

POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KEPERAWATAN
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**HUBUNGAN *SELF EFFICACY* DAN *FAMILY SUPPORT* DENGAN
KEMANDIRIAN *ACTIVITY OF DAILY LIVING* (ADL) PADA PASIEN
POST OPERASI SECTIO CAESAREA DI RSIA ANUGERAH MEDICAL
CENTRE KOTA METRO TAHUN 2023**

xvi + 58 halaman, 11 tabel, 2 gambar, 10 lampiran

ABSTRAK

Pembedahan *sectio caesarea* menyebabkan adanya luka pada bekas sayatan daerah abdomen yang menyebabkan keterbatasan gerak dan ketidakmampuan pasien dalam memenuhi *Activity of Daily Living* (ADL). Hal tersebut merupakan salah satu permasalahan yang dialami oleh pasien post operasi *section caesarea*. Jumlah persalinan *section caesarea* di RSIA Anugerah Medical Center Kota Metro tahun 2022 didapatkan rata-rata perbulan sebanyak 150 orang. Berdasarkan hasil *pre survey* didapatkan pasien post operasi *sectio caesarea* dengan tingkat ketergantungan *partial care* yang membutuhkan bantuan keluarga dan perawat serta memiliki efikasi yang kurang baik. *Self efficacy* dan *family support* termasuk faktor penting yang dapat meningkatkan kemandirian pasien dalam melaksanakan ADL. Tujuan penelitian ini untuk mengetahui adanya hubungan *self efficacy* dan *family support* dengan kemandirian ADL pada pasien *post* operasi *sectio caesarea* di RSIA Anugerah Medical Center Kota Metro Tahun 2023. Penelitian ini merupakan penelitian kuantitatif menggunakan desain analitik *survey* non eksperimen dengan pendekatan *cross sectional*. Jumlah sampel sebanyak 95 responden, waktu penelitian satu bulan April 2023. Uji statistik yang digunakan adalah uji *chi square* dengan hasil penelitian menunjukkan adanya hubungan *self efficacy* dengan kemandirian ADL pada pasien *post* operasi *sectio caesarea* dengan nilai *p value* 0,000 ($p < 0,05$) dan OR 21,000 dan terdapat hubungan *family support* dengan kemandirian ADL pada pasien *post* operasi *sectio caesarea* dengan nilai *p value* 0,000 ($p < 0,05$) dan OR 6,625. Peneliti menyarankan agar tenaga kesehatan dapat memperhatikan faktor - faktor yang dapat memengaruhi kemandirian ADL pasien khususnya terkait *self efficacy* dan *family support* serta untuk anggota keluarga agar dapat memberikan dukungan dengan baik dan selalu mendampingi pasien sehingga pasien dapat melakukan ADL secara mandiri dan mempercepat proses pemulihan.

Kata Kunci : *Self Efficacy, Family Support, Activity of Daily Living, SC*
Pustaka : 56 (2013-2022)

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THE RELATIONSHIP BETWEEN SELF EFFICACY AND FAMILY SUPPORT WITH INDEPENDENCE OF ACTIVITY OF DAILY LIVING (ADL) IN POST OPERATIONAL SECTIO CAESAREA PATIENTS AT RSIA ANUGERAH MEDICAL CENTER, METRO CITY, 2023

xvi + 58 pages, 11 tables, 2 images, 10 attachments

ABSTRACT

Sectio caesarea surgery causes scars on the incision scars in the abdominal area which causes movement limitations and the patient's inability to fulfill the Activity of Daily Living (ADL). This is one of the problems experienced by postoperative section caesarea patients. The number of caesarean section deliveries at RSIA Anugerah Medical Center in Metro City in 2022 obtained an average of 150 people per month. Based on the results of the pre-survey, it was found that postoperative sectio caesarea patients with a degree of dependency on partial care who needed help from family and nurses and had poor efficacy. Cell efficacy and family support are important factors that can increase patient independence in carrying out ADLs. The purpose of this study was to determine the relationship between self-efficacy and family support with ADL independence in postoperative sectio caesarea patients at RSIA Anugerah Medical Center Metro City in 2023. This research is a quantitative study using a non-experimental survey analytic design with a cross sectional approach. The number of samples was 95 respondents, the time of study was one month in April 2023. The statistical test used was the chi square test with the results of the study showing a relationship between self efficacy and ADL independence in postoperative sectio caesarea patients with a p value of 0.000 ($p < 0.05$) and OR 21,000 and there is a relationship between family support and ADL independence in postoperative sectio caesarea patients with a p value of 0.000 ($p < 0.05$) and OR 6.625. Researchers suggest that health workers pay attention to factors that can influence patient ADL independence, especially related to self-efficacy and family support as well as for family members so that they can provide good support and always accompany patients so that patients can perform ADLs independently and speed up the recovery process.

*Keywords : Self Efficacy, Family Support, Activity of Daily Living, SC
References : 56 (2013-2022)*