

POLITEKNIK KESEHATAN TANJUNG KARANG  
PROGRAM STUDI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, 16 Mei 2023

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Asuhan keperawatan klien dengan gangguan oksigenasi pada kasus pneumonia Terhadap Tn. S di ruang Freesia Rumah Sakit Handayani  
Kotabumi Lampung Utara, Tanggal 14 - 16 November 2022  
xvii + 46 halaman + 9 tabel +2 gambar

## RINGKASAN

Oksigen merupakan salah satu kebutuhan yang diperlukan dalam proses kehidupan karena oksigen sangat berperan dalam proses metabolisme tubuh. Di Indonesia pneumonia tergolong penyakit terbanyak, menurut Riskesdes 2018 prevalensi pneumonia sebesar 2,0 %. Rumusan masalah pada laporan tugas akhir ini adalah bagaimana Asuhan Keperawatan Terhadap Tn. S dengan Gangguan Oksigenasi pada kasus Pneumonia di Ruang Freesia Rumah Sakit Handayani Kotabumi Lampung Utara.

Tujuan penulisan laporan ini adalah memberikan gambaran tentang asuhan keperawatan terhadap Tn. S dengan Kebutuhan Oksigenasi pada Kasus Pneumonia di Ruang Freesia Rumah Sakit Handayani Kotabumi Lampung Utara pada tanggal 14-16 November 2022.

Hasil pengkajian pada Tn. S didapatkan klien tampak lemah, pucat, gelisah, terdengar ronchi, klien batuk terus menerus, CRT > 3 detik, pernafasan 26 x/ menit, klien mengatakan sesak, mual muntah, tidak nafsu makan, sulit tidur, dan mudah lelah. Diagnosa keperawatan yang ditegakkan bersih jalan nafas tidak efektif, nausea, gangguan pola tidur. Yang dilakukan perencanaan dan tindakan keperawatan SLKI dengan bersih jalan nafas, tingkat nausea, pola tidur, dan SIKI manajemen jalan nafas, manajemen mual, dukungan tidur.

Kesimpulan setelah dilakukan tindakan keperawatan pada Tn.S selama 3 hari masalah teratasi sebagian untuk diagnosa bersih jalan nafas tidak efektif, dan masalah teratasi untuk diagnosa nausea, dan gangguan pola tidur. Saran dapat menambah wawasan, pengetahuan dan dapat meningkatkan mutu pelayanan sarana dan prasarana tentang kasus pneumonia.

Kata kunci : Asuhan Keperawatan, Gangguan Oksigenasi, Pneumonia.

Daftar bacaan : 20 (2013 - 2022)

POLOTEKNIK KESEHATAN TANJUNG KARANG  
PROGRAM STUDI KEPERAWATAN KOTABUMI  
*Final Project Report, 16 May 2023*

Vera Rosa Persada,

*Nursing care of clients with impaired oxygenation in cases of pneumonia Against Mr. S In the Freesia Room, Handayani Hospital*

*Kotabumi North Lampung, 14 - 16 November 2022*

*xvii + 46 pages + 9 tables + 2 pictures*

## **ABSTRACT**

*Oxygen is one of the requirements needed in life processes because oxygen plays a very important role in the body's metabolic processes. In Indonesia, pneumonia is classified as the most common disease, according to the 2018 Riskesdes, the prevalence of pneumonia is 2.0%. The formulation of the problem in this final report is how Nursing Care of Mr. S with Oxygenation Disorders in Pneumonia cases in the Freesia Room at Handayani Hospital Kotabumi, North Lampung.*

*The purpose of writing this report is to provide an overview of nursing care for Mr. S with the Need for Oxygenation in Pneumonia Cases in the Freesia Room of Kotabumi Hospital North Lampung on 14-16 November 2022.*

*The results of the study on Mr. S, it was found that the client looked weak, pale, restless, heard crackles, the client coughed continuously, CRT > 3 seconds, breathing 26 x/minute, the client said tightness, nausea, vomiting, no appetite, difficulty sleeping, and tired easily. Nursing diagnoses enforced ineffective airway clearance, nausea, sleep pattern disturbances. The planning and nursing actions of SLKI were carried out with airway clearance, nausea level, sleep patterns, and SIKI airway management, nausea management, sleep support.*

*The conclusion after nursing actions on Tn.S for 3 days the problem was partially resolved for the diagnosis of ineffective airway clearance, and the problem was resolved for the diagnosis of nausea and sleep pattern disturbances. Suggestions can add insight, knowledge and can improve the quality of service facilities and infrastructure regarding pneumonia cases.*

**Keywords:** *Pneumonia, Nursing Care, oxygenation disorders.*

**Reading list :** *20 (2013 - 2022)*

