

POLITEKNIK KESEHATAN TANJUNGPINRANG
JURUSAN KEPERAWATAN PROGRAM STUDI STR KEPERAWATAN
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HUBUNGAN PENDAMPINGAN ORANG TUA DENGAN STRES
HOSPITALISASI ANAK PRE OPERASI DI RUANG BEDAH RSUD DR. H.
ABDUL MOELOEK PROVINSI LAMPUNG TAHUN 2023

(xvii + 51 halaman, 2 gambar, 6 tabel, 11 lampiran)

ABSTRAK

Angka kejadian sakit pada anak di Indonesia mencapai lebih dari 45% dari jumlah total populasi anak. Sakit dan hospitalisasi merupakan krisis utama yang dihadapi anak. Selama menjalani hospitalisasi anak akan menghadapi proses perawatan yang sering menimbulkan dampak. Salah satu dampak tersebut adalah stres hospitalisasi. Stres hospitalisasi dapat diminimalkan dengan menerapkan pendampingan orang tua bagi anak. Tujuan penelitian untuk mengetahui hubungan pendampingan orang tua dengan stres hospitalisasi anak pre operasi di ruang bedah RSUD Dr. H. Abdul Moeloek Provinsi Lampung tahun 2023. Jenis penelitian yaitu kuantitatif dengan rancangan *survey analitik* dan pendekatan *cross sectional*. Jumlah sampel penelitian sebanyak 80 responden dengan teknik *accidental sampling*. Waktu penelitian pada 16 Maret-16 April 2023. Hasil penelitian menunjukkan bahwa mayoritas pendampingan orang tua dinilai baik oleh 65 responden (81,3%) dan stres hospitalisasi sebagian besar stres ringan yaitu 64 responden (80%). Data diambil dengan kuesioner dan observasi kemudian dianalisa menggunakan uji *chi-square*. Hasil uji *chi-square* diperoleh *p-value* $(0,000) < \alpha(0,05)$ yang berarti ada hubungan antara pendampingan orang tua dengan stres hospitalisasi anak pre operasi di ruang bedah RSUD Dr. H. Abdul Moeloek Provinsi Lampung tahun 2023. Disarankan memberikan kesempatan bagi orang tua untuk tetap mendampingi anak pre operasi serta menetapkan standar operasional prosedur perawatan yang melibatkan keluarga.

Kata Kunci : pendampingan orang tua, stress hospitalisasi, anak pre operasi

Bahan Pustaka : 30 (2012-2022)

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THE RELATION BETWEEN PARENTAL ASSISTANCE AND THE HOSPITALIZATION STRESS OF PREOPERATIVE CHILDREN IN THE OPERATING ROOM OF DR. H. ABDUL MOELOEK GENERAL HOSPITAL, LAMPUNG PROVINCE IN 2023

(xvii + 51 pages, 2 pictures, 6 tables, 11 attachments)

ABSTRACT

The incidence rate of illness among children in Indonesia reaches over 45% of the total child population. Illness and hospitalization are major crises faced by children. During hospitalization, children undergo a treatment process that often has impacts. One of these impacts is hospitalization stress. Hospitalization stress can be minimized by implementing parental assistance for children. The aim of this research is to determine the relationship between parental assistance and preoperative hospitalization stress in children in the operating room of RSUD Dr. H. Abdul Moeloek, Lampung Province in 2023. The research design is quantitative with an analytic survey and cross-sectional approach. The sample size is 80 respondents selected through accidental sampling technique. The research will be conducted from March 16 to April 16, 2023. The research findings indicate that the majority of parental assistance is rated as good by 65 respondents (81.3%) and hospitalization stress is mostly mild, with 64 respondents (80%). Data were collected through questionnaires and observations, then analyzed using the chi-square test. The chi-square test results obtained a p-value of $(0.000) < \alpha (0.05)$, indicating a significant relationship between the two variables: parental assistance and preoperative hospitalization stress in children in the operating room of RSUD Dr. H. Abdul Moeloek, Lampung Province in 2023. Advisable to provide an opportunity for parents to assistance preoperative children and establish standard operating procedures for care that involve the family.

Keywords : parental assistance, stress hospitalization, pre operative children

Reference List : 30 (2012-2022)