

**TANJUNGPOLYTECHNIC OF HEALTH
TANJUNGPOLY SCHOOL OF NURSING
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Irma Noviyanti Sitanggang

***THE RELATIONSHIP OF FAMILY SUPPORT WITH QUALITY OF LIFE
IN ELDERLY WITH CHRONIC KIDNEY FAILURE WHO UNDERGOING
HEMODIALYSIS AT DR. H. ABDUL MOELOEK HOSPITAL LAMPUNG
PROVINCE IN 2024***

xvi + 59 pages, 6 tables and 2 figures, 8 attachments

ABSTRACT

Based on Basic Health Research (Riskesdas) in 2018, the number of chronic kidney failure patients in Indonesia was 713,783, while in Lampung Province the incidence of Chronic Kidney Failure (CKD) was 22,171 cases. The quality of life of chronic kidney failure patients undergoing hemodialysis needs to be considered, especially in the elderly. Several ways to improve the quality of life of chronic kidney failure patients undergoing hemodialysis are the implementation of family support. The research aims to determine the relationship between family support and the quality of life of CKD elderly people undergoing hemodialysis. Quantitative research with a cross sectional approach analytical design. The research was conducted in March-April 2024 in the Hemodialysis Room at Dr. H. Abdul Moeloek Lampung Province. The total sample was 45 people. Data collection used the Brief Illness Perception Questionnaire (B-IPQ) to measure family support and the World Health Organization Quality of Life (WHOQOL)-Bref questionnaire to measure the patient's quality of life. It was found that There were 34 respondents (75.6%) functional family support and 11 (24.4%) respondents had functional family support for The quality of life of the elderly as many as 32 (71.1%) respondents had a poor quality of life and a good quality of life as many as 13 (28.9%) respondents. The results of the chi square test obtained a p-value = 0.021 ($p < 0.05$). The conclusion was that there was a relationship between family support and quality of life in elderly people with chronic kidney failure who underwent hemodialysis at RSUD Dr. H Abdul Moeloek In 2024, it is hoped that this research can increase support for families with CKD, especially elderly people who undergo hemodialysis, so that they educate families to know and understand the importance of family support for the quality of life of elderly people

Keywords : CKD, Family Support, Quality of Life, hemodialysis
References : 48 (2001-2024)