

**POLITEKNIK KESEHATAN KEMENKES TANJUNG KARANG**  
**JURUSAN KEBIDANAN**

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**Hubungan Konsumsi Table Fe Dengan Kejadian Stunting Pada Balita Di Wilayah Kerja Puskesmas Gisting, Kecamatan Gisting ,Tanggamus**

**Xvi + 79 halaman, 8 tabel, 2 gambar dan 10 lampiran**

**ABSTRAK**

Salah satu permasalahan utama terkait gizi yang masih mengemuka di Indonesia adalah stunting, Prevalensi angka stunting di atas 20% di Provinsi Lampung adalah Kabupaten Pesawaran, Lampung Utara, Mesuji dan Tanggamus. Prevalensi angka stunting di kabupaten Tanggamus sebesar 20,4% pada tahun 2022. Pada Kecamatan Gisting angka stunting pada tahun 2021 yaitu sebesar 10,71% dengan jumlah kasus 147 kasus stunting. Penelitian ini bertujuan untuk mengetahui hubungan konsumsi tablet fe dengan kejadian stunting pada balita di wilayah kerja puskesmas giting kabupaten tanggamus.

Jenis penelitian ini menggunakan metode analitik dengan desain penelitian ini menggunakan *Cross Sectional*, Populasi dari penelitian ini adalah balita yang berusia 2 tahun berjumlah 104 di Puskesmas Gisting, Kabupaten Tanggamus, dengan pengambilan sampel total population. Sampel terdiri dari 104 balita. Teknik pengumpulan data penelitian ini menggunakan data primer berupa kuesioner dan data sekunder dari rekam medik. Teknik analisis data penelitian ini menggunakan hasil *uji chi-square*.

Hasil analisis menunjukkan bahwa bahwa dari 58 responden (58,0%) yang tidak patuh dalam mengkonsumsi tablet fe, terdapat 35 orang (29,0%) balita yang tidak mengalami stunting, dan 23 orang (29,0%) balita yang mengalami stunting. Berdasarkan hasil analisis data di peroleh hasil terdapat hubungan antara konsumsi table fe dengan kejadian stunting pada balita dengan nilai  $P(0,018) < \alpha(0,05)$

Kesimpulan Hubungan Konsumsi Tablet Fe dengan Kejadian Stunting di Wilayah Kerja Puskesmas Gisting, Kecamatan Gisting, Kabupaten Tanggamus. Saran yang di berikan adalah mendorong para ibu dan ibu hamil agar lebih mengetahui dan patuh terhadap konsumsi tablet fe untuk mencegah stunting pada balita sedini mungkin.

Kata kunci : Tablet Fe, Stunting, Balita

Daftar bacann : 48

**POLYTECHNIC OF HEALTH MINISTRY TANJUNG KARANG  
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*Thesis, May 2024*

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***The Relationship Between Iron Tablet Consumption and Stunting Incidence in Toddlers in the Work Area of Gisting Community Health Center, Gisting District, Tanggamus.***

***Xvi + 79 pages, 8 tables, 2 figures, and 10 appendices***

**ABSTRACT**

*One of the main nutritional problems still prevalent in Indonesia is stunting. The prevalence of stunting above 20% in Lampung Province includes Pesawaran, North Lampung, Mesuji, and Tanggamus districts. The prevalence of stunting in Tanggamus district was 20.4% in 2022. In Gisting district, the prevalence of stunting in 2021 was 10.71% with 147 cases of stunting. This study aims to determine the relationship between iron tablet consumption and stunting incidence in toddlers in the working area of Gisting community health center in Tanggamus district.*

*This research used an analytical method with a Cross-Sectional study design. The population of this study was toddlers aged 2 years totaling 104 in Gisting Community Health Center, Tanggamus District, with total population sampling. The sample consisted of 104 toddlers. The data collection technique used in this study was primary data in the form of questionnaires and secondary data from medical records. The data analysis technique used in this study was the chi-square test.*

*The analysis results showed that out of 58 respondents (58.0%) who were not compliant in consuming iron tablets, there were 35 (29.0%) toddlers who did not experience stunting, and 23 (29.0%) toddlers who experienced stunting. Based on the analysis results, there was a relationship between iron tablet consumption and stunting incidence in toddlers with a P-value  $(0.018) < \alpha (0.05)$ .*

*Conclusion: There is a Relationship between Iron Tablet Consumption and Stunting Incidence in the Working Area of Gisting Community Health Center, Gisting District, Tanggamus. The recommendation is to encourage mothers and pregnant women to be more knowledgeable and compliant in iron tablet consumption to prevent stunting in toddlers as early as possible.*

*Keywords : Iron Tablet, Stunting, Toddlers*

*Reading List : 48*