

**POLITEKNIK KESEHATAN TANJUNGPURUN  
JURUSAN KEPERAWATAN  
PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN  
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**Berliana Oktavia**

**FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN KELANCARAN  
ASI PADA IBU POST SEKSIO SESAREA DI RSIA ANUGERAH  
MEDICAL CENTER PROVINSI LAMPUNG TAHUN 2023**

(xvi + 45 halaman, 6 tabel, 2 gambar, 5 lampiran)

**ABSTRAK**

Ada sebanyak 70% pasien dengan post seksio sesarea di RSIA Anugerah Medical Center provinsi Lampung tahun 2023 mengalami ketidak lancaran ASI. Banyak faktor yang mempengaruhi kelancaran ASI diantaranya dukungan keluarga, pengetahuan tentang teknik menyusui, dan frekuensi menyusui. Tujuan penelitian mengetahui faktor apa saja yang berhubungan dengan kelancaran ASI di RSIA Anugerah Medical Center Provinsi Lampung tahun 2023. Penelitian menggunakan desain survei analitik dengan pendekatan *cross sectional*. Populasi penelitian seluruh ibu post seksio sesarea dengan spinal anastesi. Teknik pengambilan sampel menggunakan *accidental sampling* jumlah 94 responden. Metode analisa data dengan cara analisis univariat dan bivariat dengan uji *chi-square*. Hasil penelitian didapatkan dari 94 responden ada 62 responden mengalami ASI tidak lancar, dan dari 94 responden menunjukkan ada hubungan dukungan keluarga dengan kelancaran ASI dengan nilai  $p\text{-value} = 0,000$  ( $p < 0,05$ ), ada hubungan pengetahuan tentang teknik menyusui dengan kelancaran ASI dengan nilai  $p\text{-value} = 0,000$  ( $p < 0,05$ ), dan ada hubungan frekuensi menyusui dengan kelancaran ASI dengan nilai  $p\text{-value} = 0,000$  ( $p < 0,05$ ). Dapat disimpulkan dukungan keluarga, pengetahuan ibu tentang teknik menyusui, dan frekuensi menyusui ada hubungan dengan kelancaran ASI pada pasien post seksio sesarea di RSIA Anugerah Medical Center Provinsi Lampung tahun 2023. Peneliti menyarankan perawat dalam mengatasi ketidak lancaran ASI pasien post seksio sesarea dapat melakukan pendidikan kesehatan kepada pasien dan keluarga tentang dukungan keluarga, teknik menyusui dan frekuensi menyusui pada bayi sehingga ketidaklancaran ASI pasien post seksio sesarea dapat teratasi.

Kata Kunci : Dukungan Keluarga, Frekuensi Menyusui, Pengetahuan Teknik Menyusui, Kelancaran Asi.

Referensi : 44 (2013-2020)

**TANJUNG KARANG POLYTECHNIC OF HEALTH  
TANJUNGKARANG SCHOLL OF NURSING  
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**Berliana Oktavia**

**FACTORS RELATED TO THE ASI FOR POST SEKSIO SESAREA  
MOTHERS AT RSIA ANUGERAH MEDICAL CENTER LAMPUNG  
PROVINCE IN 2023**

(xvi + 45 pages, 6 tables, 2 pictures, 5 enclosures)

**ABSTRACT**

There are as many as 70% of patients with post seksio sesarea at RSIA Anugerah Medical Center in Lampung province in 2023 experiencing non-fluent breastfeeding. Many factors affect the smoothness of breastfeeding including family support, knowledge of breastfeeding techniques, and frequency of breastfeeding. The research objective is to find out what factors are related to the smoothness of breastfeeding at RSIA Anugerah Medical Center in Lampung Province in 2023. The study used an analytic survey design with a cross sectional approach. The study population was all mothers post seksio sesarea with spinal anesthesia. The sampling technique used accidental sampling of 94 respondents. Methods of data analysis by means of univariate and bivariate analysis with chi-square test. The results of the study were obtained from 94 respondents, 62 respondents experienced non-fluent breastfeeding, and from 94 respondents showed that there was a relationship between family support and smooth breastfeeding with a p-value = 0.000 ( $p < 0.05$ ), there was a relationship between knowledge of breastfeeding techniques and smooth breastfeeding. with a p-value = 0.000 ( $p < 0.05$ ), and there is a relationship between the frequency of breastfeeding and the smoothness of breastfeeding with a p-value = 0.000 ( $p < 0.05$ ). It can be concluded that family support, mother's knowledge about breastfeeding techniques, and frequency of breastfeeding have a relationship with the smoothness of breastfeeding in post-cesarean section patients at RSIA Anugerah Medical Center, Lampung Province in 2023. Researchers suggest nurses in dealing with non-fluency of breastfeeding in post-seksio sesarea patients can conduct health education to patients and their families regarding family support, breastfeeding techniques and the frequency of breastfeeding in infants so that the delay in breastfeeding in post-cesarean section patients can be resolved.

**Keywords** : Family support, Frequency of breastfeeding, Knowledge of  
Breastfeeding Techniques  
**Reference** : 44 (2013-2020)