Alfiaturrohmi

PENGARUH REFLEKSI KAKI TERHADAP PENURUNAN INTENSITAS NYERI IBU POST SECTIO CAESAREA DI RUANG RAWAT INAP RSIA ANUGERAH MEDICAL CENTER METRO PROVINSI LAMPUNG TAHUN 2023
xvi + 53 halaman, 8 tabel, 4 gambar, 9 lampiran

ABSTRAK

World Health Organization (WHO) menunguraikan tingkat kejadian angka persalinan dengan tindakan Sectio Caesarea menjadi 46% di Cina dan 25% di Asia, Eropa, dan Amerika Latin. Hasil survei Riset Kesehatan Dasar (Riskedas) tahun 2018, menunjukkan persalinan di fasilitas kesehatan meningkat dari 66,7 menjadi 79,3% Angka kejadian melahirkan dengan metode Sectio Caesarea di Indonesia cukup tinggi yakni sebanyak 17,6%. Bandar Lampung pada tahun 2018 persalinan secara Sectio Caesarea mencapai angka 3.401 dari 170.000 persalinan atau 20% dari seluruh persalinan, RSIA Anugerah Medical Center terdapat 375 pasien sectio caesarea. Berdasarkan penelitian di Amerika tahun 2012, terdapat sebanyak 86,6 juta orang dewasa yang mengalami nyeri akut setiap hari dan 25,5 juta memiliki nyeri kronis. Post sectio caesarea menimbulkan nyeri akibat luka sayatan pada dinding abdomen. Penelitian ini bertujuan untuk mengetahui pengaruh refleksi kaki terhadap penurunan intensitas nyeri ibu post sectio caesarea di ruang rawat inap RSIA Anugerah Medical Centre Tahun 2023. Desain penelitian pre eksperiment dengan menggunakan rancangan penelitian one group pretest post test. Teknik sampling Non Random Sampling, dengan jumlah responden sebanyak 30. Hasil penelitian didapatkan rata-rata penurunan skala nyeri sebelum diberikan perlakuan 7,00, rata-rata skala nyeri sesudah perlakuan pada pagi hari 5,63 dan rata-rata skala nyeri pada sore hari perlakuan adalah sebesar 3,43 ada penurunan rata-rata skala nyeri sebesar 2,20. Uji statistik didapatkan P- Value=0,000 a (<0,05), maka dapat disimpulkan bahwa hipotesis penelitian gagal ditolak dimana terdapat perbedaan skala nyeri yang didapatkan sebelum dan sesudah diberikan intervensi refleksi kaki pada ibu post sectio caesarea di ruang rawat inap RSIA Anugerah Medical Center Provinsi Lampung.

Kata kunci   : Refleksi kaki, nyeri, sectio caesarea
Daftar Referensi   : 17 (2013-2022)

Alfiaturrohmi

THE INFLUENCE OF FOOT REFLECTION ON REDUCING POST SECTIO CAESAREA POST SECTIO CAESAREA INTENSITY IN INPATIENT RSIA ANUGERAH MEDICAL CENTER METRO LAMPUNG PROVINCE, 2023
xvi + 53 pages, 8 tables, 4 figures, 9 attachments

ABSTRACT

The World Health Organization (WHO) estimates that the incidence of births by Sectio Caesarea is 46% in China and 25% in Asia, Europe and Latin America. The results of the 2018 Basic Health Research (Riskedas) survey show that births in health facilities increased from 66.7 to 79.3%. The incidence of giving birth using the Sectio Caesarea method in Indonesia is quite high, namely 17.6%. In Bandar Lampung in 2018, Sectio Caesarea deliveries reached 3,401 out of 170,000 deliveries or 20% of all births, RSIA Anugerah Medical Center had 375 Caesarean section patients. Based on research in America in 2012, there were 86.6 million adults who experienced acute pain every day and 25.5 million had chronic pain. Post caesarean section causes pain due to an incision in the abdominal wall. This study aims to determine the effect of foot reflexology on reducing the intensity of post sectio caesarea maternal pain in the inpatient room of RSIA Anugerah Medical Center in 2023. The pre-experimental study design used a one group research design. pretest posttest. Non-random sampling technique, with a total of 30 respondents. The results showed that the average decrease in pain scale before being given treatment was 7.00, the average pain scale after treatment was 5.63 in the morning and the average pain scale in the afternoon treatment was 3.43, there was an average decrease in pain scale of 2.20. The statistical test obtained P-Value = 0.000 a (<0.05), so it can be concluded that the research hypothesis failed to be rejected where there were differences in the pain scale obtained before and after the foot reflexology intervention was given to post-sectio caesarea mothers in the inpatient room of RSIA Anugerah Medical Lampung Province Center.

Keywords   : Foot reflexology, pain, sectio caesarea
Reference List : 17 (2013-2022)